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Nutritional characteristics and quality of eggs from laying hens fed on a diet supplemented with chestnut tannin extract (*Castanea sativa* Miller)

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Abstract 1. The trial was performed with 80 laying hens belonging to two Tuscan autochthonous breeds: 40 birds of the Mugellese (MU) breed and 40 of the White Leghorn (WL) breed.
2. The animals were allotted to 4 groups of individually caged 20 hens each: two groups were fed on a commercial diet and worked as the control groups (MUC and WLC); the other two groups received the same diet, integrated with 2 g of chestnut tannin (CT) extract per kg of diet (MUT and WLT).
3. A sample of 70 eggs were randomly collected and analysed for cholesterol content, fatty acid (FA) profile, weight, thickness of shell and colour of yolk.
4. Physical parameters, including yolk colour, and indices of egg quality were not affected by the treatments.
5. The concentration of unsaturated FAs increased, whereas cholesterol was significantly decreased: -17% in WLT and -9% in MUT. Dietary supplementation with CT extract resulted in a modification of lipid composition, towards a more healthy quality of eggs.

INTRODUCTION

The world daily consumption of eggs is high because eggs are an inexpensive source of nutrition and because they are ingredients for many food products. Hence, eggs are considered the primary source of cholesterol in the human diet. Studies on lipid metabolism have shown that most of the egg cholesterol is synthesised in the liver and is used essentially for embryonic development (Naber, 1976). Cholesterol and its esters, therefore, are found only in yolks where they are emulsified by high-, low- and very-low-density lipoproteins. The literature reported that egg cholesterol is strongly influenced either by genetic factors or by lay intensity, and hens belonging to high-producing breeds produce eggs with a lower cholesterol content compared to eggs from autochthonous breeds, characterised by a lower daily egg production (NRC, 1994). Despite conflicting evidence about the role of dietary cholesterol in

cardiovascular diseases, many efforts have been made to reduce its content in eggs by genetic approaches and by new feeding strategies (Milinsk *et al.*, 2003). Several authors demonstrated that the fibre percentage in the diet plays an important role in reducing the cholesterol in yolks, especially if associated with a low supplementation of vegetable oils (Naber, 1976; McNaughton *et al.*, 2014). Also, the dietary integration of probiotics like *Lactobacillus sporogenes* showed positive results in limiting cholesterol in eggs (Panda *et al.*, 2008). The literature reported that hydrolysable polyphenols are able to reduce the cholesterol synthesis in monogastrics including humans, interfering with lipid metabolism at the liver level and that the gallic acid moiety is important in these inhibitory activities (Lu and Hwang, 2008; Kim *et al.*, 2013; Kobayashi and Ikeda, 2014). Tannins extracted from chestnut wood (*Castanea sativa* Miller), a common plant species in the Mediterranean area, are an

example of hydrolysable polyphenols characterised by the presence of the gallic acid moiety (Campo *et al.*, 2012). However, the use of tannins in poultry feeding is limited by their anti-nutritional effect responsible for the decrease of organic matter digestibility and, consequently, of decreased growth performance or egg production (Chang and Fuller, 1964; Ahmed *et al.*, 1991; Longstaff and McNab, 1991a, 1991b; Trevino *et al.*, 1992; Giner-Chavez, 1996; Smulikowska *et al.*, 2001; Garcia *et al.*, 2004). The literature reported controversial data probably because tannin properties are strongly linked to their origin and some of them, when used in appropriate doses, may help prevent undesired intestinal microflora development (Scalbert, 1991; Chung *et al.*, 1998). Several authors, investigating the influence of the polyphenol extract from chestnut wood, found that the use of these substances in poultry feeding did not affect nitrogen balance, nutrient digestibility, mineral bioavailability, body weight, feed conversion ratio and carcass quality (Salobir *et al.*, 2008; Schiavone *et al.*, 2008; Jamroz *et al.*, 2009). Moreover, chestnut tannins (CTs) are also efficient against coccidiosis and necrotic enteritis in poultry (Elizondo *et al.*, 2010; Bole-Hribovsek *et al.*, 2012; Tosi *et al.*, 2013). In contrast, little information is reported on the role of CT in laying hens' feeding because most of the studies deal with the use of condensed tannins (Sell *et al.*, 1983; Jacob *et al.*, 1996; Marzoni *et al.*, 2005; Imik, 2009).

Hens' sensitivity to dietary tannins varies according to their ability to denature these compounds with digestive enzymes, and several authors observed a marked decrease in egg production and an increased frequency of egg yolk mottling also at low inclusion levels in the diet (Chang and Fuller, 1964; Vohra *et al.*, 1966; Fuller *et al.*, 1967; Begovic *et al.*, 1978).

Consequently, the aim of the current study was to investigate the effects of a commercial chestnut tannin extract (CTE) from *Castanea sativa* Miller, on cholesterol content and nutritional quality of eggs from two breeds of laying hens characterised by a different productive performance, White Leghorn *vs.* Mugellese.

METHODS

Animals, environment, experimental design and diets

All experimental procedures were approved by the Ethics Committee of the University of Florence and were in compliance with the guidelines of the International Animal Care and Use Committee (IACUC, 2004) for the care and use of animals in research.

The trial was performed with 80 laying hens (aged 39 weeks), 40 belonging to the dwarf breed Mugellese (MU) breed and 40 to the White Leghorn (WL) breed.

These two breeds were chosen because they are characterised by different productive performances. WL is a cosmopolitan breed being good layers of white eggs and characterised by a good feed-to-egg conversion ratio. In contrast, MU is a small local population very appreciated by consumers for their egg quality, characterised by a lower daily egg production than WL.

The birds were weighed and individually allotted in 80 pens (20 pens per each experimental group; one bird was considered as replicate) and maintained under semi-controlled environmental conditions with exposure to a 16 h photoperiod in a 2x2 factorial design. For each breed, a group was fed on a control diet (groups MUC and WLC; 603.5 ± 4.4 g and 2315.7 ± 22.5 g of life body weight, respectively); the other group (groups MUT and WLT; 603.9 ± 7.0 g and 2313.7 ± 34.3 g of life body weight, respectively) received the same diet, integrated with 2 g of a commercial CTE (Saviotan feed[®], provided by Gruppo Mauro Saviola – Mantova – Italy) per kg of diet, expressed on dry matter (DM). CTE contained 750 g of tannic acid equivalents/kg of DM and was titrated according to Burns (1963). The CTE chemical composition has been previously investigated by Campo *et al.* (2012). The diets used in this trial were administered as pellets and were formulated to meet the nutrient requirements of laying hens consuming 100 g of feed per day according to National Research Council (NRC, 1994). The trial lasted 5 weeks, after a 4-week preliminary adaptation period. The ingredients and the chemical composition of the diets are shown in Table 1.

Diets and water were administered *ad libitum* during the study and dietary consumption was measured daily for each hen considering the amount of feed offered and the residuals. Individual animal body weights were measured at the beginning and at the end of the experimental period.

Collection of eggs

Egg production was recorded for the entire 35-d period for each hen and the percent hen-day egg production (HDEP%) was calculated according to the formula published by North (1984):

$$\text{(HDEP\% = Number of eggs produced on daily basis / Number of birds available in the flock on that d) x 100}$$

All eggs produced were collected daily to be weighed and measured with a digital compass to

Table 1. *Ingredients and chemical composition of control (C) and treatment (T) diets*

		Diet C ¹	Diet T ¹
<i>Ingredients</i>			
Maize meal	g /kg	337.8	337.8
Rice bran	"	185.0	185.0
Soybean meal	"	308.3	308.3
Soybean oil	"	95.2	95.2
Limestone	"	14.5	14.5
Calcium phosphate	"	40.1	40.1
Vitamin and mineral premix ²	"	1.50	1.50
Lysine-HCl	"	2.1	2.1
Chestnut extract tannin ³	"	-	2.0
Bentonite	"	2.0	-
<i>Chemical composition</i>			
DM ⁴	g/kg	945.0	945.0
CP ⁵	g /kg DM	188.1	188.1
NDF ⁶	"	109.2	109.2
CF ⁷	"	47.3	47.3
Ash ⁸	"	55.5	55.5
GE ⁹	MJ/kg DM	15.6	15.6
Tannic acid equivalent	g/kg DM	-	1.5
<i>Fatty acid profile (g /100 g of total fatty acids)</i>			
C16:0		9.60	9.58
C18:0		3.41	3.45
C18:1 <i>cis</i> -9		22.60	22.64
C18:2 <i>cis</i> -9 <i>cis</i> -12		54.32	54.29
C18:3 <i>cis</i> -9 <i>cis</i> -12 <i>cis</i> -15		6.90	6.88
Others		3.17	3.16

¹ Diet C, control diet; diet T, diet supplemented with chestnut tannin extract.

² The vitamin and mineral mixture provided per kg of diet: cholecalciferol, 180000 mg; vitamin E (DL- α -tocopheryl acetate), 4000 mg; retinol (retinyl acetate), 1620000 mg; menadione, 300 mg; thiamine 120 mg; riboflavin, 180 mg; pyridoxine, 120 mg; folic acid, 100 mg; biotin, 200 μ g; cyanocobalamin, 20 μ g; Calcium-D pantothenate, 1.08 g; FeCO₃, 4000 mg; ZnO, 5000 mg; MnO, 6000 mg; CuSO₄·5H₂O, 300 mg; KI, 1000 μ g; Na₂SeO₃, 200 μ g and CoCO₃, 200 μ g.

³ SaviotaN®, provided by Gruppo Mauro Saviola – Radicofani – Si- Italy. DM⁴, dry matter⁵; CP⁶, crude protein; NDF⁷, neutral detergent fibre assayed with a heat-stable amylase and expressed inclusive of residual ash; CF⁸, crude fat; GE⁹, gross energy.

obtain both short and long diameters as well as thickness of shells at a ± 0.001 mm sensitivity.

During the whole experimental period, 70 eggs from each group were randomly collected; for each egg the yolk and albumen were separated and, immediately after the collection, assayed for chemical and physical characteristics as described below.

Proximate analysis of diets and eggs

Samples of feeds (in triplicate for each treatment) were analysed for DM, crude protein (CP), ash and ether extract (EE) according to the 930.15, 976.06, 942.05 and 920.39 procedures of AOAC (1995), respectively, while neutral detergent fibre (NDF) of the diets was determined according to Van Soest *et al.* (1991) using heat-stable amylase and expressed inclusive of residual ash. The gross energy (GE) value was calculated according to NRC (1994). Fresh individual samples of yolk and albumen (70 for each treatment) were

analysed for CP and ash according to the 976.06 and 942.05 procedures of AOAC (1995). Fat content was determined gravimetrically according to Folch *et al.* (1957) at the moment of lipid extraction for fatty acid (FA) profile characterisation as described below.

Determination of FA profile of diets and yolk

Diets (2 g; in triplicate for each treatment) were analysed for FA profile using a one-step methylation procedure according to Sukhija and Palmquist (1988). Fresh samples (200 mg) of yolk (70 from each experimental group) were extracted for total lipids content according to Folch *et al.* (1957) and FA composition was determined after a double-step esterification according to Kramer *et al.* (2004).

The fatty acid methyl esters (FAME) were separated by a GC equipped with an FID detector and a capillary column (CP-Select CB for FAME Varian, Middelburg, The Netherlands: 100 m x 0.25 mm i.d.; film thickness 0.20 μ m). The injector and FID detector temperatures were, respectively, 270°C and 300°C. The oven programmed temperature was 40°C for 4 min, increased to 120°C at a rate of 10°C min⁻¹, maintained at 120°C for 1 min, increased to 180°C at a rate of 5°C min⁻¹, maintained at 180°C for 18 min, increased to 200°C at a rate of 2°C min⁻¹, maintained at 200°C for 1 min, increased to 230°C at a rate of 2°C min⁻¹ and maintained at this last temperature for 19 min. The split ratio was 1:100 and helium was the carrier gas with a flux of 1 ml min⁻¹. Individual FAMES were quantified using valeric acid (C5:0) and non-adeanoic acid (C19:0) methyl esters (cods 14 899 and N5377, respectively; Sigma-Aldrich Chemical Co., St. Louis, MO) as internal standards and identified by comparison to the relative retention times of FAME peaks from samples, with those of the standard mixture 37 Component FAME Mix C4:0-C24:0 (cod 18919-1AMP, Supelco, Bellefonte, PA), individual *trans*-9 C18:1 and *trans*-11 C18:1 (cods 46 903 and v1381 respectively, Sigma-Aldrich Chemical Co., St. Louis, MO), individual *cis*-9, *trans*-11 C18:2 (cod 1255, Matreya Inc, Pleasant GAP, PA), conjugated linoleic acid (CLA) mix standard (cod 05632, Sigma-Aldrich Chemical Co., St. Louis, MO) and published isomeric profiles (Kramer *et al.*, 1997, 2004; Cruz-Hernandez *et al.*, 2006). The C18:1 isomers elution sequence was performed according to Kramer *et al.* (2008). Moreover, standard mix of α -linolenic acid (α -LNA) isomers (cod 47792, Supelco, Bellefonte, PA) and of linoleic acid (LA) isomers (cod 47791, Supelco, Bellefonte, PA) and published isomeric profiles (Destallats *et al.*, 2005) were used to identify the isomers of interest. Two bacterial acid methyl ester mixes (cod 47080-U

Supelco, Bellefonte, PA; cod GLC110, Matreya, Pleasant Gap, PA) and individual standard for methyl ester of *iso* C14:0, *anteiso* C14:0, *iso* C15:0 and *anteiso* C17:0 (cods 21–1211-11, 21–1210-11, 21–1312-11 and 21–1415-11, respectively, Larodan Malmo, Sweden) were used to identify the branched FA profile. Inter- and intra-assay coefficients of variation were calculated by using a reference standard butter (cod CRM 164, Community Bureau of Reference, Bruxelles, Belgium) and the detection threshold was 0.1 g/kg of FA (Contarini *et al.*, 2013). All results were expressed as g/kg of total lipids. Intra-assay coefficients of variation ranged from 0.5 to 1.5%, whereas inter-assay coefficients of variation ranged from 1.5 to 2.5.

Desaturation index (DI) was calculated considering the concentration of C14:0 and *cis*-9 C14:1 FA according to the following formula (Buccioni *et al.*, 2015):

$$DI = \text{cis-9 C14:1} / (\text{cis-9 C14:0} + \text{C14:1})$$

GC analysis of cholesterol

Fresh samples (500 mg) of yolk (70 from each experimental group) were individually analysed for total sterols (free and esterified) obtained after cold saponification according to Sander *et al.* (1989). Gaschromatographic analysis of cholesterol was carried out using a capillary column (SE 52, Macherey-Nagel GmbH & Co KG, Germany; 50 m x 0.25 mm ID, film thickness 0.25 μm) with the temperature being programmed from 220 to 310°C at a rate of 4.5°C/min. Both injector and detector temperatures were set at 350°C (Sweeley *et al.*, 1963).

Colour analysis

Yolks (70 from each experimental group) were poured into a clean glass petri dish to be measured for colour using the portable spectrophotometer (Minolta CR 200 Chroma Meter 4, calibrated using a standard yellow calibration tile, model CRA471). The top of the Chroma Meter measuring head was placed flat against the surface of yolk and reflective colour was determined from the average of three consecutive pulses from the optical chamber of the spectrophotometer. Data are reported in the $L^*a^*b^*$ colour notation system with the L^* axis representing lightness, the a^* axis representing the red-green colour axis (redness) and the b^* axis representing the blue-yellow (yellowness) colour axis (Minolta, 1994).

Statistical analysis

All data (e.g., animal weight and physical parameters, composition and FA profile of eggs) recorded over

the course of the experiment were processed as a full factorial design with repeated measures using the MIXED procedure of SAS (1999):

$$y_{ijkl} = \mu + D_i + B_j + I_k(D) + (D \times B)_{ij} + e_{ijkl}$$

where y_{ijkl} is the observation; μ is the overall mean; D_i the fixed effect of diet ($i = 1-3$); B_j the fixed effect of Breed ($j = 1-2$); I_k is the random effect of the hen nested within the diet ($k = 1-20$); $(D \times B)_{ij}$ is the interaction between diet and breed and e_{ijkl} is the residual error. The covariance structure was compound symmetry, which was selected on the basis of Akaike's information criterion of the mixed model of SAS. Statistical significance of the diet effect was tested against variance of hen nested within diet according to a repeated-measures design theory (Littell *et al.*, 1998).

Data related to percent hen-d egg production were processed with GLM using the MIXED procedures of SAS (1999):

$$y_{ijl} = \mu + D_i + B_j + (D \times B)_{ij} + e_{ijl}$$

where y_{ijl} is the observation; μ is the overall mean; D_i the fixed effect of diet ($i = 1-3$); B_j the fixed effect of Breed ($j = 1-2$); $(D \times B)_{ij}$ the interaction between diet and breed and e_{ijl} the residual error.

RESULTS

Feed intake, egg production and egg quality

During the experimental period no animal loss was registered. Moreover, no differences in average dry matter intake (DMI) were found in the treated groups compared to their related control groups (MUC = 93.02 g/head and *d vs.* MUT = 97.93 g/head and *d*, s.e.m 2.65, $P = 0.732$; WLC = 120.34 g/head and *d*, WLT = 118.32 g/head and *d*, s.e.m. 1.99, $P = 0.902$). At the end of the trial, no variation either in body weight or in egg production was registered as a consequence of a *D* effect (Table 2). Instead, a *B* effect for animal body weight, per cent hen-d egg production and their physical characteristics was observed according to the higher live-weight and better performances of WL compared to that of MU (Table 2). The yolk colour and shell thickness were not affected by *D*, *B* or by their interaction $D \times B$ (Table 3). Only a significant *B* effect was found for yolk and albumen protein, fat and ash contents, which were higher in eggs from MU than from WL (Table 3).

FA profile and cholesterol content of eggs yolk

Yolk FA composition was affected by CTE for both breeds of laying hens (Table 4). The main effects

Table 2. Influence of diet on egg production and egg quality from hens consuming chestnut tannin extract (data shown are the means of 70 replicates)

	Mugellese		White Leghorn			P-value ²		
	³ MUC	³ MUT	³ WLC	³ WLT	SEM ¹	<i>D</i>	<i>B</i>	<i>D</i> × <i>B</i>
Hen weight (g)	604.7	604.0	2319.0	2320.8	6.26	0.867	<0.0001	0.781
Per cent hen-day egg production (%)	56.6	55.1	72.2	71.6	0.78	0.173	<0.0001	0.649
Egg weight (g)	31.9	33.0	49.3	51.1	1.44	0.323	<0.0001	0.787
Egg shell thickness(mm) <i>g/100 g on DM</i>	0.4	0.4	0.4	0.4	0.02	0.402	0.086	0.310
Yolk crude protein	28.31	28.52	29.38	29.73	4.12	0.508	0.016	0.508
Albumen crude protein	82.03	82.15	83.61	83.92	2.73	0.600	0.021	0.927
Yolk crude fat	58.07	58.65	55.82	55.15	7.34	0.948	0.002	0.412
Albumen crude fat	0.13	0.13	0.11	0.12	0.91	0.847	0.011	0.723
Yolk ash	3.34	3.02	3.95	3.57	2.14	0.130	0.019	0.886
Albumen ash	5.31	5.62	5.44	5.58	1.93	0.567	0.042	0.756
Cholesterol	2.317a	2.117b	2.478a	2.066b	1.13	0.041	0.615	0.025

¹ Standard error of the mean.² Probability of a significant effect due to experimental diet (*D*), breeds (*B*) and their interaction *D* × *B*.³ MUC, Mugellese hens fed on the control diet; MUT, Mugellese hens fed the diet supplemented with chestnut tannin extract; WLC, White Leghorn hens fed the control diet; WLT, White Leghorn hens fed the diet supplemented with chestnut tannin extract.^{a,c} Means within a row with no common superscript letter differ significantly ($P < 0.05$).**Table 3.** Influence of diet on yolk colour (data shown are the means of 70 replicates)

Colour	Mugellese		White Leghorn			P-value ²		
	³ MUC	³ MUT	³ WLC	³ WLT	SEM ¹	<i>D</i>	<i>B</i>	<i>D</i> × <i>B</i>
L*	58.2	56.7	57.9	57.9	1.19	0.554	0.720	0.521
a*	4.3	4.7	5.1	4.9	0.41	0.840	0.190	0.633
b*	39.8	38.6	39.9	40.4	2.17	0.863	0.669	0.706

¹ Standard error of the mean.² Probability of a significant effect due to experimental diet (*D*), breeds (*B*) and their interaction *D* × *B*.³ MUC, Mugellese hens fed on the control diet; MUT, Mugellese hens fed the diet supplemented with chestnut tannin extract; WLC, White Leghorn hens fed on the control diet; WLT, White Leghorn hens fed on the diet supplemented with chestnut tannin extract.

were found for unsaturated fatty acid (UFA). In fact, the dietary inclusion of CTE increased *cis*-9 C16:1 (palmitoleic acid, PO) and decreased *cis*-9, *cis*-12 C18:2 (LA) contents with a significant effect due to the *D* and *B* factors and their interaction *D* × *B* ($P < 0.05$). In contrast, *cis*-9 C18:1 (oleic acid, OA) was enhanced in MUT and WLT with a significant effect of the *D* factor and interaction *D* × *B*, but not of *B*. The interaction *D* × *B* was significant for C16:0 (palmitic acid, PA), which decreased in MUT and increased in WLT compared to the related control groups. The *Cis*-9 C14:1 concentration was decreased by CTE inclusion in the diet only in yolk from MUT compared to WLT. Only WLT showed a significant decrease of *iso* C17:0, C18:0 (stearic acid, SA) and *cis*-11 *cis*-14 C20:2. Instead, the concentration of LA decreased in both WLT and MUT. The contents of *cis*-5 *cis*-8 *cis*-11 *cis*-14 *cis*-17 C20:5 (eicosapentaenoic acid, EPA) and *cis*-4 *cis*-7 *cis*-10 *cis*-13 *cis*-16 *cis*-19 C22:6 (docosahexaenoic acid, DHA) remained constant regardless of breed or CTE dietary supplementation. In addition, the *cis*-5 *cis*-8 *cis*-11 *cis*-

14 C20:4 (arachidonic acid, AA) content remained constant in the two groups of eggs for both breeds of hens.

Considering DI, this parameter was affected by *D* and showed an opposite trend (significant effect of *D* × *B*) in the treated groups because it decreased significantly in MUT while it increased in WLT.

The main effect on the lipid fraction resulted in a cholesterol content that tended to decrease in the group treated with CTE, regardless of breed and with significant *D* and *D* × *B* effects (Table 2).

DISCUSSION

No differences were observed in DMI between hens fed control or CTE diets. As a consequence, the inclusion of CTE in the diets at 20 g/kg did not affect the dietary palatability. Moreover, the differences found in egg production and egg weight were due only to the breed effect according to the better performance of WL compared to MU and not to the

Table 4. Fatty acid profile of yolk (g /100 g of total lipids; data shown are the means of 70 replicates)

Fatty acid	Mugellese		White Leghorn		SEM ¹	Pvalue ²		
	³ MU	³ MUT	³ WL	³ WLT		D	B	D × B
C14:0	0.201	0.251	0.268	0.239	0.33	0.764	0.450	0.284
C14:1 <i>cis</i> -9	0.082a	0.033b	0.040b	0.038b	0.10	0.337	0.615	0.045
C15:0	0.049	0.056	0.070	0.057	0.11	0.824	0.369	0.391
C15:1 <i>trans</i> -9	0.107	0.082	0.082	0.111	0.15	0.891	0.882	0.134
C16:0	24.264b	24.041c	23.000d	24.849a	0.80	0.174	0.689	0.043
C16:1 <i>cis</i> -9	1.673c	1.739b	1.473d	2.009a	0.21	0.025	0.037	0.043
C17:0	0.039b	0.032b	0.056a	0.016c	0.08	0.015	0.948	0.048
C17:1 <i>ante</i>	0.064	0.037	0.071	0.037	0.23	0.249	0.894	0.888
C17:0	0.215	0.218	0.221	0.163	0.60	0.261	0.276	0.260
C17:1 <i>cis</i> -9	0.056b	0.071a	0.051b	0.044b	0.09	0.723	0.122	0.026
C18:0	11.813b	11.761b	12.409a	10.779c	0.31	0.723	0.121	0.026
C18:1 <i>trans</i> -9	0.094	0.108	0.335	0.101	0.95	0.293	0.263	0.240
C18:1 <i>cis</i> -9	3.0651b	3.2677a	2.9343b	3.2078c	0.81	0.041	0.489	0.046
C18:1 <i>cis</i> -11	1.277	1.413	1.413	1.291	0.93	0.961	0.963	0.399
C18:2 <i>trans</i> -9, <i>trans</i> -12	0.041b	0.040b	0.061a	0.029c	0.07	0.046	0.555	0.050
C18:2 <i>cis</i> -9, <i>cis</i> -12	14.986b	14.275c	15.908a	14.602b	0.90	0.049	0.034	0.049
C18:3 <i>cis</i> -9, <i>cis</i> -12, <i>cis</i> -15	0.183a	0.114b	0.058c	0.115b	0.11	0.011	0.080	0.046
C20:0	0.051	0.038	0.048	0.028	0.06	0.014	0.305	0.371
C20:1 <i>cis</i> -11	0.118	0.154	0.124	0.133	0.01	0.069	0.557	0.269
C20:2 <i>cis</i> -11, <i>cis</i> -14	0.133b	0.137b	0.174a	0.116b	0.14	0.047	0.479	0.045
C20:3 <i>cis</i> -11, <i>cis</i> -14, <i>cis</i> -17	0.211a	0.210a	0.154c	0.181b	0.04	0.045	0.142	0.042
C20:4 <i>cis</i> -5, <i>cis</i> -8, <i>cis</i> -11, <i>cis</i> -14	3.516	4.210	4.201	3.381	4.02	0.882	0.871	0.097
C22:1 <i>cis</i> -15	0.064	0.055	0.064	0.045	0.08	0.153	0.585	0.589
C20:5 <i>cis</i> -5, <i>cis</i> -8, <i>cis</i> -11, <i>cis</i> -14, <i>cis</i> -17	0.071	0.037	0.054	0.042	0.14	0.160	0.721	0.514
C24:0	0.045	0.050	0.042	0.057	0.12	0.448	0.892	0.673
C24:1 <i>cis</i> -15	0.095	0.067	0.041	0.061	0.17	0.834	0.043	0.187
C22:6n3 <i>cis</i> -4, <i>cis</i> -7, <i>cis</i> -10, <i>cis</i> -13, <i>cis</i> -16	1.615	1.769	2.102	1.554	0.27	0.466	0.612	0.208
SFA	36.638a	36.415a	36.058b	36.172b	0.81	0.049	0.452	0.321
MUFA	34.217a	36.399b	32.966d	35.911c	0.43	0.031	0.563	0.654
PUFA	20.644ab	20.715ab	22.597a	19.949b	0.99	0.134	0.721	0.321
DI ⁴	0.289a	0.116b	0.129b	0.137b	0.34	0.032	0.661	0.162

¹ Standard error of the mean.² Probability of a significant effect due to experimental diet (D), breeds (B) and their interaction D × B; a, b, c, d indicate P < 0.05.³ MUC, Mugellese hens fed on the control diet; MUT, Mugellese hens fed on the diet supplemented with chestnut tannin extract; WLC, White Leghorn hens fed on the control diet; WLT, White Leghorn hens fed on the diet supplemented with chestnut tannin extract.⁴ Desaturation index, calculated as C14:1 *cis*-9 / (C14:1 *cis*-9 + C14:0).^{a-c} Means within a row with no common superscript letter differ significantly (P < 0.05).

dietary supplementation of CTE. WL, in fact, is largely distributed in the world for its high productivity and for its good feed-to-egg conversion ratio, also when reared in free-range farming. In contrast, MU is a small population, particularly adapted for a free-range management but with medium productivity, even if appreciated by consumers for the egg quality. The literature reported that tannins can interfere with calcium absorption in hens, affecting the shell thickness (Salobir *et al.*, 2008). In the present study this parameter was not changed among groups, suggesting that presumably the bioavailability of calcium is ensured also in animals fed on diets supplemented with CTE. Moreover, in this trial CTE supplementation did not cause discolouration and mottling in yolks, suggesting that CTE did not interfere with pigment metabolism. This is in contrast to what has been found in other studies that reported the passage of undesirable pigments from gut to yolk when condensed polyphenols were added to

feed at a concentration comparable to that used in the present experiment (Potter, 1967; Weber, 1970; Hughes, 1972). No differences were observed in the CP content of eggs among groups, regardless of diet or breed. The literature reported controversial data on the effect of tannins in poultry feeding and it could be related to the dose and the kind of tannin used in the trials as a consequence of their chemical structure and their solubility strongly linked to their chemical structure. Observing the FA profile of yolks, the absorption of MUFA seems to be encouraged by the inclusion of tannins in the diet, especially in the case of OA, which increased with CTE diet (+7% in MUT and +9% in WLT, respectively) regardless of breeds. The α -LNA content was affected by both diet and breed effect. The FA profile in egg yolk varies considerably with the dietary ingredients, which affect the efficiency of FA transfer with particular attention to the UFA fraction (Gonzalez-Esquerria and Leeson, 2001). Even if the

role of tannin in lipid metabolism in monogastrics is not yet completely elucidated, several authors demonstrated that hydrolysable polyphenols can limit the lipid solubility and consequently the intestinal absorption of fat (Zhao *et al.*, 2014). For this reason, it is hypothetical that CTE could interfere with selective FA absorption at the gut level, causing a different uptake according to the FA molecular structure. The DI values, calculated as *cis*-9 C14:1 /total C14 FAs ratio to evaluate the index of the Stearoyl CoA gene expression in tissues, suggested that CTE could decrease the Δ^9 desaturase activity in WL breed but not in MU. In fact, several authors demonstrated that tannins are able to interfere with gene expression in cells and that their solubility plays an important role in both inhibiting the enzymatic activity and being metabolised by cells to bioactive monomers (Landete, 2011; Buccioni *et al.*, 2015). Despite conflicting studies about the role of cholesterol in cardiovascular diseases (Vos, 2010), some authors have proposed reducing dietary cholesterol (Plourde and Cunnane, 2007; Spence *et al.*, 2010; Houston *et al.*, 2011) and encouraged the production of novel foods with a low content of this lipid and high levels in Omega-3 FA, vitamin E and vitamin D (Naber, 1993; Elkin, 2007; Cherian, 2009; Kassis *et al.*, 2010; Lawlor *et al.*, 2010).

In the current study, the soluble tannin extract was able to reduce the cholesterol content in yolks regardless of breed. This finding could be related to cholesterol biosynthesis inhibitory activities, as a consequence of the presence of polyphenolic compounds in the diet (Lu and Hwang, 2008). Unfortunately, few studies have been carried out on the effect of hydrolysable tannins on hen cholesterol metabolism. In the literature, several trials have demonstrated that a constant consumption of hydrolysable polyphenols contributes to reduced serum cholesterol concentration in monogastrics including humans and that the gallic acid moiety, present also in CTE, may play an inhibitory role in cholesterol biosynthesis or uptake (Lu and Hwang, 2008; Campo *et al.*, 2012; Kim *et al.*, 2013; Kobayashi and Ikeda, 2014). The WL breed seemed to be more sensitive than the MU breed to the CTE effect in reducing cholesterol content in eggs. Usually, cholesterol content in eggs from autochthonous hens is higher when compared to that in eggs from commercial laying hens based on the fact that the cholesterol content is strongly related to genetic factors, lay intensity, dietary composition and layer age (Vorlovà *et al.*, 2001; Millet *et al.*, 2006; Mikec and Dinarina-Sablić, 2007).

CONCLUSIONS

The dietary supplementation of CTE in a practical dose can contribute to decreasing the cholesterol and increasing the OA concentration in egg yolks.

For human consumption, eggs with a lower cholesterol content and a higher functional FA percentage could be recommended as a support to controlling heart disease. However, the MU breed seemed to be less sensitive to polyphenol dietary inclusion. In terms of egg nutritional value, an improvement of egg quality enhancing the healthy components present in the lipid fraction and, at the same time, lowering the harmful components is however desirable.

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