

BRAIN COMMUNICATIONS

Perfusion gradients promote delayed perihæmatomal oedema in intracerebral haemorrhage

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Perihæmatomal oedema is a potential therapeutic target to improve outcome of patients with intracerebral haemorrhage, but its pathophysiology remains poorly elucidated. We investigated the longitudinal changes of cerebral perfusion and their influence on perihæmatomal oedema development in 150 patients with intracerebral haemorrhage who underwent computed tomography perfusion within 6 h from onset, at 24 h and at 7 days. Perfusion parameters were measured in hæmatogenic core, perihæmatomal rim, surrounding normal appearing and contralateral brain tissue. Computed tomography perfusion parameters gradually improved from the core to the periphery in each time interval with an early increase at 24 h followed by a delayed decline at 7 days compared with admission values ($P < 0.001$). Multivariable linear regression analysis showed that hæmatoma volume and cerebral blood flow gradient between normal appearing and perihæmatomal rim were independently associated with absolute perihæmatomal oedema volume in the different time points (within 6 h, $B = 0.128$, $P = 0.032$; at 24 h, $B = 0.133$, $P = 0.016$; at 7 days, $B = 0.218$, $P < 0.001$). In a secondary analysis with relative perihæmatomal oedema as the outcome of interest, cerebral blood flow gradient between normal appearing and perihæmatomal rim was an independent predictor of perihæmatomal oedema only at 7 days ($B = 0.239$, $P = 0.002$). Our findings raise the intriguing hypothesis that perfusion gradients promote perihæmatomal oedema development in the subacute phase after intracerebral haemorrhage.

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Arcispedale S. Anna, Ferrara, Italy, and clinical information was recorded during routine clinical activity. Written informed consent was obtained from each patient or from his/her legal representatives in the setting of a prospective study investigating longitudinal CTP parameters in patients with acute ICH.⁸

Patient characteristics and assessment

This was a retrospective analysis conducted on a prospectively collected cohort of spontaneous ICH patients admitted at a single academic hospital from January 2010 to November 2015 meeting the following inclusion criteria: (i) supratentorial ICH on admission non-contrast CT (NCCT) scans performed within 6 h from symptom onset or time last seen well; (ii) availability of baseline and follow-up NCCT and CTP studies completed at the three established time points (admission, 24 h and 7 days); and (iii) age > 18 years. Exclusion criteria were as follows: (i) infratentorial ICH; (ii) ICH secondary to tumour, trauma, coagulopathy, aneurysms, vascular malformations or haemorrhagic transformation of brain infarction; (iii) ICH surgical evacuation performed before follow-up NCCT; (iv) anticoagulant treatment with vitamin K antagonists and international normalized ratio > 1.5 or treatment with direct oral anticoagulants or other known coagulopathy; (v) pregnancy; (vi) absolute contraindication to the administration of iodinated contrast material; (vii) poor quality of CT acquisition due to motion artefacts; and (viii) inability to complete baseline and follow-up NCCT and CTP protocol. None of the included patients was mechanically ventilated or sedated, and none received an intracranial pressure monitoring. Age, sex, hypertension, antiplatelet treatment, admission blood pressure (BP) and time from onset to baseline NCCT were collected. Disease severity on admission was measured with the National Institutes of Health Stroke Scale (NIHSS). Functional outcome was assessed using the modified Rankin Scale (mRS) at 3 months and mRS ≤ 2 was considered good functional outcome. All patients received BP treatment in the acute phase according to the American Heart Association/American Stroke Association guidelines.¹³

Imaging acquisition, processing and analysis

All imaging was conducted on 64-slice scanners (GE Healthcare, Waukesha, WI, USA). NCCT and CTP studies was performed at admission, (T_0), within 24 h (T_1) and at 7 days (T_7) and co-registered. In all patients, NCCT scan was immediately followed by CTP examination. Haematoma location was evaluated on baseline NCCT and classified as deep (bleeding involving the thalamus, basal ganglia, internal capsule or deep periventricular white matter) and lobar (bleeding affecting the cortex and the

cortical–subcortical junction of one or more lobes). Presence of intraventricular haemorrhage (IVH) on baseline NCCT was also recorded. Haematoma and absolute perihematoma oedema (aPHO) volumes were calculated on NCCT with a semi-automated computer-assisted planimetric measurement with ITK-SNAP 3.8.0 software. Relative perihematoma oedema (rPHO) volume was defined as aPHO volume divided by haematoma volume as previously described.¹⁴ CTP studies were performed with a dynamic first-pass bolus-tracking methodology according to a one-phase imaging protocol. CBF, CBV and mean transit time (MTT) maps were generated using a commercially available delay-sensitive deconvolution software (CT Perfusion 3, GE Healthcare, Waukesha, WI, USA). CBF, CBV and MTT values were expressed in mL/100 g/min, mL/100 g and seconds, respectively. Average CTP maps were created by averaging the cine (dynamic) CTP source images over the duration of the first pass of contrast. These average CTP images were used to exclude cerebrospinal fluid and skull from analysis using Hounsfield unit thresholds. Large blood vessels were automatically excluded from calculation by the software. As shown in Fig. 1, CBF, CBV and MTT levels were measured in four different regions of interest (ROIs) > 1 cm² and drawn freehand by two neuroradiologists with > 10-year experience (ES and EF) on averaged CTP images in every section with evidence of bleeding: (i) haemorrhagic core (HC); (ii) perihematoma rim (PR): the low density area located around the clot reflecting oedema development; (iii) normal appearing (NA): 1-cm rim of NA brain tissue on NCCT, surrounding the perilesional rim; (iv) contralateral (CO): an area mirroring the region including the clot and the perihematoma rim located in the CO hemisphere. A good inter-rater reliability interclass correlation (ICC) > 0.80 for ROI determination was observed in a subset of 15 patients. In the same subset, intra and inter-rater reliability was tested between two imaging raters (G.B., neuroradiologist with < 10-year experience and EF, neuroradiologist with > 10-year experience in ICH imaging) for determination of ICH volume, PHO volume and CTP parameters, with evidence of good agreement (ICC > 0.80 for all imaging parameters). Absolute differences in perfusion parameters (Δ CBF, Δ CBV and Δ MTT) from NA to PR (NA-PR) and from PR to HC (PR-HC), representing the perfusion gradients between NA and PR and between PR and HC, were also calculated in all the three time points of the study. All the images were analysed by a neuroradiologist with > 10-year experience in CTP acquisition and interpretation. The imaging raters were blinded and in particular to CTP images timing.

Statistical analysis

Data distribution was checked with Kolmogorov–Smirnov test for normality. Continuous variables were expressed as median [interquartile range (IQR)] and compared with Friedman test. Categorical variables were expressed as count

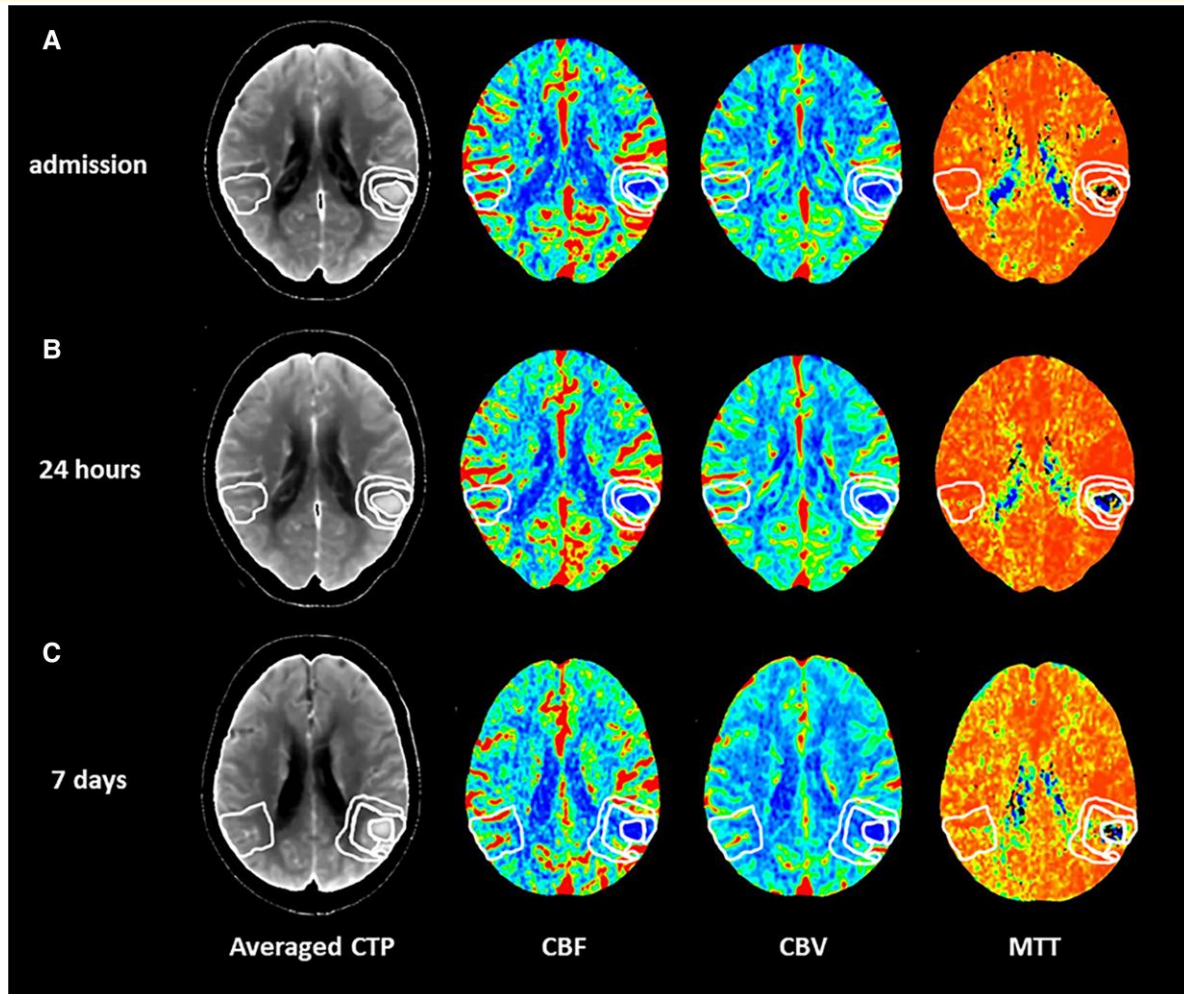


Figure 1 Perfusion mapping of acute spontaneous intracerebral haemorrhage. Computed tomography perfusion in a patient with acute spontaneous intracerebral haemorrhage located in the left temporal and parietal lobes performed at admission (A), at 24 h (B) and at 7 days (C) on averaged computed tomography perfusion images (averaged CTP). CBF, cerebral blood flow; CBV, cerebral blood volume; MTT, mean transit time.

(percentage). Spearman test was used to explore correlations between continuous variables. aPHO was the main outcome of interest of the analysis. Independent predictors of aPHO were explored through linear regression with backward elimination at $P < 0.1$. aPHO was log-transformed in linear regression models, including the following variables: age, sex, SBP, ICH volume and location, presence of IVH and CTP parameters (absolute values and absolute changes). To avoid multicollinearity, different CTP parameters were not included together in the same linear regression models, and the main analyses were focused on CBF. In a secondary analysis, linear regression models were performed with rPHO as the outcome of interest. Finally, all regression models were repeated adjusting for multiple testing with the false discovery rate method, as previously described by Benjamini and Hochberg.¹⁵ All the analyses were performed with the statistical software SPSS 21.0 (www.spss.com), and statistical significance was set at P values < 0.05 .

Results

A total of 223 patients with primary spontaneous ICH were identified, and 73 subjects were excluded based on predefined exclusion criteria (41 had secondary ICH or coagulopathy, 25 had contraindications or inability to complete the entire imaging protocol, and 7 underwent surgical haematoma evacuation). Excluded patients had larger ICH volume, lower GCS and higher mortality at 90 days. Overall, 150 patients met study eligibility criteria. Table 1 summarizes the characteristics of the study population. Table 2 shows the longitudinal evolution of ICH volume, PHO and perfusion parameters over time in the first week after ICH onset. Compared with baseline values, ICH volume increased at 24 h and then decreased, but with size greater than admission, at 7 days post-bleeding ($P < 0.001$), aPHO and rPHO volumes gradually increased at 24 h and 7 days after ICH ($P < 0.001$), whereas CBF and

CBV increased at 24 h and declined at 7 days and MTT decreased at 24 h and was more prolonged at 7 days after bleeding in HC, PR, NA and CO ($P < 0.001$). Table 3 reports the comparison between perfusion values across different

ROIs. CBF, CBV and MTT were concentrically distributed and gradually improved from the core to the periphery in each time interval examined in which NA and CO had similar values. The longitudinal changes in CTP parameters across the four brain ROIs are represented in Fig. 2. Correlations of aPHO volume with ICH volume and CBF within and around the haematoma over time are illustrated in Table 4. ICH volume had the strongest positive correlation with aPHO volume in all the three time points evaluated ($P < 0.001$). A significant inverse correlation with aPHO volume was also found for CBF in PR ($P < 0.001$) and, to a lesser extent, in HC (T_0 , $P = 0.004$; T_1 , $P = 0.002$; and T_7 , $P = 0.010$), whereas this association was not statistically significant for CBF in NA. A significant inverse association with aPHO volume was observed for Δ CBF PR-HC in T_0 ($P < 0.002$), T_1 ($P < 0.001$) and T_7 ($P < 0.003$), while Δ CBF NA-PR was positively correlated with aPHO in T_0 ($P < 0.003$), in T_7 ($P < 0.002$), but not in T_1 . Weaker and similar relationships with aPHO volume were obtained after the analysis of CBV and MTT timing in HC, PR and NA (Supplementary Tables 1 and 2). As summarized in Table 5, multivariable linear regression analysis showed that only ICH volume and CBF gradients between

Table 1 Cohort characteristics

	All <i>n</i> = 150
Age, median (IQR), y	68 (61–74)
Sex, male, <i>n</i> (%)	71 (47.3)
History of hypertension, <i>n</i> (%)	92 (61.3)
Antiplatelet treatment, <i>n</i> (%)	42 (28.0)
SBP, median (IQR), mmHg	150 (130–170)
DBP, median (IQR), mmHg	80 (80–91)
NIHSS, median (IQR)	14 (10–19)
Time from onset to NCCT, median (IQR)h	3.1 (2.4–3.8)
Baseline ICH volume, mL	12 (6–19)
ICH location, deep, <i>n</i> (%)	91 (60.7)
Presence of IVH, <i>n</i> (%)	37 (24.7)
mRS 3–6 at 3 months, <i>n</i> (%)	52 (34.7)

DBP, diastolic blood pressure; ICH, intracerebral haemorrhage; IQR, interquartile range; IVH, intraventricular haemorrhage; mRS, modified Rankin Scale; NCCT, non-contrast computed tomography; NIHSS, National Institute of Health Stroke Scale; SBP, systolic blood pressure.

Table 2 Temporal evolution of ICH, PHO volumes and perfusion parameters

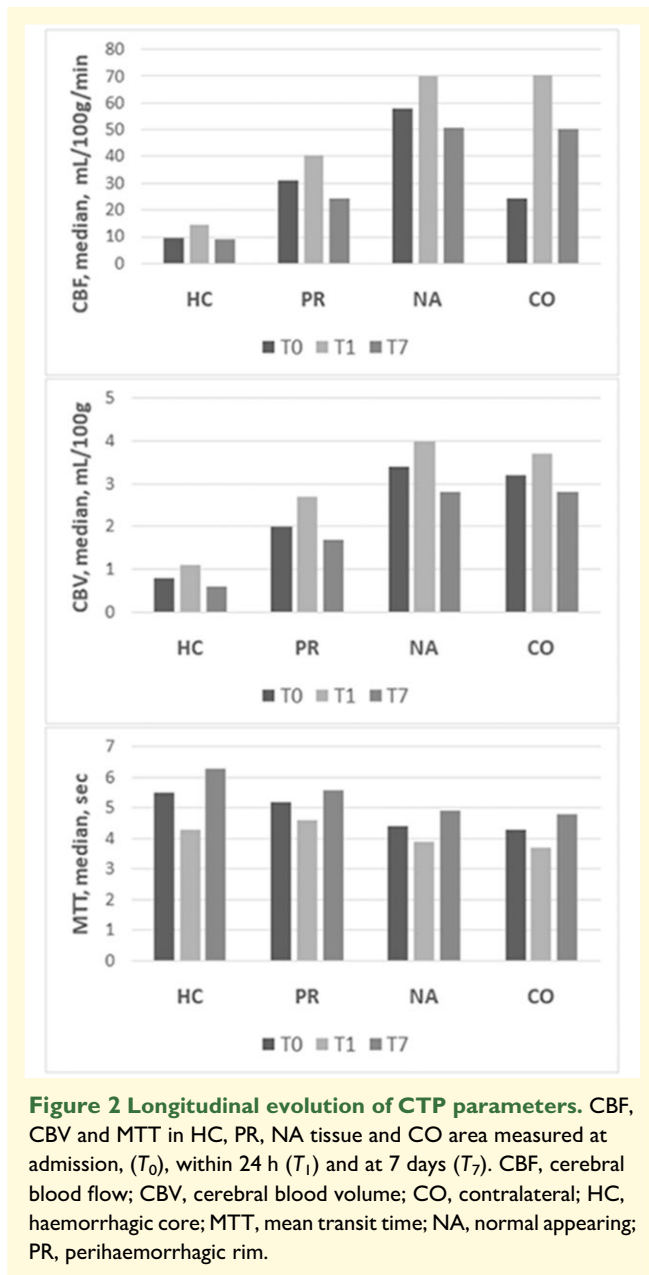
	T_0	T_1	T_7	<i>P</i> (Friedman)
ICH volume, median (IQR), mL	12.4 (5.6–18.5)	15.6 (6.8–25.3)	13.6 (5.6–22.6)	<0.001
aPHO volume, median (IQR), mL	20.5 (10.9–32.4)	23.3 (15.7–46.0)	28.1 (16.2–52.5)	<0.001
rPHO volume, median (IQR), mL	1.8 (1.2–2.7)	1.7 (1.2–2.7)	2.1 (1.5–3.1)	<0.001
HC CBF, median (IQR), mL/100 g/min	9.3 (6.0–13.5)	14.3 (9.4–20.5)	9.1 (5.3–11.5)	<0.001
PR CBF, median (IQR), mL/100 g/min	30.9 (21–47.6)	40.4 (30.1–58–2)	24.2 (17.3–40.3)	<0.001
NA CBF, median (IQR), mL/100 g/min	58.1 (43.4–77.3)	70.0 (47.2–94.4)	50.6 (37.3–69.3)	<0.001
CO CBF, median (IQR), mL/100 g/min	59.4 (41.9–76.8)	70.6 (46.8–95.0)	50.4 (36.2–68.1)	<0.001
HC CBV, median (IQR), mL/100g	0.8 (0.5–1.1)	1.1 (0.7–1.6)	0.6 (0.4–0.8)	<0.001
PR CBV, median (IQR), mL/100g	2.0 (1.4–3.0)	2.7 (2.0–3.4)	1.7 (1.0–2.6)	<0.001
NA CBV, median (IQR), mL/100g	3.4 (2.6–4.2)	4.0 (3.0–5.6)	2.8 (2.1–4.3)	<0.001
CO CBV, median (IQR), mL/100g	3.2 (2.6–4.4)	3.7 (3.2–5.2)	2.8 (2.1–4.3)	<0.001
HC MTT, median (IQR), seconds	5.5 (4.1–6.8)	4.3 (3.3–5.6)	6.3 (4.5–7.5)	<0.001
PR MTT, median (IQR), seconds	5.2 (4.5–6.6)	4.6 (3.7–5.7)	5.6 (4.9–7.0)	<0.001
NA MTT, median (IQR), seconds	4.4 (3.6–5.2)	3.9 (3.0–4.6)	4.9 (4.1–5.7)	<0.001
CO MTT, median (IQR), seconds	4.3 (3.4–4.9)	3.7 (2.8–4.4)	4.8 (3.8–5.4)	<0.001

aPHO, absolute PHO; CBF, cerebral blood flow; CBV, cerebral blood volume; CO, contralateral hemisphere; HC, haemorrhagic core; MTT, mean transit time; NA, normal appearing brain tissue; PR, perihematomal rim; rPHO, relative PHO; T_0 , admission; T_1 , 24 h after bleeding; T_7 , 7 days after bleeding.

Table 3 Topographic distribution of perfusion parameters in the different time points

	HC	PR	NA	CO	<i>P</i> (Friedman)
CBF T_0 , median (IQR), mL/100 g/min	9.3 (6.0–13.5)	30.9 (21–47.6)	58.1 (43.5–76.8)	59.4 (41.9–76.8)	<0.001
CBF T_1 , median (IQR), mL/100 g/min	14.3 (9.4–20.5)	40.4 (30.1–58–2)	70.0 (47.2–94.4)	70.6 (46.8–95.0)	<0.001
CBF T_7 , median (IQR), mL/100 g/min	9.1 (5.3–11.5)	24.2 (17.3–40.3)	50.6 (37.3–69.3)	50.4 (36.2–68.1)	<0.001
CBV T_0 , median (IQR), mL/100g	0.8 (0.5–1.1)	2.0 (1.4–3.0)	3.4 (2.6–4.2)	3.2 (2.6–4.4)	<0.001
CBV T_1 , median (IQR), mL/100g	1.1 (0.7–1.6)	2.7 (2.0–3.4)	4.0 (3.0–5.6)	3.7 (3.2–5.2)	<0.001
CBV T_7 , median (IQR), mL/100g	0.6 (0.4–0.8)	1.7 (1.0–2.6)	2.8 (2.1–4.3)	2.8 (2.1–4.3)	<0.001
MTT T_0 , median (IQR), seconds	5.5 (4.1–6.8)	5.2 (4.5–6.6)	4.4 (3.6–5.2)	4.3 (3.4–4.9)	<0.001
MTT T_1 , median (IQR), seconds	4.3 (3.3–5.6)	4.6 (3.7–5.7)	3.9 (3.0–4.6)	3.7 (2.8–4.4)	<0.001
MTT T_7 , median (IQR), seconds	6.3 (4.5–7.5)	5.6 (4.9–7.0)	4.9 (4.1–5.7)	4.8 (3.8–5.4)	<0.001

CBF, cerebral blood flow; CBV, cerebral blood volume; CO, contralateral hemisphere; HC, haemorrhagic core; MTT, mean transit time; NA, normal appearing brain tissue; PR, perihematomal rim; T_0 , admission; T_1 , 24 h after bleeding; T_7 , 7 days after bleeding.



NA and PR were independently associated with aPHO volume in all the three time points assessed. In particular, the association between Δ CBF NA-PR and aPHO volume was stronger at 7 days (T_0 , $B = 0.128$, $P = 0.032$; T_1 , $B = 0.133$, $P = 0.016$; and T_7 , $B = 0.218$, $P < 0.001$). In a secondary analysis with rPHO volume as the main outcome of interest, Δ CBF NA-PR was an independent predictor of rPHO volume only at 7 days (T_0 , $B = 0.099$, $P = 0.221$; T_1 , $B = 0.105$, $P = 0.181$; and T_7 , $B = 0.239$, $P = 0.002$). All our findings remained statistically significant after adjusting for multiple testing.

Discussion

We have described the longitudinal evolution of brain perfusion after acute ICH and the relationship between perfusion gradients and PHO. All perfusion parameters showed a biphasic profile with an early perfusion improvement at 24 h followed by a delayed decline at 7 days compared with admission values measured within 6 h from onset. This pattern was observed not only in the HC and perihaematoma area but also in NA brain tissue and in CO hemisphere, suggesting that the haemodynamic response occurring after an acute ICH is generalized to the whole brain. We also observed that the centrifugal distribution of CTP parameters with a gradual increase from the core to the periphery persisted during the transition from acute to subacute ICH phase, in line with a previous study.⁸ Of note, while in perihaematoma oedematous region the initial hypoperfusion in part recovered at 24 h and then became more pronounced at 7 days, as recently suggested,^{11,12} in the unaffected ipsilateral and CO brain tissue, we observed perfusion values consistent with hyperaemia/hyperperfusion at 24 h and a perfusion normalization at 7 days.⁸ Therefore, our data partially resembled the acute hibernation and the subacute reperfusion phases previously identified at the level of perihaematoma rim.¹⁶ In this setting, we documented that the centrifugal distribution of CTP parameters with a gradual increase from the core to the periphery, already reported in the acute stage of ICH,⁸ persisted during the transition from acute to subacute

Table 4 Correlations between aPHO volume, ICH volume and CBF within and around the haematoma at different time points

	aPHO T_0		aPHO T_1		aPHO T_7	
	Rho	P	Rho	P	Rho	P
ICH volume	0.758	<0.001	0.866	<0.001	0.862	<0.001
HC CBF	-0.233	0.004	-0.254	0.002	-0.209	0.010
PR CBF	-0.294	<0.001	-0.319	<0.001	-0.343	<0.001
NA CBF	0.020	0.809	-0.051	0.536	0.040	0.629
Δ CBF NA-PR	0.244	0.003	0.008	0.217	0.247	0.002
Δ CBF PR-HC	-0.256	0.002	-0.273	0.001	-0.245	0.003

aPHO, absolute perihaematoma oedema; CBF, cerebral blood flow; CO, contralateral hemisphere;

HC, haemorrhagic core; ICH, intracerebral haemorrhage; NA, normal appearing brain tissue; PR, perihaematoma rim; Rho, Spearman Rank Correlation; T_0 , admission; T_1 , 24 h after bleeding; T_7 , 7 days after bleeding; Δ CBF NA-PR, absolute changes in CBF from NA to PR; Δ CBF PR-HC, absolute changes in CBF from PR to HC.

