



Review

Extra-ocular muscle cells from patients with Graves' ophthalmopathy secrete α (CXCL10) and β (CCL2) chemokines under the influence of cytokines that are modulated by PPAR γ



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ABSTRACT

To our knowledge, no study has evaluated the involvement of T helper (Th)1- and Th2-chemokines in extra-ocular muscle (EOM) myopathy in “patients with thyroid-associated ophthalmopathy” (TAO-p).

We tested the effects of interferon (IFN) γ and tumor necrosis factor (TNF) α stimulation, and of increasing concentrations of peroxisome proliferator-activated receptor (PPAR) γ agonists (pioglitazone or rosiglitazone; 0.1 μ M–20 μ M), on Th1-chemokine [C-X-C motif ligand (CXCL)10] and Th2-chemokine [C-C motif ligand (CCL)2] secretion in primary EOM cultures from TAO-p vs. control myoblasts. Moreover, we evaluated serum CXCL10 and CCL2 in active TAO-p with prevalent EOM involvement (EOM-p) vs. those with prevalent orbital fat expansion (OF-p).

Serum CXCL10 was higher in OF-p and EOM-p vs. controls, while serum CCL2 was not significantly different in controls, or in OF-p and EOM-p. We showed the expression of PPAR γ in EOM cells. In primary EOM cultures from TAO-p: a) CXCL10 was undetectable in the supernatant, IFN γ dose-dependently induced it, whereas TNF α did not; b) EOM produced basally low amounts of CCL2, TNF α dose-dependently induced it, whereas IFN γ did not; c) the combination of TNF α and IFN γ had a significant synergistic effect on CXCL10 and CCL2 secretion; and d) PPAR γ agonists have an inhibitory role on the modulation of CXCL10, while they stimulate CCL2 secretion.

EOM participates in the self-perpetuation of inflammation by releasing both Th1 (CXCL10) and Th2 (CCL2) chemokines under the influence of cytokines, in TAO. PPAR γ agonist activation plays an inhibitory role on CXCL10, but stimulates the release of CCL2.

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1. Introduction

During thyroid-associated ophthalmopathy (TAO) orbital tissues become inflamed and are remodeled. TAO occurs with a variable presentation: in some patients, extra ocular muscle (EOM) enlargement predominates, while in others, the connective/adipose tissue enlargement appears the most significant problem, or both EOM and the connective/adipose tissue are involved.

The frequency of EOM involvement and diplopia in patients with Graves' disease (GD) [1] ranges from 5–10% [2] to 49% of the patients [3]. There is also a minority of patients whose endocrine orbitopathy consists almost only of involvement of the EOM [4].

A complex interplay among orbital fibroblasts, myocytes, immune cells, cytokines, autoantibodies, genetics and environmental factors causes the dramatically enlarged EOM and increased orbital fat (OF) in TAO [5]. However, a clear and indisputable identification of a target antigen has not been established. In this scenario, autoantibodies specific for fibroblast surface TSH-receptor (TSH-r) and IGF-1 receptor (IGF-1r) are proposed initiators of orbital inflammation [5]. Interestingly, TSH-r protein is expressed also in EOM [6]. However, increased TSH-r and IGF-1r expression occurs with adipogenesis, providing an alternative, non-causative explanation for their presence in TAO orbits [5,7].

The nature and significance of antibodies targeting EOM and orbital connective tissue (OCT) antigens have also been studied by other studies, suggesting that autoimmunity against the EOM antigen casequestrin and the OCT antigen collagen XIII has an important role in the pathogenesis of TAO [8,9], or that eye-muscle stimulating antibodies were demonstrable in the sera of patients with TAO [10].

EOM participates in the pathogenesis of inflammation producing cytokines, whatever the primary target antigen. In fact, interferon (IFN) γ , tumor necrosis factor (TNF) α , interleukin (IL)-1beta, and IL-6 mRNA were mainly detected in EOM tissue [11], suggesting that T helper (Th)1-like cytokines predominate in EOM tissue in most patients, probably playing a role on the development of eye muscle component of TAO in the acute stage [12].

Recent data have shown that C-X-C α -chemokines (Th1), in particular chemokine (C-X-C motif) ligand (CXCL)9, CXCL10 and CXCL11, play an important role in the initial phases of autoimmune disorders [13–15]. Serum CXCL10 levels are increased in GD, especially in patients with active disease, and the CXCL10 decreases after thyroidectomy [16] or after radioiodine [17] shows that it is more likely to have been produced inside the thyroid gland. Furthermore, patients with newly diagnosed autoimmune thyroiditis show increased serum CXCL10, in particular in the presence of a more aggressive thyroiditis and hypothyroidism [13,14,18].

The secretion of CXCL10, CXCL9 and CXCL11 in primary cultures of TAO fibroblasts and preadipocytes can be stimulated by IFN γ , and TNF α [19], suggesting that these cells participate in the self-perpetuation of inflammation by releasing chemokines (under the influence of cytokines) and inducing the recruitment of activated T cells in the thyroid. The IFN γ -stimulated C-X-C chemokine secretion was significantly inhibited treating orbital cells with peroxisome proliferator-

activated receptor (PPAR) γ activators, at near-therapeutical doses, strongly suggesting that PPAR γ might be involved in the regulation of IFN γ -induced chemokine expression in TAO [19].

Until now, no study has evaluated the chemokine expression in EOM in TAO. We aimed to: 1) compare serum CXCL10 and chemokine [C-C motif ligand (CCL)2] levels in patients with active TAO (TAO-p) with prevalent EOM involvement (EOM-p) in comparison with those with prevalent OF expansion (OF-p); 2) test the effect of IFN γ and/or TNF α stimulation on the secretion of the prototype Th1 (CXCL10), and Th2 (CCL2) chemokines in primary cultures of orbital EOM myoblasts; and 3) assess the effect of PPAR γ activation on CXCL10 and CCL2 secretion in EOM myoblasts.

2. Materials and methods

2.1. In vivo studies

2.1.1. Patients

We selected 26 consecutive Caucasian patients with GD and with active TAO and 26 age- and sex-matched controls from our outpatient clinic (Table 1). The selection criteria included the presence of exophthalmos, and: 1) expansion of OF, without evident EOM at orbital computed tomography (CT); 2) EOM muscle enlargement without OF expansion at CT; and 3) all mixed forms (presence of both, OF expansion and EOM enlargement, were excluded). The diagnosis of GD was established from the clinical presentation [20].

All TAO-p were clinically euthyroid on antithyroid drugs (16 patients), levo-thyroxine (6 patients) or spontaneously (4 patients), at the time of evaluation and eye disease activity was assessed by the

Table 1

Characteristics of patients with active Graves' ophthalmopathy: patients with prevalent orbital fat expansion (OF), or with prevalent extra-ocular muscle (EOM) involvement.

	OF	EOM	P
n	16	10	
Sex (M/F)	4/12	3/7	ns
Age (years)	40 \pm 10	36 \pm 12	ns
Smoking (no/yes)	7/9	5/5	ns
Duration GO (months)	7 (1–32)	5 (1–29)	0.001
Duration thyroid disease (months)	8 (2–39)	8 (1–44)	0.001
TSH (mIU/L)	1.1 \pm 2.4	1.4 \pm 1.3	ns
Free T ₃ (FT ₃) pg/mL (pmol/L)	3.7 \pm 2.3 (5.7 \pm 3.5)	3.9 \pm 2.2 (6 \pm 3.4)	ns
Free T ₄ (FT ₄) ng/dL (pmol/L)	1.4 \pm 0.9 (18 \pm 11.6)	1.2 \pm 1.5 (15.4 \pm 19.3)	ns
Anti-thyroid peroxidase antibodies (AbTPO) (kIU/L)	342 \pm 276	297 \pm 314	ns
Anti-thyroglobulin antibodies (AbTg) (kIU/L)	325 \pm 529	187 \pm 372	ns
Anti-thyrotropin receptor autoantibodies (TRAb) (kIU/L)	21 \pm 42	32 \pm 39	ns
Past immunosuppression (no/yes)	13/3	9/1	ns
Clinical Activity Score	5.3 \pm 1.9	6.7 \pm 1.6	ns
Total Eye Score	23.0 \pm 7.2	25.4 \pm 8.7	ns

Clinical Activity Score [20]. A score of 5 (maximal score = 10), including a worsening over the previous 2 months, was considered indicative of active TAO. Inactive eye disease was defined as no changes in eye status over the previous 6 months. Considering these 26 patients, 21 had never received immunosuppressive therapy, 3 had been previously treated with corticosteroids, 1 with orbital irradiation, and 1 with both; a median of 11 months (range 6–42) had elapsed from the end of treatment. Total Eye Score was calculated as the sum of the products of each NOSPECS class by its grade (to this purpose, we substituted 1, 2 and 3, respectively, for grades a, b and c) [20]. We recorded the duration of both the eye and the thyroid disease since their first signs and symptoms.

2.1.2. Controls

We enrolled a control group of 26 sex- and age (± 5 years)-matched subjects extracted from a random sample of the general population from the same geographic area of the patients, in whom the presence of thyroid disorders was excluded by a complete thyroid work-up [18].

A blood sample was collected in the morning after an overnight fasting, and serum was kept frozen until the measurement of thyroid hormones, thyroid autoantibodies, CXCL10 and CCL2, in both patients and controls. All study subjects gave their informed consent to participate in the study, which was approved by the local ethical committee.

2.2. In vitro studies

We investigated the effects of IFN γ , TNF α and PPAR γ agonists on the release of CXCL10 and CCL2 in primary cultures of human myoblasts.

2.2.1. Human myoblasts cultures

EOM samples were obtained from 5 patients operated on for EOM repair or decompression (all previously treated with antithyroid medication and systemic corticosteroids, euthyroid at the time of surgery; none treated with orbital radiotherapy). Control myoblasts were obtained from M. rectus abdominis in 5 patients undergoing abdominal surgery. Human skeletal muscle cells were prepared as previously reported [21].

Cells were isolated from EOM, or M. rectus abdominis, with trypsin followed by a purification step with fibroblast-specific magnetic beads to prevent contamination with fibroblasts. After two passages, the myoblasts were characterized by the manufacturer (PromoCell, VWR International PBI S.r.l., Milan, Italy) using immunohistochemical detection of sarcomeric myosin in differentiated cultures at 100% confluence (8 days). These cells were grown to confluence in 25 cm² flasks and trypsinized, and subsequently 1×10^6 cells were seeded in 75 cm² flasks. After two passages, $5\text{--}7.5 \times 10^7$ cells were harvested and stored until further use as frozen aliquots containing 2×10^6 myoblasts. For each experiment, 10^5 cells per well were seeded in six-well culture plates and cultured in α -modified Eagle's/Ham's F-12 medium containing Skeletal Muscle Cell Growth Medium Supplement Pack (PromoCell) to near confluence. The cells were then differentiated and fused by culture in modified Eagle's medium supplemented with 2% fetal calf serum (FCS) for 7 days. The myocytes were cultured in differentiation medium without FCS for 24 h before being used for any experiment [21].

2.2.2. CXCL10 and CCL2 secretion assay

We seeded 3000 cells onto 96-well plates in growth medium and after 24 h the growth medium was removed and cells were accurately washed in phosphate-buffered saline, and incubated in phenol red and serum-free medium. Cells were treated with IFN γ (R&D Systems, Minneapolis, MN, USA; 0, 500, 1000, 5000, 10,000 IU/mL) and 10 ng/mL TNF α (R&D Systems), alone or in combination [19], for 24 h. The concentration of TNF α was selected in preliminary experiments to yield the highest responses. Then, the supernatant was removed and frozen at -20°C until assays.

Moreover, cells were stimulated with IFN γ (1000 IU/mL) and TNF α (10 ng/mL) for 24 h in the absence or presence of increasing concentrations (0, 0.1, 1, 5, 10, 20 μM) of the pure PPAR γ agonists, rosiglitazone (RGZ, GlaxoSmithKline, Brentford, UK), or pioglitazone (Alexis Biochemicals, Lausen, Switzerland). Conditioned medium was assayed by enzyme-linked immunosorbent assay (ELISA) for CXCL10 and CCL2 concentrations. All experiments were repeated 3 times with the 10 different cell preparations.

2.2.3. Cell cultures and PPAR γ agonist treatment

Myoblasts were treated with 0.1, 1, 5, 10, or 20 μM RGZ or pioglitazone for 24 h, while control cultures were grown in the same medium containing vehicle (absolute ethanol, 0.47% v/v) without RGZ or pioglitazone for 24 h. Some cultures were examined by phase contrast microscopy by an Olympus IX50 light microscope (New Hyde Park, NY).

For quantitation of total protein in cell preparations, lysis and homogenization were performed and the sample was assayed for its protein concentration by conventional methods [19].

2.2.4. ELISA for CXCL10 and CCL2

CXCL10 and CCL2 levels were measured in serum and culture supernatants, by a quantitative sandwich immunoassay with a commercially available kit (R&D Systems). The mean minimum detectable dose for CXCL10 was 1.35 pg/mL; the intra- and inter-assay coefficients of variation were 3.1% and 6.8%. The mean minimum detectable dose for CCL2 was 4.6 pg/mL; the intra- and inter-assay coefficients of variation were 4.6% and 5.7%. Quality control pools of low, normal, or high concentration for all parameters were included in each assay.

2.2.5. Reverse transcription-polymerase chain reaction (RT-PCR) for PPAR γ

Total RNA from the cells was extracted with the RNeasy Mini reagent kit according to the manufacturer's recommendations (QIAGEN S.r.l., Milan, Italy). TaqMan Reverse Transcription Reagents kit and Universal PCR Master Mix were from Applied Biosystems – Life Technologies (Grand Island, NY, USA). Quantitative PCR human reference total RNA was purchased from Stratagene (La Jolla, CA, USA). Primers and probes for PPAR γ were from Applied Biosystems (TaqMan Gene Expression Assay; Hs00234592_m1). Total RNA (400 ng) was reverse transcribed using TaqMan Reverse Transcription Reagents kit as reported previously [22]. The amount of target, normalized to the endogenous reference glyceraldehyde 3-phosphate dehydrogenase (GAPDH) (Pre-Developed TaqMan Assay Reagents, Applied Biosystems) and relative to a calibrator (Quantitative PCR human reference total RNA), was given by $2^{-\Delta\Delta\text{Ct}}$ calculation [22].

2.3. Data analysis

Values are given as mean \pm standard deviation (SD) for normally distributed variables, otherwise as median and [interquartile range]. Mean group values were compared by using analysis of variance (ANOVA) for normally distributed variables, otherwise by the Mann-Whitney *U* or Kruskal-Wallis test. Proportions were compared by the χ^2 test. Post-hoc comparisons of normally distributed variables were performed with the Bonferroni-Dunn test.

3. Results

3.1. In vivo studies

Serum CXCL10 levels were higher in both OF-p and EOM-p, than in controls (Fig. 1A), however no significant difference was observed between OF-p and EOM-p. Serum CCL2 levels were not significantly different in controls, or in both OF-p and EOM-p (Fig. 1B).

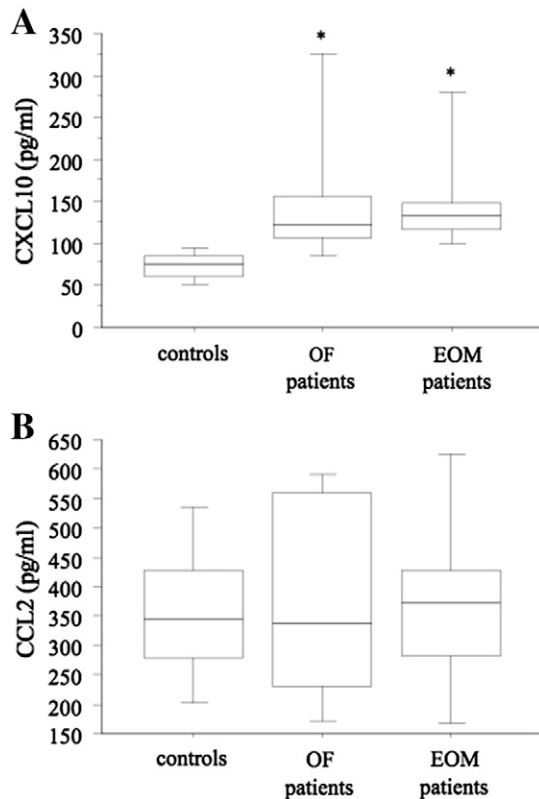


Fig. 1. Serum CXCL10 and CCL2 levels in patients with active GO or controls. Serum CXCL10 levels were higher in both patients with active GO with prevalent OF expansion (OF patients) and with prevalent EOM involvement (EOM patients) than in controls ($P < 0.01$, ANOVA, for both) (A), however no significant difference was observed between OF patients and EOM patients. Serum CCL2 levels were not significantly different in controls, or in both OF patients and EOM patients (B). The box indicates the lower and upper quartiles and the central line is the median value; the horizontal lines at the end of the vertical lines are the 2.5% and 97.5% values. * = $P < 0.05$ or less vs. controls by Bonferroni–Dunn test.

3.2. In vitro studies

In primary EOM cell cultures, CXCL10 was undetectable in the supernatant, IFN γ dose-dependently induced its release (Fig. 2A), while TNF α alone had no effect. The combination of IFN γ (1000 IU/mL) and TNF α (10 ng/mL) had a significant synergistic effect on CXCL10 secretion (2644 ± 114 vs. 205 ± 43 pg/mL with IFN γ alone, $P < 0.0001$) (Fig. 2B).

PPAR γ mRNAs were detectable in all primary EOM cells. PPAR γ expression vs. the reference gene (GAPDH) ranges from 0.39 to 1.11 in EOM cells and from 0.21 to 2.03 in control muscle cells.

Treating EOM cells with RGZ (Fig. 3A), or pioglitazone (Fig. 3B), in combination with the IFN γ + TNF α stimulation, dose-dependently inhibited CXCL10 release. RGZ or pioglitazone alone had no effect and did not affect cell viability or total protein content (data not shown).

Regarding the CXCL10 secretion, the results obtained in muscle cells from M. rectus abdominis tissue (data not shown) were not statistically different from those obtained in EOM cells.

In primary EOM cells, CCL2 was detectable in the supernatant, TNF α dose-dependently induced CCL2 release (Fig. 4A), while IFN γ alone had no effect. The combination of TNF α and IFN γ had a significant synergistic effect on CCL2 secretion (2760 ± 247 vs. 611 ± 53 pg/mL with TNF α alone, $P < 0.0001$) (Fig. 4B).

Treating EOM cells with RGZ (Fig. 5A), or pioglitazone (Fig. 5B), in combination with the IFN γ + TNF α stimulation, dose-dependently stimulated CCL2 release.

Regarding the CCL2 secretion, the results obtained in muscle cells from M. rectus abdominis tissue (data not shown) were not statistically different from those obtained in EOM cells.

4. Discussion

The increased levels of CXCL10 in active TAO agree with previous studies that showed a predominant involvement of Th1 cytokines in GD and TAO [23,24]. In fact, it has been shown that the active phase in TAO is characterized by the presence of proinflammatory and Th1-derived cytokines, while other cytokines, among them Th2-derived cytokines, do not seem to be associated with a specific stage of TAO [24]. These results are in agreement with those observed in a previous study showing that serum CXCL10 levels are increased in TAO-p, especially in patients with active disease [19].

The increase in CXCL10 concentrations was unrelated to hyperthyroidism per se, as all our patients were clinically euthyroid at the time of the study. CXCL10 levels were similar in OF-p and EOM-p, both in the active phase of the disease, but higher than in normal controls, suggesting that CXCL10 is involved in the active phase of TAO, during which the inflammatory process is sustained by Th1-mediated immune responses, independently from the prevalent involvement of OF or EOM.

A switch from a Th1 to Th2 phenotype appears to occur in TAO, in line with a previous report showing that lymphocytes obtained from orbital tissue of TAO-p had a prevalent Th1 profile, whereas patients with remote-onset hyperthyroidism had a large majority of Th2 lymphocytes [23].

This phenomenon has been reported in other long-standing autoimmune diseases. In multiple sclerosis simultaneous measurements of CXCL10 in the serum and cerebrospinal fluid showed elevated CXCL10 levels in acute phase, recent-onset disease or during exacerbations, suggesting a pathogenetic role for the chemokine in mediating relapse [25]. The prognostic value of increased, or rising, CXCL10 levels in patients with TAO remains to be established.

The difference between active and inactive TAO is the presence of a lymphocytic infiltrate [26]; therefore the increased production of

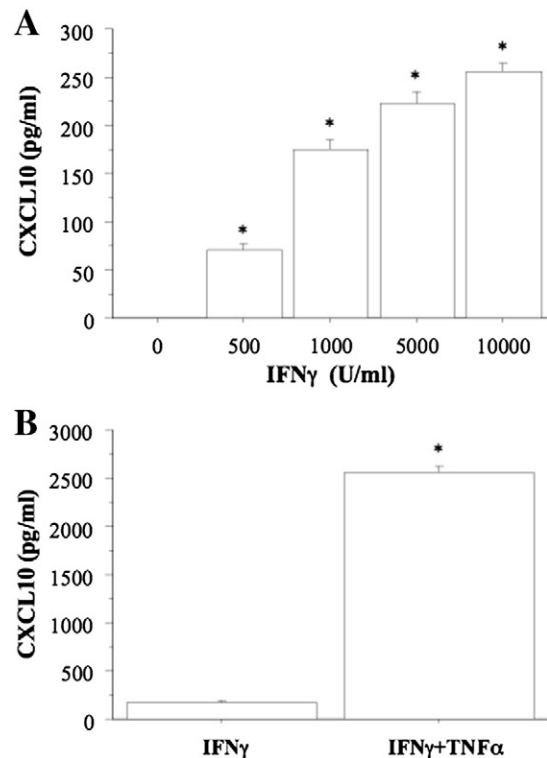


Fig. 2. Stimulation of CXCL10 release from EOM cells by IFN γ (1000 IU/mL) and TNF α (10 ng/mL). CXCL10 release from EOM cells was absent under basal conditions (0) and was significantly stimulated by increasing doses of IFN γ ($P < 0.0001$, by ANOVA) (A). Bars are mean \pm SEM. * = $P < 0.05$ or less vs. 0 by Bonferroni–Dunn test. The combination of TNF α and IFN γ had a significant synergistic effect on CXCL10 secretion (* = $P < 0.0001$, by ANOVA) (B).

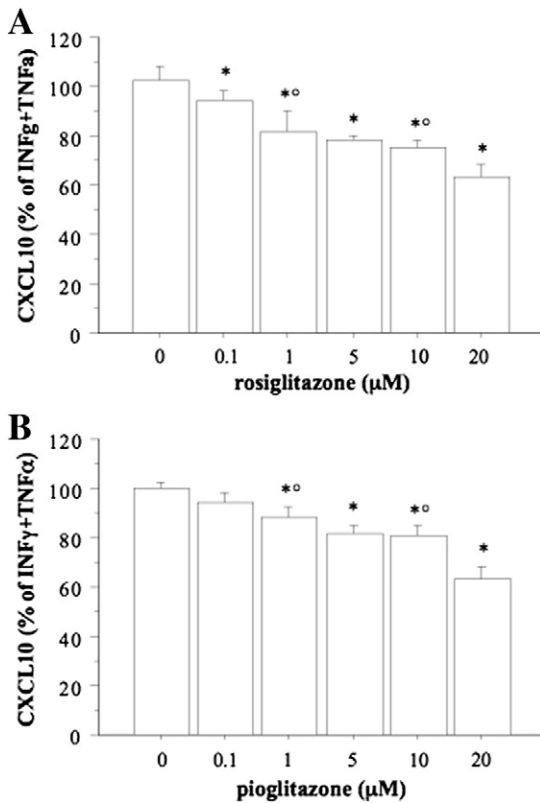


Fig. 3. CXCL10 secretion from EOM cells treated with rosiglitazone or pioglitazone. Treatment of EOM cells with rosiglitazone (A), or pioglitazone (B), added at the time of IFN γ (1000 IU/mL) and TNF α (10 ng/mL) stimulation, dose-dependently inhibited CXCL10 release. Bars are mean \pm SEM. * = $P < 0.05$ or less vs. 0, and ^o = not significantly different from the preceding dose by Bonferroni–Dunn test.

CXCL10 might be sustained by orbital lymphocytes. However, our *in vitro* studies demonstrate that CXCL10 can be produced by non-lymphoid cells in the orbit. In fact, we have previously shown that both fibroblasts and preadipocytes from TAO-p secreted CXCL10 stimulated with increasing doses of IFN γ , and that the combination of IFN γ and TNF α synergistically increased CXCL10 secretion [20].

In this study we first show that EOM cells secrete CXCL10 when stimulated with increasing doses of IFN γ , and the combination of IFN γ and TNF α synergistically increases CXCL10 secretion. These results agree with previous studies showing that the idiopathic inflammatory myopathies (dermatomyositis, polymyositis and sporadic inclusion body myositis) are associated with CXCL10 upregulation [27]. A significant increase in CXCL10 and chemokine (C-X-C motif) receptor (CXCR) 3 mRNA levels in both thymus and muscle was observed also in myasthenic patients [28]. Moreover, another study reported that IFN γ upregulated the mRNA expression of CXCL9 and CXCL10 by human myotubes in a dose-dependent manner [29]. It has been also recently shown that human fetal cardiomyocytes secreted CXCL10 in response to IFN γ and TNF α , and that this effect was magnified by cytokine combination [30].

Different types of normal mammalian cells, such as endothelial cells, thyrocytes [20], fibroblasts [20], and others, can release IFN γ -inducible C-X-C chemokines. However, these cells do not produce the C-X-C chemokines in basal condition, but only after the stimulation by cytokines, such as IFN γ and TNF α , that are secreted in a Th1 type inflammatory site, such as the orbit at the beginning of TAO, by Th1 activated lymphocytes. This process has been suggested to be involved in the initiation and the perpetuation of the inflammation in several autoimmune diseases, and on the basis of our results it can be applied to the orbit in TAO, too.

IFN γ stimulated EOM to express human leukocyte antigen (HLA)-DR. EOM cells treated with IFN γ were more susceptible to lysis in

antibody dependent cell-mediated cytotoxicity assays than untreated targets [31]. It could be hypothesized that chemokines might be important in the above mentioned immune process.

PPAR γ modulates inflammatory responses in many kinds of cells: endothelial cells, thyrocytes, fibroblasts, preadipocytes [17,19,32], and in others. Furthermore, the role of PPAR γ has been shown to be of importance in TAO; in fact, the IFN γ -stimulated CXCL9, CXCL10 and CXCL11 [19,20,22] secretion was significantly inhibited treating thyroid follicular cells, orbital fibroblasts or preadipocytes with a pure PPAR γ activator, RGZ, strongly suggesting that PPAR γ might be involved in the regulation of IFN γ -induced chemokine expression in human thyroid autoimmunity and TAO.

In this study we have shown the expression of PPAR γ in EOM cells. Furthermore, the results of our study are the first to demonstrate that the IFN γ -stimulated CXCL10 secretion was significantly inhibited by the treatment of EOM with two pure PPAR γ activators, RGZ and pioglitazone. The drug concentrations were selected on the basis of their near therapy doses (5 μ M for RGZ and pioglitazone) according to their pharmacokinetics (C_{max} and area under the time-concentration curve, AUC) [19]. These results strongly reinforce the hypothesis that PPAR γ might be involved in the regulation of the IFN γ -induced chemokine expression in human thyroid autoimmunity and TAO.

Regarding the mechanism of these actions, PPAR γ activators may act in different ways. For example, by decreasing CXCL10 promoter activity and inhibiting protein binding to the two nuclear factor- κ B (NF- κ B) sites [17,19], or reducing CXCL10 protein levels in a dose-dependent manner at concentrations (nanomolar) that did not affect mRNA levels or NF- κ B activation. This effect is not only mediated by activating the NF- κ B and Stat1 classic pathways, but also involves a rapid increase in phosphorylation and activation of ERK1/2 [33].

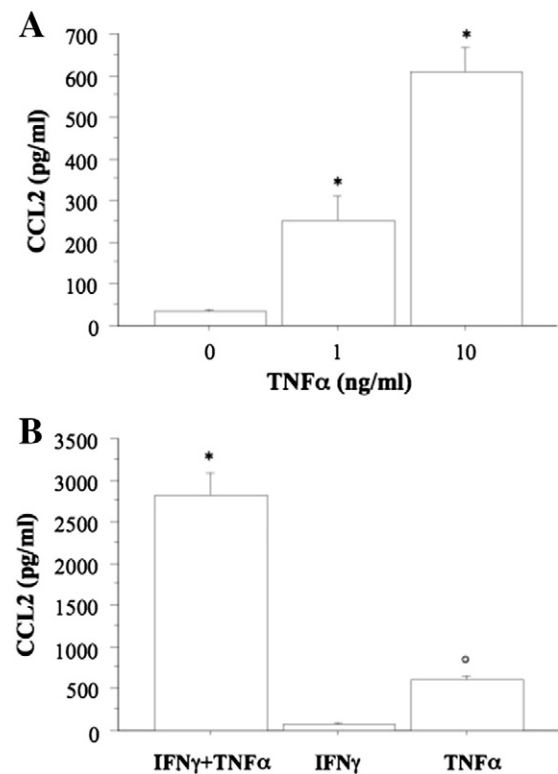


Fig. 4. Stimulation of CCL2 release from EOM cells by IFN γ (1000 IU/mL) and TNF α (10 ng/mL). CCL2 release from EOM cells was present under basal conditions (0) and was significantly stimulated by increasing doses of TNF α ($P < 0.0001$, by ANOVA) (A). Bars are mean \pm SEM. * = $P < 0.05$ or less vs. 0 by Bonferroni–Dunn test. The combination of TNF α and IFN γ had a significant synergistic effect on CCL2 secretion (B). * = $P < 0.05$ or less vs. IFN γ or TNF α by Bonferroni–Dunn test; ^o = $P < 0.05$ or less vs. IFN γ by Bonferroni–Dunn test.

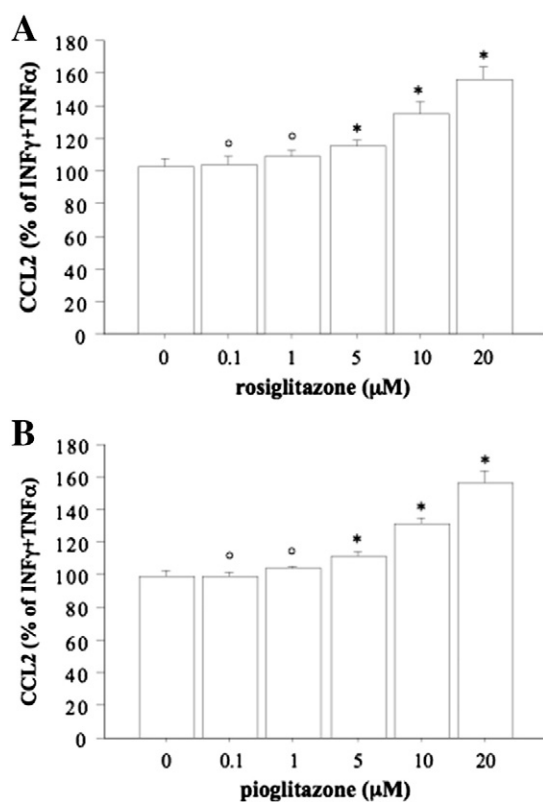


Fig. 5. CCL2 secretion from EOM cells treated with rosiglitazone or pioglitazone. Treatment of EOM cells with rosiglitazone (A), or pioglitazone (B), added at the time of IFN γ (1000 IU/mL) and TNF α (10 ng/mL) stimulation, dose-dependently stimulated CCL2 release. Bars are mean \pm SEM. * = $P < 0.05$ or less vs. 0, and $^{\circ}$ = not significantly different from the preceding dose by Bonferroni–Dunn test.

The role of CCL2 in TAO is not yet completely clear. A first study showed that the expression of CCL2 was higher in orbital fat of TAO patients than in controls [34]. The expression of CCL2 in TAO fibroblasts was upregulated treating cells with CD154, the ligand for CD40, which failed to do so in control cultures [35]. Moreover, CCL2 production by orbital fibroblasts was increased by platelet-derived growth factor-BB stimulation [36]. To the best of our knowledge, this study first shows that IFN γ and TNF α induce CCL2 secretion in EOM cells. These results comply with the ones of previous studies in skeletal muscle cells, that showed that IFN γ and TNF α were able to induce CCL2 secretion [37], which was involved in the immune response in idiopathic inflammatory myopathies [27].

PPAR γ activators have been shown to be able to suppress CCL2 expression in various cell types, such as astrocytes and monocytes, via different pathways (mitogen-activated protein kinase phosphatase-1, Toll-like receptor) [38,39]. However, until now, no study has evaluated the effect of PPAR γ agonists on CCL2 secretion in skeletal and EOM muscles. Moreover, we have recently shown that PPAR γ agonists may have different effects in normal thyroid cells (inhibiting CXCL10 secretion), or in papillary thyroid cancer cells (stimulating CXCL10), suggesting that other pathways could be implicated in the PPAR γ regulation of chemokine secretion, that remain to be investigated [40]. According to our data, it could be hypothesized that PPAR γ agonists (that have an inhibitory role on the secretion of the Th1 CXCL10 chemokine, while stimulated the Th2 CCL2 chemokine) may be involved during the progression of the disease in the switch from a prevalent Th1 immune response, in the first phase of the disease, to a prevalent Th2 immunity, in the later phases. However, other studies are needed to evaluate this point.

Recently, it has been shown that RGZ was associated with an increased risk of stroke, heart failure, and all-cause mortality in elderly

patients [41], and the European Medicines Agency (EMA) recommended on September 2010 that RGZ be suspended from the European market. More recently, EMA extended a review of safety to pioglitazone [42]. Even if these arguments cannot be automatically translated in TAO field, they do not advise PPAR γ agonists for the therapy of TAO.

In conclusion, CXCL10 serum levels were confirmed to be higher than in control subjects in the active phase of TAO, without any significant difference between OF-p and EOM-p. Moreover, the present study first shows that primary EOM cells from patients with TAO produce both Th1 (CXCL10) and Th2 (CCL2) chemokines, under the influence of IFN γ and/or TNF α , and may participate in the inflammatory process present in the orbit of patients with TAO. PPAR γ expression has been shown in EOM cells and PPAR γ agonists have an inhibitory role on the modulation of CXCL10, while they stimulate CCL2 chemokine secretion, suggesting a possible role in the switch from Th1 to Th2 immunity.

Take-home messages

- We demonstrate elevated serum CXCL10 levels in the active phase of TAO.
- Primary EOM cells, of TAO patients, treated with IFN γ and TNF α , release chemokines.
- We have shown the PPAR γ expression in EOM cells.
- PPAR γ agonists inhibit CXCL10, but stimulate CCL2, in EOM.
- EOM cells are involved in the inflammatory process in the orbit of TAO patients.

Disclosure statement

The authors do not have any actual or potential conflict of interest including any financial, personal or other relationships with other people or organizations within three years of beginning the submitted work that could inappropriately influence, or be perceived to influence, their work.

Submission declaration

The work described has not been published previously and it is not under consideration for publication elsewhere.

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The authors have nothing to declare.

Authorship

Alessandro Antonelli, Silvia Martina Ferrari and Poupak Fallahi made substantial contribution in the conception and design of the study and in drafting the article. Alda Corrado, Stefano Sellari Franceschini and Stefania Gelmini made substantial contribution in the acquisition and analysis and interpretation of data. Ele Ferrannini revised the paper critically for important intellectual content. All authors gave the final approval of the version to be submitted.

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