

**Productivity and nutritional and nutraceutical value of  
 strawberry fruits (*Fragaria x ananassa* Duch.) cultivated  
 under irrigation with treated wastewaters**

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Key Words:	fruit yield, sugars, polyphenols, wastewater reuse, circular economy

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3 **Productivity and nutritional and nutraceutical value of strawberry fruits (*Fragaria x ananassa* Duch.)**  
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5 **cultivated under irrigation with treated wastewaters**  
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40 Running head: Yield and quality of strawberry fruits irrigated with treated wastewaters  
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## 1 Abstract

2 BACKGROUND. Agriculture represents a productive sector typically characterized by a high water  
3 demand, whilst FW availability is a problem of increasing concern in the world and FW resources  
4 are becoming insufficient for sustaining agricultural irrigation. The reuse of treated wastewaters  
5 (TWWs) for crop irrigation could be an efficient tool of reducing water shortage. Hence, this study  
6 evaluated the food quality of *Fragaria x ananassa* (cultivar Camarosa) fruits irrigated with four kinds  
7 of treated wastewaters (TWWs). Strawberries were analysed for yield, sucrose, fructose, glucose,  
8 total soluble polyphenols (TSP), total monomeric anthocyanins (TMA), as well as antiradical and  
9 antioxidant capacity. In addition, a targeted quantification of the most representative phenolic  
10 compounds of strawberry was performed.

11 RESULTS. TWWs complied the Italian ministerial decree 185/2003 for wastewater reuse with very  
12 few exceptions, mainly represented by chloride concentrations (258-643 mg/L vs a legal threshold of  
13 250 mg/L). The reuse of TWWs reduced fruit yield (10-26%) compared to irrigation with tap water  
14 as control. Irrigation with TWWs gave also rise to the decrease of total sugars (14-26%), TSP (2-  
15 10%) and TMA (29-49%). Individual phenolic acids, flavonols and flavanols were quite stable in  
16 response to the irrigation with TWWs, whereas anthocyanidins significantly decreased.

17 CONCLUSIONS. Although TWWs negatively affected fruit quality, nutritional and nutraceutical  
18 parameters herein determined were in line with data previously reported for strawberries purchased  
19 in the market or cultivated in research orchards, thus suggesting that the use of TWWs does not  
20 prevent the fruit marketability.

21  
22 **Keywords:** fruit yield; sugars; polyphenols; wastewater reuse; circular economy

## 27 **Introduction**

28 Agriculture represents a productive sector typically characterized by a high water demand. According  
29 to the European Environment Agency, a third of the water use in Europe goes to the agricultural  
30 sector, most of it for crop irrigation<sup>1</sup>, and, as recently pointed out by the United Nations World Water  
31 Assessment Program<sup>2</sup>, about 70% of worldwide freshwater (FW) withdrawals is used for agricultural  
32 irrigation.

33 On the other hand, limited FW availability is a problem of increasing concern in the world and FW  
34 resources are becoming insufficient to efficiently sustain agricultural irrigation, mainly due to  
35 climate-related conditions. In fact, water scarcity is in most cases a climate-bound regional problem  
36 and affects many areas of the Earth's planet, including Middle East, North Africa, but also Southern  
37 Europe, including Italy.<sup>3</sup>

38 The reuse of non-conventional waters for irrigation, such as treated wastewaters (TWWs) of  
39 municipal or mixed municipal/industrial origin, could be an efficient tool of reducing water shortage<sup>4</sup>,  
40 reason why TWWs reuse is becoming a widely adopted practice in agriculture.<sup>2</sup> Moreover, soils and  
41 plants can benefit from the fertilizing effect of wastewater.<sup>5</sup> However, TWWs may contain chemical  
42 and bacteriological contaminations that can affect crop safety. For this reason, many countries have  
43 developed their own regulations in the field of water reuse.<sup>6</sup> For example, in Italy, wastewaters are  
44 allowed to be reused for the irrigation of crops intended for both human and animal consumption,  
45 whether a number of chemical and biological properties meet the limits established by a specific  
46 regulation on wastewater reuse.<sup>7</sup> Moreover, TWWs often exhibit physicochemical and/or chemical  
47 properties (e.g. pH, conductivity, sodium and chloride ions), which may negatively affect crop  
48 productivity and/or quality.<sup>8</sup>

49 Quality in food is a combination of different attributes (e.g. sugars, minerals and bioactive  
50 compounds), which affect organoleptic properties, as well as nutritional and nutraceutical values.  
51 These compounds are susceptible to significant variations, depending on climate conditions and  
52 agronomic practices.<sup>9</sup> Generally, the quality of vegetables and fruits irrigated with TWWs has been

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3 53 commonly evaluated through their main pomological parameters related to product marketability,  
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5 54 reporting slight differences compared to traditional watering techniques.<sup>10, 11</sup> Conversely, the impact  
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8 55 of crop irrigation by TWWs on nutritional and nutraceutical value is poorly described in literature.  
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10 56 More in detail, irrigation with TWWs of short-term crops, like strawberries, does not seem to promote  
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12 57 significant variations of the principal nutritional and nutraceutical values<sup>12</sup>, whereas on long-term  
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14 58 crops, like olive trees, the effect of an extended TWW irrigation increased the level of  $\beta$ -carotene and  
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17 59 total tocopherols of olive oil.<sup>3</sup>

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19 60 Among crop species that can be investigated for their quality in response to irrigation with TWWs,  
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21 61 strawberry (*Fragaria x ananassa* Duch.) is certainly a very attractive fruit due to its unique  
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24 62 organoleptic characteristics, as well as overall fruit nutritional and nutraceutical attributes<sup>13</sup>, reasons  
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26 63 why strawberry is widely appreciated by consumers. In fact, strawberry covers an important place in  
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28 64 the horticultural industry, particularly in the Mediterranean countries<sup>14</sup>, which produce around 1.6  
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30 65 million tons annually, almost 18% of the world production.<sup>4</sup> However, these countries are notoriously  
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33 66 suffering from limited water resources, which clash with the high demand for water to irrigate  
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35 67 strawberry.

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37 68 Based on the aforementioned considerations, in this study, strawberry plants were grown under  
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40 69 irrigation with four types of TWWs, characterized by different physicochemical attributes, using tap  
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42 70 water (TW) as control. Strawberry quality was evaluated through the analysis of sucrose, glucose,  
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45 71 and fructose as essential nutritional parameters.<sup>15</sup> Total soluble polyphenols (TSP), total monomeric  
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47 72 anthocyanins (TMA), as well as radical scavenging and antioxidant activities (RSA and AA) were  
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49 73 also analysed, as important nutraceutical attributes.<sup>16</sup> Moreover, some phenolic compounds  
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51 74 previously highlighted as important constituents of the phenolic fraction of *Fragaria* fruits<sup>17-19</sup> were  
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54 75 determined to further characterize fruit nutraceutical quality under non-conventional irrigation  
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56 76 practices. Through this experimental design, the following hypotheses will be verified: (i) the use of  
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58 77 different TWWs and TW impart significant differences in the nutritional and/or nutraceutical quality  
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of the strawberries obtained; (ii) the nutritional and nutraceutical quality of the fruits obtained by non-conventional irrigation is high enough to allow their marketability.

## Materials and methods

Standards, reagents, solvents and materials used in this study are described in section S1 of the *Supplementary materials*.

### Sample origin

Young fridge stored certified *Fragaria x ananassa* plants (Camarosa cultivar) were grown outdoor from March to July 2017 (see Section S2 of the *Supplementary materials* for details).

Plants were irrigated with four TWWs collected in wastewater treatment plants (WWTPs) managed by GIDA S.p.A. (Prato, Italy). More in detail, the TWWs derived from the following WWTPs: (i) “Baciacavallo” (TWW<sub>1</sub>), (ii) “Macrolotto 1” (TWW<sub>2</sub>), (iii) “Macrolotto 2” (TWW<sub>3</sub>), and (iv) “Calice” (TWW<sub>4</sub>). TW was used as control. WWTPs description is reported in the Section S3 of the *Supplementary materials*. Physicochemical, chemical, and microbiological parameters reported in the Italian regulation on wastewater reuse<sup>7</sup> were determined in TWWs and the results are shown in **Table S1** of the *Supplementary materials*, together with data regarding TW, which were taken from a public database.<sup>20</sup>

Strawberry fruits were harvested when characterized by a red colour all over the fruit. The collected strawberries were transported to the laboratory, gently washed with distilled water, dried with paper towel and finally weighted in order to determine the fruit yield. All fruits from each plant were separately freeze-dried and stored at -20 °C until analysis.

### Extraction of sugars and phenolic compounds

Sugars and phenolic compounds were extracted by the same procedure<sup>21</sup>, using raffinose, myricetin and petunidin-3-*O*-arabinoside for the evaluation of the apparent recovery.<sup>22</sup> Full details of the extraction procedure are reported in the Section S4 of the *Supplementary materials*.

### Analysis of sugars

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3 103 Fructose, glucose and sucrose were instrumentally determined by liquid chromatography (LC),  
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5 104 coupled with evaporative light scattering detection (ELSD) after frontal elution of the extracts on  
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8 105 Supelclean LC-18 SPE Tubes. Individual and total sugars were expressed as mg/g d.w. and mmol/g  
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10 106 d.w., respectively. Full details of the LC-ELSD analysis are reported in the Section S5 of the  
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12 107 *Supplementary materials*, whereas figures of merit of the method are shown in **Table S2**.

#### 14 15 108 ***Analysis of TSP, TMA, RSA and AA***

16  
17 109 TSP, TMA, RSA and AA were determined on the extracts using spectrophotometric methods. TSP  
18  
19 110 were analysed according to the Folin-Ciocalteu method<sup>21</sup>, using calibration lines prepared with (+)-  
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21 111 catechin (see Section S6 of the *Supplementary material* for full details). TMA were determined with  
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23  
24 112 the pH differential method<sup>23</sup> using pelargonidin-3-glucoside as reference standard. RSA was  
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26 113 determined through the methods based on 2,2-diphenyl-1-picrylhydrazyl (DPPH) and 2,2'-azino-  
27  
28 114 bis(3-ethylbenzothiazoline-6-sulfonic acid (ABTS) radicals.<sup>24, 25</sup> AA was measured through the  
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31 115 Ferric Reducing Antioxidant Power (FRAP) assays.<sup>26</sup> Results were expressed as micromoles of  
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33 116 Trolox equivalents per gram of fruit on a dry weight basis ( $\mu\text{mol}$  of Trolox/g d.w.). TSP and TMA  
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35 117 were used for the evaluation of the relative recovery percentage of sequential extractions (see Sections  
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38 118 S7 of the *Supplementary material*).

#### 40 119 ***Analysis of individual phenolic compounds***

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42 120 Selected individual phenolic acids, chalcones, flavanols, flavonols and anthocyanins were analysed  
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45 121 by LC hyphenated with electrospray ionization (ESI) triple quadrupole tandem mass spectrometry  
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47 122 (MS/MS), using a Shimadzu (Kyoto, Japan) chromatographic system coupled with a 5500 QTrap™  
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49 123 mass spectrometer (Sciex, Ontario, Canada). Full details of LC-MS/MS analysis of targeted phenolic  
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51 124 compounds are reported in the Section S8 of the *Supplementary material*.

#### 54 125 ***Statistical analysis***

55  
56 126 The analysis of variance, the non-parametric Games-Howell test for multiple comparison of the mean  
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58 127 concentration values and the Pearson correlation test were performed by using Minitab®17.1.0  
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60 128 (Minitab Inc., State College, PA, USA). Principal component analysis (PCA) and cluster analysis

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3 129 (CA) were performed using Minitab®17.1.0. Quality control of PCA was carried out on the mix of  
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5 130 extracts of strawberry fruits grown under irrigation with the four investigated TWWs and TW as  
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8 131 control (QCs), verifying if object scores are close to the origin of new coordinates in the principal  
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10 132 component (PC) plot.

## 12 133 **Results and discussion**

### 14 134 *TWWs characterization*

17 135 **Table S1** of the *Supplementary materials* illustrates the physicochemical, chemical and biological  
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19 136 parameters of the TWWs used in this study, which are foreseen by the Italian Ministerial Decree  
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21 137 185/2003<sup>7</sup>, regulating the wastewater reuse for various applications, including the agricultural  
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24 138 irrigation. **Table S1** includes also the values of these parameters determined in TW, as well as the  
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26 139 limits reported in the M.D. 185/2003. The values determined in TWWs complied the thresholds with  
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28 140 some exceptions. More in detail, among physicochemical and chemical parameters, TSS slightly  
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31 141 exceeded the limit established by the M.D. 185/2003 (i.e. 10 mg/L) for TWW<sub>1</sub> (11±4 mg/L) and  
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33 142 TWW<sub>4</sub> (12±4 mg/L), and ammonia was found just above the legal threshold (i.e. 2 mg/L) in TWW<sub>1</sub>  
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35 143 (2.1±1.3 mg/L). Exceedances of the M.D. 185/2003 limits were much more accentuated and  
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38 144 generalized (i.e. in all the TWWs investigated) for the chloride ion, the mean concentrations of which  
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40 145 were in the range of 258-643 mg/L (legal threshold 250 mg/L). Sodium adsorption ratio (SAR),  
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42 146 although within the limit established by the M.D. 185/2003 (i.e. 10), was also a critical parameter for  
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45 147 TWW reuse in agriculture, being it included from 9.0 (for TWW<sub>3</sub>) to 9.5 (for all the other TWWs).  
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47 148 Conductivity was a further parameter worth to be mentioned, since high values were observed in  
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49 149 TWWs (1322-2428 µS/cm), compared to those considered suitable for crop irrigation.<sup>27</sup> Overall, the  
50  
51 150 remarkable concentrations of chloride ion, together with the high values of SAR and conductivity,  
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54 151 highlight potential problems in the use of TWWs for irrigation purposes. However, it should be noted  
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56 152 that these waters represents an important source of nutrients for plant growth, since they respectively  
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58 153 contain 5-8 mg/L of nitrogen and 300-900 µg/L of phosphorus.

### 60 154 *Fruit yield*



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3 155 **Table 1** illustrates the fruit yield obtained with the four TWWs and TW (control). The irrigation with  
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5 156 TWWs influenced fruit yield, resulting in a general decrease of productivity. The trend of fruit yield  
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7 157 followed the order  $TW > TWW_4 \approx TWW_3 = TWW_2 > TWW_1$ . More in detail, plants irrigated with TWWs  
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9 158 showed a reduced fruit production compared to control from 10% with  $TWW_4$  to 26% with  $TWW_1$ ,  
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11 159 the latter exhibiting by far the highest level of salinity, as measured by electrical conductivity (2428  
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13 160  $\mu\text{S}/\text{cm}$  in  $TWW_1$  vs 1322-1647  $\mu\text{S}/\text{cm}$  in the other TWWs and 872  $\mu\text{S}/\text{cm}$  in TW). Interestingly, a  
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15 161 similar reduction in productivity (12-24% depending on the kind of irrigation system) was previously  
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17 162 reported for Camarosa strawberry<sup>12</sup> irrigated with a TWW, which displayed a conductivity  
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19 163 comparable to TWWs used in this study. A stronger yield reduction (38-63%) was highlighted in  
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21 164 various *Fragaria x ananassa* varieties in response to increasing conductivity levels (from 700 to 2500  
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23 165  $\mu\text{S}/\text{cm}$ ) of irrigation water.<sup>28</sup> These findings evidenced the presence of a stress condition in strawberry  
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25 166 plants irrigated with TWWs, in agreement with the aforementioned higher levels of chloride, SAR  
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27 167 and conductivity in TWWs than in TW (**Table S1**). Salinity may compromise the plant water ability  
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29 168 absorption, since ions in soil solution force plant to further lower its water potential to maintain a  
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31 169 proper water supply from soil<sup>29</sup>, causing a plant water-deficit condition, which inhibited plant growth  
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33 170 and productivity.<sup>30</sup>

### 39 **Sugars**

40 171 **Table 2** shows the concentrations of fructose, glucose and sucrose determined in strawberry fruits  
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42 172 obtained under irrigation with TW and TWWs. Sugar levels found herein were in line with the range  
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44 173 elsewhere reported for Camarosa fruits purchased in the market or cultivated in soilless systems in  
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46 174 research orchards<sup>31-34</sup>, thus demonstrating that, from this viewpoint, the fruit quality is high enough  
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48 175 to guarantee their marketability. However, significant variations ( $p < 0.05$ ) were observed among  
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50 176 treatments. In fact, fruits irrigated with TWWs showed significantly lower values of individual and  
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52 177 total sugar compared with control fruits. Fruits grown under irrigation with  $TWW_2$  and  $TWW_3$   
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54 178 showed comparable concentrations of total sugars, fructose and glucose. The greater influence on  
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56 179 sugar concentrations of the irrigation by TWWs was highlighted for strawberries obtained with  
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3 181 TWW<sub>1</sub> and TWW<sub>4</sub>, which displayed the lowest individual and total sugar values (i.e. 1.98 and 2.06  
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5 182 mmol/g d.w., respectively), approximately 25% lower than control fruits. The lower abundance of  
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8 183 individual sugars in strawberry fruits might be ascribable to the salinity of the TWWs used for  
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10 184 irrigation, which showed Cl<sup>-</sup> concentration exceeding Italian legal limits for wastewater reuse (**Table**  
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12 185 **S1**). In fact, the high Cl<sup>-</sup> concentrations could have caused a water deficit in the strawberry plants.  
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15 186 The reduction of carbohydrates was probably linked to the consumption of photoassimilates for  
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17 187 osmotic adjustment, as previously reported for fruits of strawberry plants cultivated in soils  
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19 188 characterized by high NaCl contents.<sup>35, 36</sup>

### 21 189 **TSP, TMA, RSA and AA**

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24 190 Mean values of TSP, TMA, DPPH-RSA, ABTS-RSA, and FRAP-AA determined in strawberry fruits  
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26 191 in response to the irrigation with TW and TWWs are shown in **Table 2**.

28 192 The treatments exhibited quite similar TSP concentrations, being the highest variation (about 10%)  
29  
30 193 observed between TWW<sub>1</sub> (2521 mg catechin/100 g d.w.) and control (2807 mg catechin/100 g d.w.).

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33 194 This trend was also found elsewhere on Camarosa strawberries irrigated with a tertiary TWW  
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35 195 characterized by conductivity and concentrations of BOD<sub>5</sub>, COD, N<sub>tot</sub> and P<sub>tot</sub> similar to those of  
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37 196 TWWs tested in this study<sup>12</sup>. The comparison between TWW<sub>1</sub> (the most salty TWW) and TW was  
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39 197 the only one providing a statistically significant difference ( $p < 0.05$ ).

42 198 The antiradical and antioxidant activity parameters behaved in a very similar way to the TSP, showing  
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44 199 a significant linear correlation each other ( $r = 0.923-0.988$ ,  $p < 0.05$ ) and with TSP itself ( $r = 0.903-0.960$ ,  
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46 200  $p < 0.05$ ).

48  
49 201 In contrast to findings obtained for TSP, DPPH, ABTS, and FRAP, irrigation with wastewater  
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51 202 significantly affected TMA values, as total anthocyanins in control fruits (610 mg pelargonidin-3-*O*-  
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53 203 glucoside/100 g d.w.) were up to twofold higher than those found in fruits treated with TWWs (310-  
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55 204 437 mg pelargonidin-3-*O*-glucoside/100 g d.w.). More in detail, the irrigation with TWWs gave rise  
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57 205 in all cases to statistically significant decreases of this parameter compared to control. It is however  
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59 206 remarkable that TSP and TMA concentrations of strawberries produced with TWWs were included

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3 207 in the range of values reported in literature for Camarosa fruits purchased in the market or produced  
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5 208 in research orchards.<sup>1, 12, 37, 38</sup> Therefore, fruits irrigated with TWWs demonstrated a nutraceutical  
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8 209 quality in line with their marketability.  
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### 10 210 *Individual phenolic compounds*

11  
12 211 **Table 3** shows the concentrations of targeted phenolic compounds (i.e. principal phenolic acids,  
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14 212 chalcones, flavanols, flavonols and anthocyanins) herein used as further indicators of the quality of  
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16  
17 213 strawberry fruits obtained by irrigation with TW and TWWs. **Table 3** also provides abbreviations of  
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19 214 targeted analytes, which are used below. In the whole set of treatments, the majority of target analytes  
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21 215 showed a signal-to-noise ratio higher than 10, being therefore successfully quantified. CHL, QUE-  
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24 216 GAL, and CYA-GAL were determined only in fruits produced with TWW<sub>3</sub>, although at very low  
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26 217 concentrations ( $\leq 0.31$  mg/100 g d.w.). Moreover, CAF, QUE, QUE-RHA and PHL were never  
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28 218 quantified in the investigated samples.

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31 219 Similar patterns of relative abundance were highlighted for targeted phenolic compounds, irrespective  
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33 220 of the use of TWWs or TW for irrigation. More in detail, in all samples, PEL-GLU was by far the  
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35 221 most abundant compound (161-343 mg/100g d.w.), accounting for 74-84% and 47-67% of total  
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37 222 individual anthocyanins and total individual phenolic compounds, respectively. Other predominant  
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40 223 compounds were PB2 (29-54 mg/100 g d.w.), CAT (40-49 mg/100 g d.w.), EA (15-26 mg/100 g  
41  
42 224 d.w.), CYA (11-17 mg/100 g d.w.), CYA-GLU (9-12 mg/100 g d.w.), and PEL-RUT (20-40 mg/100g  
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44 225 d.w.). Literature data related to Camarosa strawberries obtained in soilless systems using fresh water  
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47 226 for irrigation, confirmed this trend.<sup>1, 39</sup>

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49 227 A general concentration increase was evidenced for non-anthocyanin phenolic compounds in fruits  
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51 228 treated with TWWs compared to those irrigated with TW (**Table 3**). These differences were  
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53  
54 229 statistically significant only in few cases, such as PB1 for TWW<sub>1</sub> and TWW<sub>4</sub>, and PB2 for TWW<sub>2</sub>  
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56 230 and TWW<sub>4</sub>. However, when the total concentration of these compounds was considered, the increase  
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58 231 was remarkable (percentage increase of 15-29%) and statistically significant in all cases.  
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3 232 Conversely, individual anthocyanins evidenced a concentration decrease in response to the use of  
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5 233 TWWs in almost all cases. In particular, PEL-GLU and PEL-RUT were significantly lower in fruits  
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8 234 produced with TWW<sub>1</sub> and TWW<sub>4</sub> compared to TW, whereas the use of TWW<sub>2</sub> and TWW<sub>3</sub> did not  
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10 235 provide statistically significant reductions in concentration. A slight concentration decrease was  
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12 236 observed for CYA-GLU in response to the use of all TWWs, but the differences were not statistically  
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15 237 significant. An opposite behaviour was found for CYA, which was more abundant in fruits produced  
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17 238 under irrigation with TWWs. Total concentration of the quantified anthocyanins followed the trend  
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19 239 of the predominant individual anthocyanins (i.e. the two pelargonidins), being it statistically lower in  
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22 240 fruits irrigated with TWW<sub>1</sub> and TWW<sub>4</sub>, compared to TW. Interestingly, the sum of the concentrations  
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24 241 of targeted individual anthocyanins represented a significant percentage (about 70-90%, depending  
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26 242 on the sample considered) of total anthocyanins spectrophotometrically determined as TMA (see  
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28 243 **Table 1**). Hence, the group of individual anthocyanins herein selected seems to give a representative  
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30  
31 244 picture of the whole set of anthocyanins occurring in strawberry fruits. In this regard, it should be  
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33 245 noted that total concentrations of individual anthocyanins showed some correlation with TMA values  
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35 246 ( $r=0.795$ ,  $p=0.108$ ).

### 37 247 *Multivariate analysis*

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40 248 In order to summarize the set of information obtained from the analysis of phenolic compounds in  
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42 249 the 18 strawberry samples (including QCs), and to highlight more easily the effects of the irrigation  
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45 250 with TWWs and TW, a multivariate elaboration of the autoscaled original data was performed by  
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47 251 means of PCA and CA. These data elaborations included the 19 phenolic compounds quantified in at  
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49 252 least one strawberry sample.

51 253 As shown in **Table S5** (Section S9 of the *Supplementary material*) four principal components (PCs),  
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54 254 characterized by eigenvalues > 1 and accounting for percentages of explained variances (EV%) of  
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56 255 38.7%, 20.4%, 15.3% and 10.0%, were obtained (total EV%=84.4). However, the contributions of  
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58 256 each variable to the four significant PCs were not well differentiated, since only few variables  
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60 257 evidenced remarkable differences among the four components in terms of absolute values of loadings.

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258 More in detail, the highest differences among loadings within a same PC have been highlighted for  
259 (i) QUE-GLU, PEO-GLU and PEL-RUT in PC1, (ii) KAM-RUT and especially PHL-GLU in PC2,  
260 (iii) FER, CAT, PB2, and CYA in PC3, (iv) KAM-GLU and CYA-GLU in PC4 (see **Table S5**).

**Figure 1** illustrates the score plots of PC1 vs PC2 (**Fig. 1A**) and PC1 vs PC3 (**Fig. 1B**), both accounting for a cumulative EV% >50%, as well as the corresponding loading plots (**Fig. 1C** and **Fig. 1D**). In both score plots QCs were very close to the origin of the coordinates, indicating the high accuracy and precision of the entire analytical procedure. Moreover, in both graphs, replicated samples showed quite similar score values, thus evidencing the homogeneous results obtained within each treatment.

The five investigated samples were well discriminated in the PC1 vs PC2 space (EV%=59.1), thus highlighting the different influence exerted by irrigation waters on the expression of the phenolic secondary metabolism of strawberries (**Fig. 1A**). More in detail, the separation of TWW<sub>3</sub> samples was due to their positive and high scores on PC2 and especially PC1, which are in turn related to CHL, QUE-GAL, and CYA-GAL concentrations (**Fig. 1C**). In this regard, it should be noted that these analytes were detected only in strawberries irrigated with TWW<sub>3</sub>. The higher PEO-GLU concentrations found in TWW<sub>3</sub> samples also contributed to differentiate them from the others on the PC1 vs PC2 score plot. For TWW<sub>1</sub> and TWW<sub>4</sub> samples, which showed very similar coordinates on PC1, the separation was mainly due to their very different concentrations of KAM-RUT and PHL-GLU, the only two compounds providing very high loadings (in absolute value) on PC2 (**Fig. 1C**). TW and TWW<sub>2</sub> were the closest samples in the PC1 vs PC2 score plot, reflecting the quite similar concentrations of most phenolic compounds in fruits from these treatments.

The separation of TW and TWW<sub>2</sub> samples was more evident when PC1 was plotted as a function of PC3 (EV%=54.0) (**Fig. 1B**). In fact, on this latter component, strawberries irrigated with TWW<sub>2</sub> strongly differentiated from those grown with TW, due to concentration trends found in these samples for FER, PB2, CAT and CYA, all of them providing high absolute values of loadings in PC3 (**Fig. 1D**). Conversely, TWW<sub>1</sub> and TWW<sub>4</sub> samples grouped together, evidencing very similar behaviours

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3 284 of the two treatments on PC3 as well. According to the loading plot shown in **Fig. 1D**, fruits irrigated  
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5 285 by TWW<sub>1</sub> and TWW<sub>4</sub> were characterized by high concentrations of QUE-GLU, PB1 and QUE-RUT,  
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7 286 compared to those found in the other samples. It is interesting to note that samples obtained with  
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10 287 TWW<sub>1</sub> and TWW<sub>4</sub>, which are effluents of WWTPs operating on similar mixed domestic-textile  
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12 288 wastewaters and characterized by analogous treatments stages, exhibited very similar score values on  
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14 289 both PC1 (EV%=38.7) and PC3 (EV%=15.3).

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17 290 The use of CA, as performed by using the squared Euclidean distances of autoscaled concentrations  
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19 291 of targeted analytes (**Figure 2**), confirmed the homogeneous results obtained for replicated samples  
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21 292 within each treatment. In fact, the replicates of each treatment grouped at very high similarity levels  
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24 293 (i.e. TW=77.8%, TWW<sub>1</sub>=79.5%, TWW<sub>2</sub>=81.7%, TWW<sub>3</sub>=85.3%, and TWW<sub>4</sub>=81.1%), which were  
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26 294 much greater than those regarding the other clusters present in the dendrogram (i.e. ≤51.3%).

## 27 28 295 **Conclusions**

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31 296 Strawberry was a responsive fruit model for investigating the effect of irrigation with TWWs on fruit  
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33 297 quality, which is an important aspect, currently not yet investigated in-depth, of the issue of  
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35 298 wastewater reuse in agriculture.

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37 299 The comparative evaluation of the effect of various TWWs characterized by different  
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40 300 physicochemical and chemical properties, allowed for obtaining interesting information that to the  
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42 301 best of our knowledge are provided herein for the first time. Plants grown with TWW<sub>1</sub> appeared to  
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44 302 be among the most affected by non-conventional irrigation, displaying the lowest yield, sugar and  
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47 303 TSP concentrations, RSA and AA values, as well as statistically lower TMA content, compared to  
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49 304 control. Interestingly, strawberries irrigated with TWW<sub>2</sub> and TWW<sub>3</sub>, which have common origin and  
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51 305 underwent similar depuration stages, exhibited equivalent quality attributes. Fruits produced by  
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53 306 irrigating plants with TWW<sub>4</sub> showed erratic trends, being among the best for some parameters (e.g.  
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56 307 yield) and among the worst for some others (e.g. TMA).

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58 308 This research also investigated for the first time a wide number of individual phenolic compounds as  
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60 309 quality indicators of non-conventional irrigation strategies, providing further important information.

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3 310 Concentrations of phenolic acids, flavonols and flavanols slightly increased with worsening the  
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5 311 quality of TWW used for irrigation, whereas anthocyanins showed in almost all cases an opposite  
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8 312 trend.

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10 313 Overall, these results showed that nutritional and nutraceutical attributes of strawberry fruits are  
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12 314 strongly related to the quality of the water used for irrigation. However, the nutritional and  
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15 315 nutraceutical attributes of the fruits obtained by non-conventional irrigation seem to be in line with  
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17 316 strawberry marketability, even considering the fruits with the lowest quality attributes. It is  
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19 317 remarkable that these results have been obtained by using TWWs with high SAR and conductivity  
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22 318 values and chloride concentrations more than double than the maximum recommended for reuse in  
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24 319 agriculture. In this regard, the presence in TWWs of significant concentrations of nutrients may has  
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26 320 played an important role in the achievement of fruit nutritional and nutraceutical quality similar to  
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29 321 the one elsewhere observed for strawberries grown under conventional irrigation.

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31 322 Accordingly, the reuse of TWWs in the agricultural sector may represent a valuable strategic solution  
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33 323 for water saving (especially in countries experiencing water scarcity) suitable to increase the  
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35 324 sustainability of soilless agricultural production, without losing fruit quality attributes and in full  
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38 325 accordance with the principles of circular economy.

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47 329 acknowledged.

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**Table 1** – Mean values and standard deviation (n=63-66, depending on the treatment) of the fruit yield of strawberry plants irrigated with TWWs and TW as control. The yield is expressed as grams of fruit fresh weight per plant (g f.w./plant). Values with different letters are statistically different according to the Games-Howell multicomparison test ( $p<0.05$ ).

<b>Treatment</b>	<b>g f.w./plant</b>
TW	89 (10) a
TWW <sub>1</sub>	66 (7) b
TWW <sub>2</sub>	74 (9) c
TWW <sub>3</sub>	73 (9) c
TWW <sub>4</sub>	80 (10) c

For Peer Review

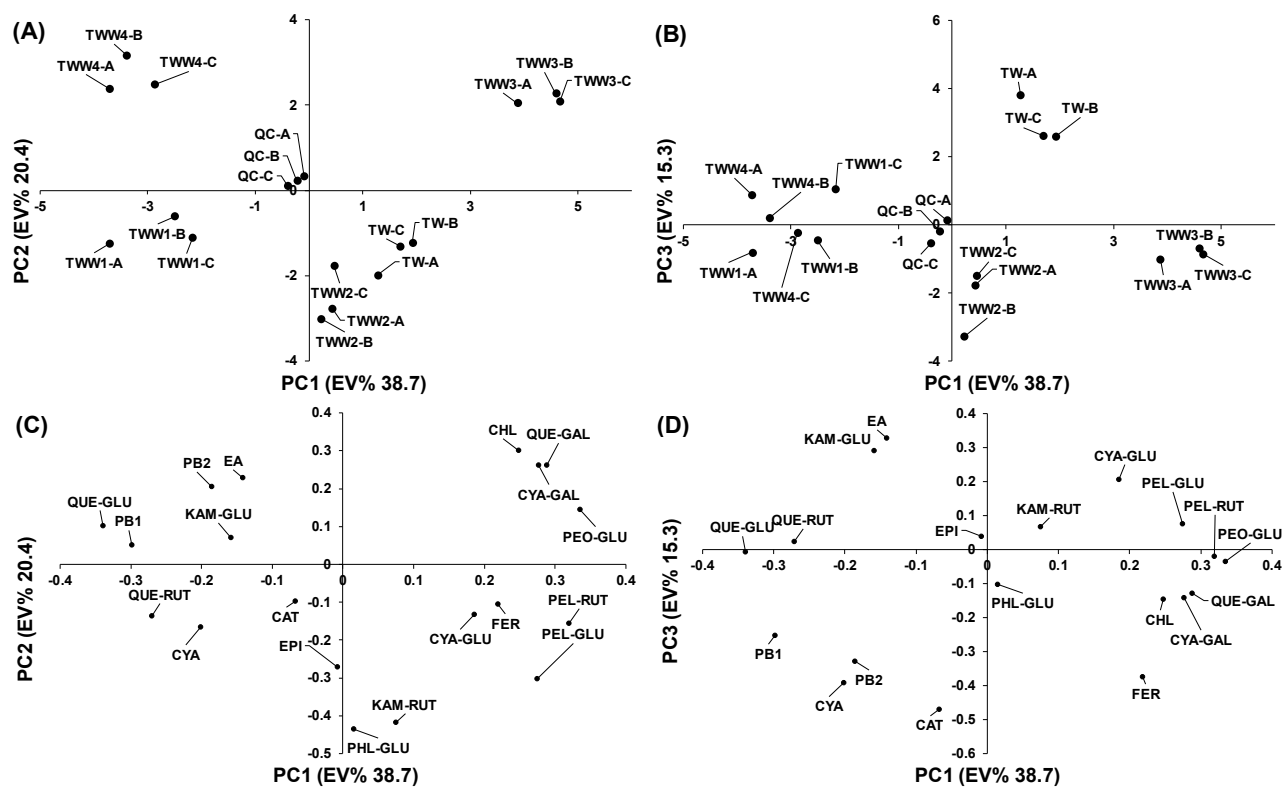
**Table 2** – Mean values (n=3) and standard deviations (in bracket) of individual (mg/g d.w.) and total sugars (mmol/g d.w.), total soluble polyphenols (TSP, mg Catechin/100 g d.w.), total monomeric anthocyanins (TMA, mg pelargonidin-3-*O*-glucoside/100 g d.w.), antiradical and antioxidant activities as measured by DPPH, ABTS and FRAP methods ( $\mu\text{mol Trolox/g d.w.}$ ) in strawberry plants irrigated with TW and TWWs. Within the same row, different letters mean statistically significant differences according to the Games-Howell multicomparison test ( $p<0.05$ ).

Parameters	TW	TWW <sub>1</sub>	TWW <sub>2</sub>	TWW <sub>3</sub>	TWW <sub>4</sub>
<i>Sugars</i>					
Fructose	207 (2) a	146 (2) b	162 (5) c	167 (6) c	153 (3) d
Glucose	182 (2) a	132 (2) b	148 (5) cd	155 (2) c	140 (4) d
Sucrose	184 (2) a	156 (1) b	174 (3) c	191 (5) a	157 (9) b
Total sugars	2.67 (0.03) a	1.98 (0.02) b	2.20 (0.08) d	2.32 (0.05) d	2.06 (0.07) b
<i>Phenolic compounds</i>					
TSP	2807 (151) a	2521 (170) b	2680 (173) ab	2683 (71) a	2770 (149) a
TMA	610 (43) a	399 (62) bc	437 (26) b	393 (56) bc	310 (30) c
<i>Antiradical/antioxidant activities</i>					
DPPH	311 (25) a	263 (15) b	272 (19) ab	278 (23) ab	311 (8) a
ABTS	376 (46) a	316 (29) a	333 (29) a	345 (21) a	365 (42) a
FRAP	426 (46) a	355 (9) b	372 (11) b	396 (11) ab	408 (23) ab

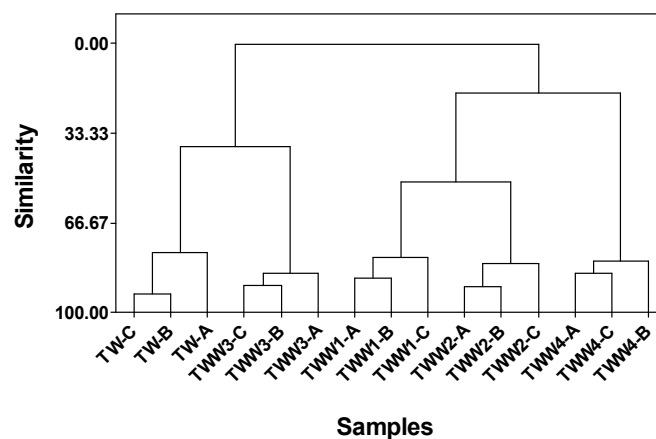
**Table 3** – Mean values and standard deviation (n=3), of selected phenolic acids, chalcones, flavanols, flavonols and anthocyanins (mg/100 g d.w.) in strawberry irrigated with TW and TWWs. Within the same row, different letters mean statistically significant differences according to the Games-Howell multicomparison test ( $p<0.05$ ).

Compounds	Abbreviation	TW	TWW <sub>1</sub>	TWW <sub>2</sub>	TWW <sub>3</sub>	TWW <sub>4</sub>
<i>ESI (-)</i>						
Chlorogenic acid	CHL	0.04*-0.08**	0.04*-0.08**	0.04*-0.08**	0.31 (0.03)	0.04*-0.08**
Caffeic acid	CAF	<0.03*	<0.03*	<0.03*	<0.03*	<0.03*
Ferulic acid	FER	3.9 (0.3) ab	4.4 (0.3) ab	5.3 (0.6) ab	5.5 (0.5) a	3.6 (0.4) b
Ellagic acid	EA	24 (2) ab	26 (2) a	15 (1) b	22 (2) ab	26 (3) ab
Quercetin	QUE	<0.004*	<0.004*	<0.004*	<0.004*	<0.004*
Quercetin-3- <i>O</i> -galactoside	QUE-GAL	<0.02*	<0.02*	<0.02*	0.07 (0.01)	<0.02*
Quercetin-3- <i>O</i> -glucoside	QUE-GLU	1.3 (0.1) a	1.8 (0.2) ab	1.4 (0.1) a	1.2 (0.2) a	1.8 (0.1) b
Quercetin-3- <i>O</i> -rutinoside	QUE-RUT	0.79 (0.09) a	1.0 (0.1) a	0.82 (0.07) a	0.69 (0.04) a	0.9 (0.1) a
Quercetin-3- <i>O</i> -rhamnoside	QUE-RHA	<0.02*	<0.02*	<0.02*	<0.02*	<0.02*
Kaempferol-3- <i>O</i> -glucoside	KAM-GLU	1.9 (0.3) a	2.2 (0.2) a	1.5 (0.1) a	1.7 (0.2) a	2.0 (0.2) a
Kaempferol-3- <i>O</i> -rutinoside	KAM-RUT	1.39 (0.09) a	1.4 (0.1) a	1.3 (0.1) a	1.1 (0.1) ab	0.75 (0.08) b
Procyanidin A2	PA2	<0.11*	0.11*-0.26**	<0.11*	0.11*-0.26**	<0.11*
Procyanidin B1	PB1	4.5 (0.3) a	6.1 (0.5) b	5.4 (0.4) ab	4.8 (0.8) ab	5.9 (0.4) b
Procyanidin B2	PB2	29 (2) a	41 (5) ab	47 (3) b	40 (4) ab	54 (7) b
Phloretin	PHL	<0.05*	<0.05*	<0.05*	<0.05*	<0.05*
Phloretin-2'- <i>O</i> -glucoside	PHL-GLU	2.1 (0.3) ab	2.3 (0.3) ab	2.4 (0.2) a	1.8 (0.2) ab	1.49 (0.09) b
(+)-Catechin	CAT	40 (5) a	48 (4) a	49 (5) a	45 (3) a	44 (3) a
(-)-Epicatechin	EPI	0.86 (0.06) a	0.89 (0.08) a	0.89 (0.09) a	0.81 (0.05) a	0.79 (0.09) a
Total		109 (3) a	135 (7) b	130 (3) b	125 (3) b	141 (10) b
<i>ESI (+)</i>						
Peonidin-3- <i>O</i> -glucoside	PEO-GLU	0.111 (0.008) a	0.081 (0.006) bd	0.092 (0.006) ab	0.18 (0.02) c	0.070 (0.006) d
Cyanidin	CYA	10.7 (0.7) ac	16 (1) b	17 (1) b	12 (1) c	14 (2) abc
Cyanidin-3- <i>O</i> -galactoside	CYA-GAL	<0.01*	<0.01*	<0.01*	0.20 (0.02)	<0.01*
Cyanidin-3- <i>O</i> -glucoside	CYA-GLU	12 (1) a	8.8 (0.6) a	10.2 (0.8) a	10.0 (0.7) a	9.5 (0.7) a
Pelargonidin-3- <i>O</i> -glucoside	PEL-GLU	343 (21) a	218 (21) bc	319 (38) ac	293 (24) a	161 (17) b
Pelargonidin-3- <i>O</i> -rutinoside	PEL-RUT	40 (3) a	29 (3) bc	39 (4) ac	44 (5) a	20 (4) b
Total		406 (18) a	272 (24) b	385 (36) a	359 (22) a	205 (20) b

\*Method detection limit. \*\*Method quantification limit.



**Figure 1** – Score (A-B) and loading (C-D) plots of PC1 vs PC2 (EV%=59.1) and PC1 vs PC3 (EV%=54.0). PCA were calculated using autoscaled concentration values of target analytes. EV% = percentage of explained variance. The meaning of abbreviations used in loading plots are reported in Table 3.



**Figure 2** – Dendrogram of similarity of the fifteen investigated strawberry samples, calculated on the basis of squared Euclidean distances of autoscaled concentration values of the 19 phenolic compounds detected in Camarosa fruits grown under irrigation with tap water (TW) and the four different treated wastewaters (TWW<sub>1</sub>, TWW<sub>2</sub>, TWW<sub>3</sub>, and TWW<sub>4</sub>). Letters A, B, and C refer to the analysis of independent samples obtained with a same TWW.

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2  
3 **Manuscript: “Productivity and nutritional and nutraceutical value of strawberry fruits**  
4 **(*Fragaria x ananassa* Duch.) cultivated under irrigation with treated wastewaters” by Renai et**  
5 **al.**  
6  
7

## 8 9 **SUPPLEMENTARY MATERIAL**

### 10 11 12 **Section S1: Standards, reagents, solvents and materials**

13  
14 Standards (purity  $\geq 99\%$ ) of glucose, fructose, sucrose and raffinose were supplied by Sigma-Aldrich  
15 (St. Louis, MO, USA). Polyphenols standards were supplied as follows: cyanidin, cyanidin-3-*O*-  
16 galactoside, cyanidin-3-*O*-glucoside, pelargonidin-3-*O*-glucoside, pelargonidin-3-*O*-rutinoside,  
17 peonidin-3-*O*-glucoside, petunidin-3-*O*-arabinoside, (+)-catechin, (-)-epicatechin, quercetin,  
18 quercetin-3-*O*-glucoside, quercetin-3-*O*-galactoside, quercetin-3-*O*-rutinoside, quercetin-3-*O*-  
19 rhamnoside, kaempferol-3-*O*-glucoside, kaempferol-3-*O*-rutinoside, procyanidin B1, procyanidin B2  
20 and procyanidin A2 were purchased by Extrasynthese (Genay, France). Ellagic acid, gallic acid,  
21 ferulic acid, caffeic acid, chlorogenic acid, phloretin, phloretin-2'-*O*-glucoside and myricetin were  
22 purchased by Sigma-Aldrich (St. Louis, MO, USA).  
23

24 Reagents were supplied as follows: formic acid, sodium fluoride, Folin–Ciocalteu reagent and sodium  
25 carbonate by Merck (Darmstadt, Germany); 6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic  
26 acid (Trolox), 2,4,6-tripyridyl-s-triazine (TPTZ) and 2,2-diphenyl-1-picrylhydrazyl (DPPH) radical  
27 by Sigma–Aldrich (St. Louis, USA); acetic acid and hydrochloric acid (36–37%) by J. T. Baker  
28 (Center Valley, PA, USA); iron (III) chloride hexahydrate by Panreac (Barcelona, Spain); potassium  
29 chloride and sodium acetate trihydrate by Carlo Erba (Milan, Italy). HPLC grade acetone, LC-MS  
30 grade water, methanol and FoA ( $\geq 99.9\%$ ) were purchased by Carlo Erba Reagents S.r.l. (Milan, Italy).  
31 Polytetrafluoroethylene (PTFE) membranes (porosity 0.2  $\mu\text{m}$ ) for the filtration of the strawberry  
32 extracts before HPLC analysis, were obtained from Sartorius (Goettingen, Germany).  
33

34 Supelclean C18 SPE cartridges (6 mL, 1 g) for the extract purification were supplied by Supelco  
35 (Bellefonte, Pa, USA).  
36

37 The fertilizer added to strawberry plants was the slow-release NPK Nitrophoska Gold Compo  
38 (Compo Italia, Monza, Italy). The composition of the fertilizer was the following: N- $\text{NO}_3^-$  2.5 %, N-  
39  $\text{NH}_4^+$  7.5 %, N as isobutylidendiurea 5.0 %,  $\text{P}_2\text{O}_5$  9 %,  $\text{K}_2\text{O}$  15 %, MgO 2 %,  $\text{SO}_3$  20 %, Fe 0.3 %, B  
40 0.01 %, Cu 0.002 %, Mn 0.01 % and Zn 0.002%.  
41  
42

### 43 44 45 46 47 48 49 50 51 52 53 54 **Section S2: Plant growth**

Young fridge stored certified *Fragaria x ananassa* plants (Camarosa cultivar) were grown outdoor from March to July 2017 in 106 L-pot filled with a peat-based commercial substrate suitable for sub-acidic species, mixed with 30% of perlite. Plants were mulched with a plastic sheet to avoid direct contact between fruit and substrate. Before plant transplanting, each pot was fertilized with 100 g of NPK fertilizer (Nitrophoska Gold Compo) (see the Section S1 of the Supplementary materials for full details). For each irrigation treatment, 7 pots containing 10 plants were used, for a total of 70 plants per treatment. A plastic tunnel has been applied above the pots to prevent contact between rainwater and plants. Irrigation was performed manually, maintaining soil moisture in the range of about 80% of the field capacity.

### Section S3: Description of the wastewater treatment plants

Treated wastewaters were collected from the effluent of the wastewater treatment plants (WWTPs) following described and transported to the experimental field in plastic tanks, approximately every week. (1) “Baciacavallo” WWTP is the core of the centralized treatment system of the textile industrial district and the city Prato (Italy). It is essentially constituted by equalization, primary sedimentation, biological oxidation, sedimentation, flocculation and a final refinement with ozone to remove color and surface residues (TWW<sub>1</sub>). (2) “Macrolotto 1” refining WWTP treats the “Baciacavallo” effluent by clariflocculation, sand filtration and activated carbon (TWW<sub>2</sub>). (3) “Macrolotto 2” refining WWTP treats the “Baciacavallo” effluent by clariflocculation, sand filtration and final mixing with FW from the “Bisenzio” river (TWW<sub>3</sub>). (4) “Calice” WWTP is the second largest facility in the area of Prato and it is devoted to the treatment of both domestic and industrial wastewater, as well as landfill leachate and sewages from septic tanks pre-treated by the membrane biological technology. The “Calice” WWTP essentially consists of equalization, primary sedimentation, denitrification, biological oxidation, sedimentation, a final flocculation, sand filtering and ozonation (TWW<sub>4</sub>). Tap water (TW) was used as control.

**Table S1** illustrates the physicochemical and microbiological parameters indicated in the Italian wastewater reuse regulation (D.M. 185/2003) determined in TWWs and in TW as control. Limits specified in the D.M. 185/2003 are also reported.

**Table S1** – Mean values (n=3) and standard deviations (in brackets) of physicochemical, chemical and microbiological parameters of TW and TWWs in the period March-July 2017. Limits considered in the Italian regulations for wastewater reuse (D.M. 185/2003) are also shown. In bold character, the values resulted higher than the limits reported in the D.M. 185/2003 are highlighted.

Parameters	TW <sup>(a)</sup>	TWW <sub>1</sub>	TWW <sub>2</sub>	TWW <sub>3</sub>	TWW <sub>4</sub>	D.M. 185
------------	-------------------	------------------	------------------	------------------	------------------	----------



1						
2						
3	Physicochemical parameters					
4	Coarse materials	Absent	Absent	Absent	Absent	Absent
5	TSS <sup>(b)</sup> [mg/L]	n.a.	11 (4)	1.3 (0.3)	1.1 (0.1)	12 (4)
6	pH	7.5	6.83 (0.05)	7.52 (0.04)	7.97 (0.08)	7.94 (0.05)
7	SAR <sup>(c)</sup>	n.a.	9.5 (0.5)	9.5 (0.4)	9 (1)	9.5 (0.3)
8	EC <sup>(d)</sup> [ $\mu$ S/cm]	872	2428 (252)	1647 (426)	1322 (331)	1627 (393)
9						
10						
11	Chemical parameters (mg/L)					
12	COD <sup>(e)</sup>	n.a.	42 (6)	19 (3)	15 (3)	65 (8)
13	BOD <sub>5</sub> <sup>(f)</sup>	n.a.	10 (2)	3.8 (0.8)	4.3 (0.9)	11 (2)
14	Active chlorine	0.29	n.a.	n.a.	n.a.	n.a.
15	N-NH <sub>4</sub> <sup>+</sup>	<0.05	2 (1)	1.2 (0.8)	0.8 (0.4)	1.1 (0.6)
16	N <sub>tot</sub>	n.a.	7 (1)	6 (1)	4.9 (0.9)	8 (2)
17	P <sub>tot</sub>	n.a.	0.6 (0.1)	0.4 (0.3)	0.3 (0.2)	0.9 (0.3)
18	Cl <sup>-</sup>	45	584 (76)	643 (67)	411 (38)	258 (87)
19	SO <sub>4</sub> <sup>2-</sup>	87	179 (91)	276 (33)	195 (38)	122 (65)
20	CN <sup>-</sup>	n.a.	<0.03	<0.03	<0.03	<0.03
21	S <sup>2-</sup>	n.a.	<0.02	<0.02	<0.02	<0.02
22	SO <sub>3</sub> <sup>2-</sup>	n.a.	<0.2	<0.2	<0.2	<0.2
23	F <sup>-</sup>	0.12	0.41 (0.18)	0.16 (0.09)	0.13 (0.07)	0.46 (0.11)
24	Mineral oils	n.a.	<0.05	<0.05	<0.05	<0.05
25	Fats and oils	n.a.	<0.5	<0.5	<0.5	<0.5
26	Total hydrocarbons	n.a.	<0.035	<0.035	<0.035	<0.035
27	Total phenols	n.a.	<0.05	<0.05	<0.05	<0.05
28	Pentachlorophenol	n.a.	<0.0003	<0.0003	<0.0003	<0.0003
29	Total aldehydes	n.a.	<0.1	<0.1	<0.1	<0.1
30	Tetra- and trichloroethylene	0.003	<0.001	<0.001	<0.001	<0.001
31	Chlorinated solvents	n.a.	<0.02	<0.02	<0.02	<0.02
32	Trihalomethanes	0.005	<0.003	<0.003	0.004	<0.003
33	Organic aromatic solvents	n.a.	<0.001	<0.001	<0.001	<0.001
34	Benzene	<0.1	<0.0001	<0.0001	<0.001	<0.0001
35	Benzo(a)pyrene	n.a.	<0.00001	<0.00001	<0.00001	<0.00001
36	Nitrogenous organic solvents	n.a.	<0.01	<0.01	<0.01	<0.01
37	Total surfactants	n.a.	0.6 (0.1)	0.3 (0.2)	0.2 (0.4)	0.4 (0.1)
38	Chlorinated pesticides	n.a.	<0.00005	<0.00005	<0.00005	<0.00005
39	Organophosphorus pesticides	n.a.	<0.00005	<0.00005	<0.00005	<0.00005
40						
41	Elements ( $\mu$ g/L)					
42	Fe	<0.5	920 (370)	50 (8)	40 (10)	590 (220)
43	Al	21	140 (61)	62 (19)	130 (92)	710 (52)
44	Zn	143	80 (20)	50 (10)	40 (20)	107 (93)
45	Pb	<0.5	2 (3)	4 (2)	< 1	2 (1)
46	Cd	<0.5	0.5 (0.4)	0.1 (0.2)	0.3 (0.4)	0.7 (0.2)
47						
48						
49						
50						
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56						
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59						
60						

Ni	0.96	4 (3)	34 (28)	37 (16)	8 (3)	<200
Cu	<0.01	16 (7)	2 (1)	3 (1)	21 (17)	<1000
Cr <sub>tot</sub>	<0.5	23 (3)	<5	<5	13 (5)	<100
Cr(VI)	n.a.	4.8 (0.1)	2.6 (0.9)	2.1 (0.1)	3.7 (0.2)	<5
As	<1	10 (1)	6 (2)	<1	10 (1)	<20
Ba	62	90 (11)	<10	<10	80 (13)	<10000
Be	n.a.	<1	<1	<1	<1	<100
B	0.13	110 (9)	<100	<100	207 (18)	<1000
Co	n.a.	7 (2)	0.8 (0.9)	1 (1)	3.8 (0.6)	<50
Mn	<2	50 (15)	47 (11)	39 (16)	101 (15)	<2000
Hg	<0.1	<0.1	<0.1	<0.1	<0.1	<1
Se	2.6	1.2 (0.3)	<1	<1	<1	<10
Sn	n.a.	10 (2)	<1	<1	9 (4)	<3000
Tl	<0.5	<0.5	<0.5	<0.5	<0.5	<1
V	<0.5	<1	<1	<1	<1	<100

#### Microbiological parameters (cfu/100 mL)

<i>Escherichia coli</i>	Absent	<10	<10	<10	<10	<100
<i>Salmonella</i>	n.a.	Absent	Absent	Absent	Absent	Absent

<sup>(a)</sup>Data taken from the periodic monitoring database of Publiacqua S.p.A. (<https://www.publiacqua.it/acqua-territorio/intorno-a-te/qualita>). <sup>(b)</sup>TSS = total suspended solids. <sup>(c)</sup>SAR = sodium adsorption ratio. <sup>(d)</sup>EC = electrical conductivity. <sup>(e)</sup>COD = chemical oxygen demand (mg O<sub>2</sub>/L); <sup>(f)</sup>BOD<sub>5</sub> = five-days biochemical oxygen demand (mg O<sub>2</sub>/L). n.a. = not analysed.

### Section S4: Extraction procedure

Sugars and phenolic compounds were extracted according to the following procedure. Sample aliquots (500 mg) of freeze-dried strawberry were spiked with 50 µL of an aqueous raffinose standard solution (75 g/L) and 50 µL of a methanolic solution of myricetin and petunidin-3-*O*-arabinoside (50 mg/L each) for the evaluation of the apparent recovery. The spiked samples were then stored in the dark at +4 °C for 24 hours and then extracted in an ice bath under magnetic stirring with 15 mL of acetone/water 70:30 (v/v) solution containing 10 mM NaF to inactivate polyphenol oxidase. The aqueous-organic mixtures were centrifuged at 2000xg for 5 min and the supernatants were recovered. A second extraction was performed on the residue of the first one following the same procedure described above. The two extracts were combined, evaporated in order to remove the organic solvent, and stored at +4°C until analysis was performed (in any case for no more than 48 h).

### Section S5: Sugar analysis

Individual sugars (i.e. fructose, glucose and sucrose) were determined by liquid chromatography (LC), using a system Shimadzu (Kyoto, Japan) consisting of an LC-10ADVP pump, a column compartment CTO-10AS and an autoinjector Sil-20A. The LC system was coupled with an

evaporative light scattering detector (ELSD) Sedex 75 (Sedere, Olivet, France). Data acquisition was performed using the Shimadzu LabSolutions software (release 5.86). Injection volume was 40  $\mu\text{L}$ . The mobile phase was milliQ water and the separation was carried out with an isocratic elution at a constant flow rate of 0.7  $\text{ml min}^{-1}$  at 80  $^{\circ}\text{C}$  for 20 min. Conditions set for the detection were the following: evaporation temperature = 40  $^{\circ}\text{C}$ , pressure of the nebulizer gas = 2.4 bar, and a gain value=8. LC-ELSD analysis of sugars was carried out after application of 500  $\mu\text{L}$  aliquots of the strawberry extracts (see paragraph 2.2 of the main text) on the top of C18 SPE Tubes (preconditioned with 10 mL of methanol and 10 mL of ultra-pure water acidified at pH = 4 with acetic acid) and eluted with 2.5 mL of water. The apparent recovery of the entire analytical procedure for sugar determination, evaluated by means of the spiked standard raffinose, was  $84\pm 7\%$ .

**Table S2** – Figures of merit of the LC-ELSD method adopted in this study. Instrumental detection limits (IDLs), linearity ranges and intra-day precision (expressed as relative standard deviation percentages, RSD%) for sugar analysis.

Compound	IDL (mg/L)	Linearity Range (mg/L) <sup>a</sup>	RSD% <sub>intra</sub> <sup>b</sup>
Fructose	5.3	16 - 700	0.6
Glucose	6.1	19 - 700	1.2
Sucrose	9.7	29 - 700	0.4
Raffinose	10.3	30 - 700	1.1

<sup>a</sup> The bottom limit of the linearity range represents the instrumental limit of quantification. <sup>b</sup> Intra-day precision evaluated with a standard mixture in ultra-pure water at 300 mg/L.

### Section S6: Considerations regarding the measuring unit used for total soluble polyphenols

Total soluble polyphenols (TSP) were determined on the strawberry extract, according to the Folin-Ciocalteu method using (+)-catechin as a reference standard, since it is reported as one of the most abundant non-anthocyanin phenolic compound in strawberry (Aaby, Mazur, Nes, & Skrede, 2012; Akhatou & Fernández-Recamales, 2014). However, most previously published papers (Chaves, Calvete, & Reginatto, 2017; Christou et al., 2016) expressed TSP using gallic acid as reference standards. Hence, a standard calibration curve with gallic acid was also prepared. The molar extinction coefficient of (+)-catechin resulted about 30% higher than the one of gallic acid, in accordance with results elsewhere obtained (Singleton, Orthofer, & Lamuela-Raventós, 1999). Based on the comparison of the two extinction molar coefficients and considering the molar mass of the two compounds, the results expressed as (+)-catechin are only about 20% higher than those expressed as gallic acid and can be therefore considered comparable.

### **Section S7: Recovery evaluation of phenolic compounds through the analysis of total soluble polyphenols and total monomeric anthocyanins**

The efficiency of the extraction procedure mentioned in the Section S3 was also evaluated through the analysis of total soluble polyphenols (TSP) and total monomeric anthocyanins (TMA) in three sequential extractions. Briefly, the third extraction accounted for 2.9% and 3.1% of the first two extractions, for TSP and TMA, respectively. Thus, two sequential extraction were considered effective for the recovery of polyphenols.

### **Section S8: LC-MS/MS analysis of individual phenolic compounds**

Selected individual phenolic acids, chalcones, flavanols, flavonols and anthocyanins were analysed by LC hyphenated with electrospray ionization (ESI) triple quadrupole tandem mass spectrometry (MS/MS). The LC apparatus consisted of a low-pressure gradient quaternary pump Nexera X2 LC-30AD, a CTO/20AC thermostatted column compartment, a SIL-30AC autosampler, a DGU-20A 5R degassing unit and a CBM-20A module controller. The LC system was coupled with a 5500 QTrap™ mass spectrometer (Sciex, Ontario, Canada) by a Turbo VTM interface equipped with an ESI probe. Chromatograms were elaborated by the Sciex Analyst software (release 1.6.2). The chromatographic separation was performed on a Phenomenex Kinetex XB-C18 column (150×2.1 mm i.d., particle size 2.6 µm) equipped with a guard column containing the same stationary phase. Chromatographic analysis of phenolic acids, chalcones, flavanols and flavonols was performed at 50°C, by eluting with water/formic acid 99.9/0.1 (v/v) (eluent A) and methanol/formic acid 99.9/0.1 (v/v) (eluent B), according to the following gradient: 0-3 min isocratic 2% B, 3-4 min linear gradient 2-15% B, 4-27 min linear gradient 15-60% B, 27-29 min linear gradient 60-95% B, 29-33 min isocratic 95% B. Chromatographic analysis of anthocyanins was performed at 50°C with water/formic acid 95/5 (v/v) (eluent A) and methanol/formic acid 95/5 (v/v) (eluent B), according to the following gradient: 0.1-10 min linear gradient 7-17% B, 10-20 min linear gradient 17-22% B, 20-22 min liner gradient up to 95% B 22-27 min isocratic 95% B. The flow rate was 0.3 mL/min and the injection volume was 5 µL for both chromatographic analyses. Target compound MS/MS analysis was carried out using the Multiple Reaction Monitoring mode (MRM) by ESI both in negative (for phenolic acids, chalcones, flavanols, and flavonols) and positive (for anthocyanins) ionization. Source dependent parameters were optimized in flow injection analysis at optimal LC flow and mobile phase composition. For electrospray negative ionization, ESI (-), optimal source dependent parameters were as follows: curtain gas 30, CAD gas medium, temperature 600°C, gas 1 50, gas 2

65, interface heater on and ion spray voltage -4500 V. For electrospray positive ionization, ESI (+), optimal source dependent parameters were as follows: curtain gas 30, CAD gas medium, temperature 600°C, gas 1 40, gas 2 65, interface heater on and ion spray voltage 5500 V. For each investigated compound, the most intense transition was used for quantification and the second most intense for confirming identification (Decision 2002/657/CE). Compound dependent parameters were optimized by direct infusion of properly diluted target analyte standard solutions (**Table S3**). The apparent recoveries of myricetin and petunidin-3-*O*-arabinoside (i.e. the spiked standards) were evaluated to assess the goodness of the entire procedure of the analysis of individual phenolic compounds, and were found to be 89±2% and 79±3%, respectively.

**Table S3** – Optimized MS parameters for the investigated polyphenols. Numbers 1 and 2/3 refer to quantifier and qualifier transitions, respectively. (Q1) Precursor ion (m/z); (Q3) product ion (m/z); (DP) declustering potential (V); (EP) entrance potential (V); (CE) collision energy (V); (CXP) collision exit potential (V).

Compound	Q1	Q3	DP	EP	CE	CXP
ESI (-)						
Chlorogenic acid 1	353	191	-170	-13	-25	-20
Chlorogenic acid 2	353	85	-170	-13	-60	-10
Caffeic acid 1	179	135	-65	-10	-25	-12
Caffeic acid 2	179	134	-65	-10	-35	-10
Ferulic acid 1	193	134	-50	-10	-20	-12
Ferulic acid 2	193	149	-50	-10	-15	-14
Quercetin 1	301	151	-20	-7	-30	-14
Quercetin 2	301	179	-20	-7	-27	-17
Quercetin 3	301	121	-20	-7	-37	-15
Quercetin-3- <i>O</i> -glucoside 1	463	300	-120	-8	-37	-15
Quercetin-3- <i>O</i> -glucoside 2	463	271	-120	-8	-57	-15
Quercetin-3- <i>O</i> -rutinoside 1	609	300	-20	-5	-52	-15
Quercetin-3- <i>O</i> -rutinoside 2	609	271	-20	-5	-75	-15
Kaempferol-3- <i>O</i> -glucoside 1	447	284	-35	-8	-37	-12
Kaempferol-3- <i>O</i> -glucoside 2	447	255	-35	-8	-53	-15
Procyanidin A2 1	575	285	-130	-8	-40	-25
Procyanidin A2 2	575	289	-130	-8	-35	-20
Procyanidin B1 1	577	289	-140	-7	-35	-30
Procyanidin B1 2	577	407	-140	-7	-35	-20
Procyanidin B2 1	577	289	-80	-7	-35	-30
Procyanidin B2 2	577	407	-80	-7	-35	-25
Phloretin-2'- <i>O</i> -glucoside 1	435	273	-15	-7	-25	-20
Phloretin-2'- <i>O</i> -glucoside 2	435	167	-15	-7	-40	-15

1							
2							
3	(+) Catechin 1	289	245	-15	-9	-20	-20
4	(+) Catechin 2	289	109	-15	-9	-35	-10
5							
6	Phloretin 1	273	167	-15	-9	-24	-15
7	Phloretin 2	273	123	-15	-9	-35	-10
8							
9	(-) Epicatechin 1	289	245	-15	-9	-20	-20
10	(-) Epicatechin 2	289	109	-15	-9	-35	-10
11							
12	Ellagic acid 1	301	145	-180	-10	-50	-15
13	Ellagic acid 2	301	229	-180	-10	-35	-20
14							
15	Kaempferol-3- <i>O</i> -rutinoside 1	593	285	-90	-6	-45	-25
16	Kaempferol-3- <i>O</i> -rutinoside 2	593	255	-90	-6	-70	-20
17							
18	Quercetin-3- <i>O</i> -galactoside 1	463	300	-120	-8	-37	-15
19	Quercetin-3- <i>O</i> -galactoside 2	463	271	-120	-8	-58	-15
20							
21	Quercetin-3- <i>O</i> -rhamnoside 1	447	300	-120	-8	-35	-15
22	Quercetin-3- <i>O</i> -rhamnoside 2	447	271	-120	-8	-60	-15
23							
24	Myricetin 1	317	151	-120	-8	-32	-15
25	Myricetin 2	317	179	-120	-8	-30	-15
26							
27	ESI (+)						
28	Cyanidin-3- <i>O</i> -glucoside 1	449	287	120	10	40	20
29	Cyanidin-3- <i>O</i> -glucoside 2	449	137	120	10	75	12
30							
31	Peonidin-3- <i>O</i> -glucoside 1	463	301	100	10	35	20
32	Peonidin-3- <i>O</i> -glucoside 2	463	286	100	10	55	25
33							
34	Pelargonidin-3- <i>O</i> -glucoside 1	433	271	100	10	35	20
35	Pelargonidin-3- <i>O</i> -glucoside 2	433	121	100	10	80	15
36							
37	Pelargonidin-3- <i>O</i> -rutinoside 1	579	271	100	10	35	20
38	Pelargonidin-3- <i>O</i> -rutinoside 2	579	121	100	10	80	15
39							
40	Petunidin-3- <i>O</i> -arabinoside 1	449	317	100	10	35	25
41	Petunidin-3- <i>O</i> -arabinoside 2	449	302	100	10	60	25
42							
43	Cyanidin-3- <i>O</i> -galactoside 1	449	287	100	10	40	25
44	Cyanidin-3- <i>O</i> -galactoside 2	449	137	100	10	75	15
45							
46	Cyanidin 1	287	137	150	10	43	15
47	Cyanidin 2	287	213	150	10	43	25

Instrumental figures of merit (instrumental detection limits, linearity ranges and intra-day precision expressed as relative standard deviation percentages) are illustrated in **Table S4**.

Matrix effect (ME) was investigated by spiking the extracts with three different concentrations of target analytes (i.e. 100, 250 and 500 µg/L) and analysing them by LC-MS/MS, together with the non-spiked ones. For each compound, chromatographic areas found in spiked extracts were subtracted from that of the non-spiked one and the resulting differences were plotted as a function of spiked concentrations.

**Table S4** – Figures of merit of the LC-MS/MS analytical method adopted in this study; instrumental detection limits (IDLs), linearity ranges and intra-day precision (expressed as relative standard deviation percentages, RSD%).

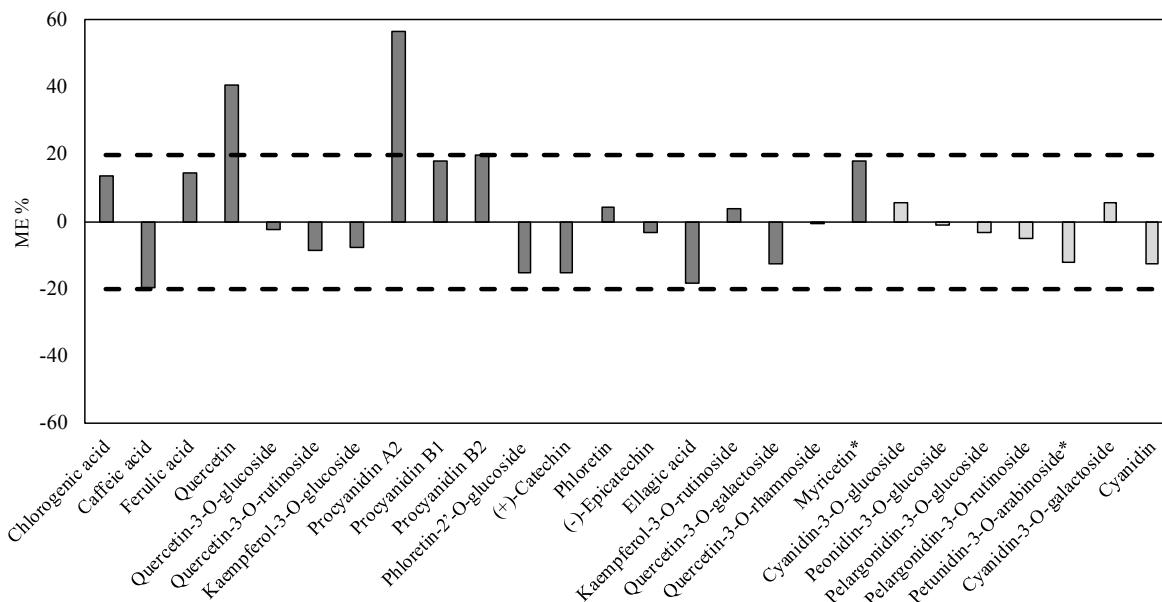
	IDL (µg/L)	Linearity Range (µg/L) <sup>a</sup>	RSD% <sub>intra</sub> <sup>b</sup>
Chlorogenic acid	3.9	9.1 - 2000	0.5
Caffeic acid	3.8	8.9 - 2000	0.7
Ferulic acid	90	212 - 2000	4.0
Quercetin	0.4	1.0 - 2000	3.6
Quercetin-3- <i>O</i> -glucoside	2.2	5.2 - 2000	3.9
Quercetin-3- <i>O</i> -rutinoside	2.0	4.7 - 2000	5.0
Kaempferol-3- <i>O</i> -glucoside	8.2	19.3 - 2000	5.0
Procyanidin A2	12.1	28.3 - 2000	5.0
Procyanidin B1	4.2	9.9 - 2000	3.2
Procyanidin B2	5.4	12.6 - 2000	2.4
Phloretin-2'- <i>O</i> -glucoside	4.0	9.5 - 2000	5.3
(+)-Catechin	10.6	24.9 - 2000	2.4
Phloretin	5.0	11.7 - 2000	1.6
(-)-Epicatechin	4.4	10.2 - 2000	3.6
Ellagic acid	7.3	17.2 - 2000	3.9
Kaempferol-3- <i>O</i> -rutinoside	2.5	5.9 - 2000	2.1
Quercetin-3- <i>O</i> -galactoside	1.9	4.5 - 2000	6.2
Quercetin-3- <i>O</i> -rhamnoside	2.0	4.8 - 2000	2.1
Myricetin	16.5	50-2000	4.8
Cyanidin-3- <i>O</i> -glucoside	1.1	2.7 - 2000	1.2
Peonidin-3- <i>O</i> -glucoside	1.2	2.9 - 2000	0.5
Pelargonidin-3- <i>O</i> -glucoside	9.2	21.5 - 2000	1.1
Pelargonidin-3- <i>O</i> -rutinoside	4.3	11.5-2000	1.5
Petunidin-3- <i>O</i> -arabinoside	9.9	30-2000	1.6
Cyanidin-3- <i>O</i> -galactoside	1.1	2.7 - 2000	1.2
Cyanidin	127	298 - 2000	2.7

<sup>a</sup> the bottom limit of the linearity range represents the Instrumental Quantitation Limit.

<sup>b</sup> Evaluated for all compounds at 500 µg/L in LC-MS water.

The best line fitting the experimental points (with intercept equal to zero) was calculated by the least square method and its slope ( $s_{\text{matrix}}$ ) was compared with the one of the corresponding calibration line in water ( $s_{\text{solvent}}$ ). ME values were finally calculated according to the equation reported below and results are shown in **Figure S1**.

$$\text{ME}(\%) = \left( \frac{s_{\text{matrix}}}{s_{\text{solvent}}} \cdot 100 \right) - 100$$



**Figure S1** – Matrix effect percentages (ME%) for target compounds detected in Camarosa strawberry under negative (dark grey) and positive (light grey) ionisation. Compounds labelled with the asterisk were used for recovery evaluation.

### Section S9: PCA scores values and loadings

**Table S5** illustrates the complete set of information regarding the principal component analysis (PCA) of the 19 phenolic compounds quantified in at least one sample of Camarosa strawberry grown under irrigation with TWWs and TW as control. PCA was conducted on autoscaled variables (i.e. using the correlation matrix).

**Table S5** – Principal component analysis of the 19 phenolic compounds quantified in at least one sample of Camarosa strawberries irrigated with treated wastewater and tap water as control. EV = explained variance. Within each variable, the highest loading value is in bold.

Principal component	Eigenvalue	EV%	Cumulative EV%	
PC1	7.35	38.7	38.7	
PC2	3.89	20.4	59.1	
PC3	2.91	15.3	74.4	
PC4	1.89	10.0	84.4	
Variables	PC 1	PC 2	PC 3	PC 4



Chlorogenic acid	0.247831	<b>0.300469</b>	-0.145369	-0.234764
Ferulic acid	0.218701	-0.104503	<b>-0.373721</b>	-0.226915
Ellagic acid	-0.141645	0.229087	<b>0.327875</b>	-0.246089
Quercetin-3-O-galactoside	<b>0.287704</b>	0.262417	-0.128095	-0.149198
Quercetin-3-O-glucoside	<b>-0.339669</b>	0.101774	-0.006208	-0.077029
Quercetin-3-O-rutinoside	<b>-0.270549</b>	-0.136359	0.024239	-0.216341
Kaempferol-3-O-glucoside	-0.158699	0.069969	0.291055	<b>-0.466569</b>
Kaempferol-3-O-rutinoside	0.074514	<b>-0.418935</b>	0.067444	-0.305432
Procyanidin B1	<b>-0.298384</b>	0.050680	-0.251575	-0.119021
Procyanidin B2	-0.185470	0.205165	<b>-0.328003</b>	0.184433
Phloretin-2'-O-glucoside	0.014936	<b>-0.434693</b>	-0.101827	-0.144450
(+)-Catechin	-0.067101	-0.096939	<b>-0.469888</b>	-0.003978
(-)-Epicatechin	-0.008203	-0.270552	0.038007	<b>-0.341766</b>
Peonidin-3-O-glucoside	<b>0.334571</b>	0.144243	-0.033805	-0.166790
Cyanidin	-0.201600	-0.166367	<b>-0.390404</b>	-0.000688
Cyanidin-3-O-galactoside	<b>0.276289</b>	0.262463	-0.141486	-0.220504
Cyanidin-3-O-glucoside	0.185512	-0.133590	0.205388	<b>0.417646</b>
Pelargonidin-3-O-glucoside	0.274433	<b>-0.303562</b>	0.076025	0.096051
Pelargonidin-3-O-rutinoside	<b>0.318958</b>	-0.156585	-0.019435	-0.030019

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