

Ceramide: a Key Signaling Molecule in a Guinea Pig Model of Allergic Asthmatic Response and Airway Inflammation

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ABSTRACT

Although mechanisms involved in the pathogenesis of asthma remain unclear, roles for oxidative/nitrosative stress, epithelial cell apoptosis, and airway inflammation have been documented. Ceramide is a sphingolipid with potent proinflammatory and proapoptotic properties. This study aimed at determining whether increased formation of ceramide contributes to the development of airway inflammation and hyper-responsiveness, using a well characterized *in vivo* model of allergic asthmatic response and airway inflammation in ovalbumin-sensitized guinea pigs. Aerosol administration of ovalbumin increased ceramide levels and ceramide synthase activity in the airway epithelium associated with respiratory abnormalities, such as cough, dyspnea, and severe bronchoconstriction. These abnormalities correlated with nitrotyrosine formation in the airway epithelium and oxidative/nitrosative stress,

epithelial cell apoptosis, and airway inflammation evident by the infiltration of neutrophils and eosinophils in lung tissues, mast cell degranulation, and release of prostaglandin D₂ and proinflammatory cytokines. Inhibition of *de novo* ceramide synthesis with the competitive and reversible inhibitor of ceramide synthase fumonisin B1 (0.25, 0.5 and 1 mg/kg b.wt.), given *i.p.* daily for 4 days before allergen challenge, attenuated nitrotyrosine formation and oxidative/nitrosative stress, epithelial cell apoptosis, and airway inflammation while improving the respiratory and histopathological abnormalities. These results implicate ceramide in the development of allergic asthmatic response and airway inflammation. Strategies aimed at reducing the levels of ceramide and downstream events should yield promising novel anti-asthmatic agents.

Asthma is defined by airway inflammation and remodeling and bronchial hyper-responsiveness (Busse and Lemanske, 2001). The role of inflammation in asthma is well established, and neutrophils, eosinophils, and mast cells within the lung have been shown to have pivotal roles for the initiation and maintenance of airway inflammation (Andreadis et al., 2003; Barnes, 2004). Besides the classical allergen-dependent pathways, reactive oxygen and nitrogen species produced during airway inflammation activate

these cells to release histamine, prostaglandins, leukotrienes, proteases, and cytokines, which exacerbate the response and directly participate to the pathogenesis of asthma (Andreadis et al., 2003; Comhair et al., 2005). In experimental models, reactive oxidant species reproduce multiple pathophysiologic asthmatic hallmarks: bronchoconstriction, β -adrenergic dysfunction, cytokine production, mucus hypersecretion, microvascular leak and edema, epithelial damage and sloughing, airway remodeling, and hyper-responsiveness (Andreadis et al., 2003; Comhair et al., 2005). In support of these data, bronchial obstruction in human asthma is associated with an increased spontaneous and stimulus-induced production of oxygen free radicals by inflammatory cells in airway lumen (Calhoun et al., 1992).

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ABBREVIATIONS: S1P, sphingosine 1-phosphate; TNF, tumor necrosis factor; OVA, ovalbumin; NBT, nitro blue tetrazolium; FB1, fumonisin B1; PBS, phosphate-buffered saline; SOD, superoxide dismutase; DTT, dithiothreitol; MBP, major basic protein; PAO, pressure at the airway opening; Ac-DEVD-AMC, Ac-Asp-Glu-Val-Asp-AMC; 8-OHdG, 8-hydroxy-2'-deoxyguanosine; IL, interleukin; PARP, poly(ADP-ribose)polymerase; S1Pr, sphingosine 1-phosphate receptor; TdT, terminal deoxynucleotidyl transferase; TUNEL, TdT-mediated dUTP nick-end labeling; PGD₂, prostaglandin D₂.

Ceramide is a sphingolipid with powerful proapoptotic and proinflammatory properties and has been implicated in oxidative/nitrosative stress (Huwiler et al., 2000; Pettus et al., 2002; Kolesnick and Fuks, 2003). Ceramide is generated by enzymatic hydrolysis of sphingomyelin by sphingomyelinases, the so-called sphingomyelin pathway. Alternatively, de novo ceramide can be synthesized by serine palmitoyltransferase and ceramide synthase, and it is stimulated by numerous chemotherapeutics and cytokines, which cause a sustained elevation of ceramide levels (Huwiler et al., 2000; Kolesnick, 2002). Steady-state availability of ceramide is regulated by ceramidases that convert ceramide to sphingosine by catalyzing the hydrolysis of its amide group (Huwiler et al., 2000; Kolesnick, 2002). The importance of ceramide activation to inflammation derives from activation of protein kinases and phosphatases in diverse downstream pathways (Huwiler et al., 2000) and from its generation of additional second messengers such as sphingosine 1-phosphate (S1P) (Le Stunff et al., 2004). Thus, S1P generated upon phosphorylation of sphingosine by sphingosine kinase is the natural ligand for a family of G protein-coupled receptors originally termed endothelial differentiation genes and recently renamed S1P receptors (S1Pr). Five distinct S1Prs have been identified, although selective receptor antagonists have not been reported (Chun et al., 2002). These receptors couple to different G proteins and elicit a wide array of cellular responses relevant to airway inflammation (Spiegel and Milstien, 2003). An involvement of S1P in asthma has been recently reported in animal models (Roviezzo et al., 2007) and humans (Roviezzo et al., 2004). Considering the importance of epithelial apoptosis in asthma, ceramide is well established as a major proapoptotic mediator following radiation, chemotherapeutics, or exposure to proinflammatory cytokines, including TNF- α , IL-1 β , IL-6, and oxidative/nitrosative stressors (Huwiler et al., 2000; Kolesnick, 2002; Pettus et al., 2002). Proapoptotic effects of ceramide involve multiple mechanisms, such as activation of the kinase suppressor of Ras (Zhang et al., 2002), stimulation of protein phosphatases 1 and 2a (Chalfant et al., 2002), increased cathepsin D activity (Heinrich et al., 2000), and direct alteration of plasma and mitochondrial membrane signaling properties by oxidative/nitrosative stress (Siskind et al., 2002; Petrache et al., 2005).

In further support of ceramide as a proinflammatory mediator, reduced inflammatory responses have been described through pharmacological manipulation of ceramide synthesis, inhibition of the sphingomyelinase or de novo pathways, and attenuated synthesis of TNF- α , IL-1 β , and IL-6 as well as reactive oxygen species (Won et al., 2004). Furthermore, ceramide has been reported to promote oxidative stress and enhance expression of endothelial and inducible nitric-oxide synthases (Won et al., 2004) and cyclooxygenase-2 (Newton et al., 2000). Furthermore, ceramide-induced activation of the transcription factor NF- κ B and p38 kinase amplify the production of several inflammatory mediators and adhesion molecules (Won et al., 2004). Therefore, it is not surprising that both preclinical and clinical studies support a causal role for ceramide in other conditions characterized by inflammation, oxidative/nitrosative stress, and apoptosis, such as radiation-induced injury (Kolesnick and Fuks, 2003), sepsis (Delogu et al., 1999), acute lung injury (Goggel et al., 2004), and emphysema (Petrache et al., 2005).

Collectively, these findings led us to hypothesize the par-

ticipation of ceramide as a novel signaling lipid in asthma. Using a well characterized guinea pig model of allergic asthma-like reaction (Suzuki et al., 2004; Masini et al., 2005), our findings show that increased levels of ceramide contribute to functional, biochemical, and histological changes associated with allergic airway inflammation and dysfunction and consequently support a role of this lipid mediator in asthma.

Materials and Methods

Animals

Male Hartley albino guinea pigs were used. They were purchased from a commercial dealer (Rodentia, Bergamo, Italy) and quarantined for 7 days at 22 to 24°C with a 12-h light/12-h dark cycle before use. The experimental protocol was designed in compliance with the recommendations of the European Economic Community (86/609/CEE) for the care and use of laboratory animals and in agreement with the Good Laboratory Practice. It was approved by the animal care committee of the University of Florence (Florence, Italy) where all of the *in vivo* experiments were carried out. At the end of the treatment, the animals weighed 350 to 400 g.

Animal Sensitization and Treatments

The guinea pigs were divided into six experimental groups with $n = 10$ animals per group.

Group 1. Animals were injected with isotonic saline (5 ml/kg b.wt., *i.p.*, plus 5 ml/kg b.wt. *s.c.*) and 18 days later received an aerosol of ovalbumin (OVA; Fluka, Buchs, Switzerland) dissolved in saline (5 mg/ml) and used as negative controls. They are referred to as naive OVA-challenged animals.

The remaining guinea pigs were sensitized with 100 mg/kg b.wt. *i.p.* plus 100 mg/kg b.wt. *s.c.* OVA dissolved in saline (20 mg/ml). After 18 days, they were challenged with an OVA aerosol (5 mg/ml saline) to verify sensitization by evaluation of allergen-elicited respiratory changes, as described below. The animals were withdrawn from antigen exposure at the first signs of respiratory abnormalities. The guinea pigs reactive to the inhaled antigen were used for the further experiments. By this protocol, only three of 50 animals failed to develop sensitization. Three days later, the sensitized guinea pigs were divided in the following groups.

Group 2. Animals were treated with a subcutaneous injection (0.5 ml) of PBS for 4 days before undergoing the provocation test with an aerosol of saline alone. These are referred to as the sensitized, unchallenged group.

Group 3. Animals were treated with a subcutaneous injection (0.5 ml) of PBS for 4 days before undergoing the provocation test with aerosolized OVA (5 mg/ml saline). These are referred to as the sensitized OVA-challenged group.

Groups 4 to 6. Animals were treated with a subcutaneous injection (0.5 ml) of fumonisin B1 (FB1; Sigma-Aldrich, Milan, Italy), a competitive and reversible inhibitor of ceramide synthase, dissolved in PBS as vehicle, and tested over three daily doses (0.25, 0.5, and 1 mg/kg b.wt.) for 4 days before undergoing the provocation test with aerosolized OVA. These are referred to as the sensitized, FB1-treated OVA-challenged group.

Challenge with Inhaled OVA and Evaluation of Respiratory Activity

Five guinea pigs from all groups were individually placed in an airtight transparent whole-body plethysmographic chamber, as described previously (Suzuki et al., 2004; Masini et al., 2005). The changes in inner pressure in the respiratory chamber induced by breathing were monitored with a high-sensitivity pressure transducer (Battaglia-Rangoni, Bologna, Italy) connected to a PC2400A channel polygraph (Battaglia-Rangoni). Upon breath stabilization, usually occurring within 30 to 60 s, guinea pigs were challenged with

OVA aerosol for 10 s. Animals from the naive group were included in the aerosol challenge to reveal possible breath alterations due to nonspecific stimulation of the airways by the aerosol droplets. The respiratory activity of the animals subjected to the different treatments was monitored for 10 min after the onset of aerosol administration and classified according to the criteria reported previously (Masini et al., 2005). In particular, cough was assumed as a transient change in the pressure (a rapid inspiration followed by a rapid expiration), whereas dyspnea was assumed as a series of irregular breaths of abnormally elevated frequency (tachypnea) and amplitude or as repeated gasping. Movements of the guinea pigs were visually monitored by two trained observers who were blinded to group assignment of the animals. In this way, any motion- and sneezing-related changes in the inner pressure of the body chamber could also be disregarded. The following parameters were evaluated: i) latency time for the first cough stroke (seconds); ii) cough severity, the product of cough frequency (cough strokes per minute), and mean cough amplitude (excess pressure over the normal breath); and iii) latency time for the onset of dyspnea (seconds).

Measurement of Airway Bronchoconstriction

Anesthetized guinea pigs from each group ($n = 5$) above were mechanically ventilated by a constant volume method as reported previously (Masini et al., 2005). Animals were injected with 100 mg/kg b.wt. sodium pentothal (Abbott, Latina, Italy) to induce anesthesia and abolish natural respiration. Body temperature was monitored continuously and maintained constant at 37°C. The trachea was cannulated with a polyethylene tube (inner diameter, 2 mm), and the animals were ventilated with a small-animal respirator (Harvard, Edenbridge, UK), adjusted to deliver a tidal volume of 10 ml/kg at a rate of 60 strokes/min. Changes in lung resistance to inflation (pressure at the airway opening; PAO), specifically the lateral pressure of the inlet air tube, were registered by a pressure transducer connected to a polygraph (Battaglia-Rangoni). After 10-min stabilization, the basal inflation pressure was measured. Each animal was then exposed to an OVA aerosol for 1 min through the tracheal inlet air pipe. Changes in inflation pressure, which are directly related to airway resistance, were recorded for 10 min after the beginning of OVA aerosol and expressed as percentage changes over the basal values. These animals were also used for collection of bronchoalveolar lavage fluid, as detailed below.

Post-Mortem Analyses

At the end of the breath recording period, the animals were removed from the plethysmographic chamber, and they were killed by decapitation 50 min later (i.e., 1 h after aerosol administration). The gross appearance of the lungs, liver, and kidneys was examined. No macroscopic alterations of these organs that could be related to a toxic effect of FB1 treatment were observed. Lung tissue samples from each animal from the middle and the lower lobes were taken for biochemical and morphological analyses, as described below. Before opening the thorax, in some animals, bronchoalveolar lavage fluids were obtained by insertion of a cannula into the trachea and instillation of 3 ml of PBS, pH 7.4. In the animals used for measurement of airway bronchoconstriction, bronchoalveolar fluid was collected after three flushes into the bronchial tree and centrifuged at 1100g for 30 min. The cell-free supernatant was collected, and its volume was measured and frozen at -70°C until needed.

Histologic and Morphometric Analyses

Lung tissue samples, two from each animal, were fixed by immersion in Mota fluid (50% ethanol in water, 0.5% acetic acid, and 15% basic lead acetate) and embedded in paraffin. This fixative solution allows a rapid infiltration of the tissue, with only minimal artifactual shrinking, thus providing a tissue morphology, which is representative of the lung features *in vivo*. Lung tissue sections, 5 μm thick,

were used for morphometric analysis, as reported previously (Masini et al., 2005).

A first series of determinations was carried out on hematoxylin and eosin-stained sections to evaluate the surface area of alveolar air spaces. In each guinea pig, determinations were performed on tissue sections cut from the two different lung samples, examined with a 10 \times objective. Four randomly chosen microscopic fields per animal (two fields per section) were analyzed. At the chosen magnification, each field corresponds to a tissue area of 570,224 μm^2 that includes an average of 300 alveolar profiles. The same tissue sections were used to evaluate the surface area of bronchial lumina selected by: i) histological appearance of small-sized muscular bronchi; and ii) transverse or slightly oblique cross-section. In each guinea pig, measurements were carried out on four to six randomly chosen bronchi from the tissue sections cut from the two different lung samples examined with a 20 \times objective. Digital images of the microscopic fields to be analyzed were recorded, and surface area measurements were carried out using the Scion Image Beta 4.0.2 image analysis program (Scion Corp., Frederick, MD) upon the appropriate threshold to include only blank tissue-free air spaces. The mean values (\pm S.E.M.) of alveolar and bronchial luminal areas were then calculated for each experimental group.

A second series of determinations was carried out on sections stained with Astra blue (Fluka, Buchs, Switzerland) to evaluate the optical density of lung-mast cells, which is related to the content of secretory granules. In each guinea pig, determinations were performed on tissue sections cut from the two different lung samples, according to the method described previously for similar purposes (Masini et al., 2005). The mast cells were viewed by the same image analysis device described above, using a 100 \times oil immersion objective. Measurements of optical density were carried out on selected mast cell profiles using the previously reported program. In each animal, 30 different mast cells, 15 from each lung sample, were analyzed, and the mean optical density value (\pm S.E.M.) was then calculated for the entire experimental group.

A third series of determinations was carried out on sections immunostained with anti-major basic protein (MBP), a marker for eosinophils. Sections were treated with 0.1% trypsin for 10 min to retrieve antigen and then with 0.3% H_2O_2 (v/v) in 60% methanol (v/v) to quench endogenous peroxidase and finally incubated overnight with mouse monoclonal anti-human eosinophil MBP antibodies (clone BMK13; Chemicon, Temecula, CA; 1:50 in PBS). Immune reaction was revealed by the indirect immunoperoxidase method (Vectastain Elite kit; Vector Laboratories, Burlingame, CA), using 3,3'-diaminobenzidine as chromogen. As negative controls, sections incubated with only the primary or the secondary antisera were used. In each guinea pig, the number of MBP-positive eosinophils was counted in 10 randomly chosen microscopic fields at a 200 \times final magnification (test area: 72,346 μm^2). Values obtained from two different observers were averaged.

Immunohistochemical Analysis of Ceramide and Nitrotyrosine

Lung tissues were fixed in paraformaldehyde (4% wt/vol) in 0.1 M PBS, pH 7.4, for 2 h and processed to paraffin sections. After deparaffinization, the slides were treated in 2% citric acid buffer, pH 6.8, for 5 min in microwave oven to retrieve antigens, blocked in 10% goat serum in PBS, and incubated with monoclonal anti-ceramide (1:50; Sigma-Aldrich) or anti-nitrotyrosine antibodies (1:100; Upstate Biotechnology, Lake Placid, NY) at 4°C overnight. Immune reaction was revealed by goat anti-mouse IgG conjugated with biotin (1:200 dilution; Vector Laboratories) followed by incubation with ABC complex (1:200 dilution; Vector Laboratories), according to the manufacturer's instructions. Negative controls were carried out by omitting the primary or the secondary antibodies. The sections were counterstained with hematoxylin before mounting.

Ceramide Synthase Activity Assay

Approximately 100 mg of lung tissue homogenates were incubated with [^3H]palmitic acid (2.5 $\mu\text{Ci/ml}$; Amersham, Buckinghamshire, UK) for 1 h. Lipids were extracted with ice-cold methanol containing 2% acetic acid and 5% chloroform and resolved using thin-layer chromatography. Lipids comigrating with standards were scraped and quantified by lipid scintillation counting. Ceramide was measured on the lipidic extracts using the diacyl-glycerol kinase assay. Lung ceramide content was expressed as disintegrations per minute per milligrams of proteins.

DNA Nicking Assay for Apoptosis in Airway Epithelial Cells

Lung tissue specimens from guinea pigs were evaluated for cell death by the *in situ* apoptosis detection kit AP (Roche Diagnostics, Indianapolis, IN), based on the terminal deoxynucleotidyl transferase (TdT)-mediated dUTP nick-end labeling (TUNEL) assay. Apoptotic cells in lung tissue sections were visualized by labeling DNA strand breaks by TdT, which catalyzes polymerization of labeled nucleotides to free 3'-OH DNA ends in a template-independent manner. The detection of the incorporated fluorescein was carried out by an anti-fluorescein antibody conjugated with alkaline phosphatase, which is converted by Vector Red Alkaline Phosphatase Substrate K (Vector Laboratories) or by nitro blue tetrazolium (NBT)/5-bromo-4-chloro-3-indolyl phosphate (Roche Diagnostics). From each biopsy, at least four bronchiolar profiles were evaluated under a light microscope at a 20 \times magnification for TUNEL-positive cells. The percentage is calculated as the number of positive cells per total number of bronchial epithelial cells.

Determination of Caspase-3 Activity

The activity of caspase-3 was determined using the Ac-Asp-Glu-Val-Asp-AMC (Ac-DEVD-AMC; Bachem, Bubendorf, Switzerland) fluorescent substrate, according to Stennicke and Salvesen (1997). Lung tissue samples were homogenized with 10 mM HEPES, pH 7.4, containing 0.5% 3-[(3-cholamidopropyl)dimethylammonio]-1-propane-sulfonate, 42 mM KCl, 5 mM MgCl_2 , 1 mM dithiothreitol (DTT), 1 mM phenylmethylsulfonyl fluoride, 2 $\mu\text{g/ml}$ leupeptin, and 1 $\mu\text{g/ml}$ pepstatin A. The homogenate was then centrifuged at 10,000g for 10 min. The supernatants (containing 250 μg of total protein) were incubated with 40 μM Ac-DEVD-AMC for 60 min at 37°C. Substrate cleavage was monitored fluorometrically (Spectrofluor JY3 D; Jobin Yvon, Paris, France) at 380-nm excitation and 460-nm emission wavelengths. Data are expressed as arbitrary units per milligram of proteins. One unit of enzyme activity is defined as the amount of enzyme required to liberate 40 μmol of Ac-DEVD-AMC upon 60 min at 37°C.

Determination of Lung Tissue Myeloperoxidase Activity

Myeloperoxidase (MPO) activity, an indicator of leukocyte accumulation, was determined as described previously (Masini et al., 2005). Lung tissue samples of approximately 100 mg were homogenized in a solution containing 0.5% hexadecyltrimethylammonium bromide dissolved in 10 mM potassium phosphate buffer, pH 7, and then centrifuged for 30 min at 20,000g at 4°C. An aliquot of the supernatant was then allowed to react with a solution of tetramethylbenzidine (1.6 mM; Sigma-Aldrich) and 0.1 mM H_2O_2 . The rate of change in absorbance was measured spectrophotometrically at 650-nm wavelength. Myeloperoxidase activity was defined as the quantity of enzyme degrading 1 μmol of hydrogen peroxide per minute at 37°C (expressed in milliunit per milligram of wet tissue).

Determination of Lung Tissue Malonyldialdehyde Production

This was determined by measurement of the chromogen obtained from the reaction of malonyldialdehyde (MDA) with 2-thiobarbituric acid (Masini et al., 2005). Approximately 100 mg of lung tissue were

homogenized with 1 ml of 50 mM Tris-HCl buffer containing 180 mM KCl and 10 mM EDTA, final pH 7.4. 2-Thiobarbituric acid (0.5 ml, 1% w/v; Sigma-Aldrich) in 50 mM NaOH and 0.5 ml of HCl (25% w/v in water) was added to 0.5 ml of sample. The mixture was placed in test tubes, sealed with screw caps, and heated in boiling water for 10 min. After cooling, the chromogen was extracted in 3 ml of 1-butanol, and the organic phase was separated by centrifugation at 2000g for 10 min. The absorbance of the organic phase was read spectrophotometrically at 532-nm wavelength. The values are expressed as nanomole of thiobarbituric acid-reactive substances (MDA equivalents) per milligram of protein, using a standard curve of 1,1,3,3-tetramethoxypropane (Sigma-Aldrich).

Determination of 8-Hydroxy-2'-deoxyguanosine

DNA isolation was performed according to Masini et al. (2005). Lung samples were homogenized in 1 ml of 10 mM PBS, pH 7.4, sonicated on ice for 1 min, added with 1 ml of 10 mM Tris-HCl buffer, pH 8, containing 10 mM EDTA, 10 mM NaCl, and 0.5% SDS, incubated for 1 h at 37°C with 20 $\mu\text{g/ml}$ RNase I (Sigma-Aldrich), and incubated overnight at 37°C under argon in the presence of 100 $\mu\text{g/ml}$ proteinase K (Sigma-Aldrich). The mixture was extracted with chloroform/isoamyl alcohol (10/2 v/v). DNA was precipitated from the aqueous phase with 0.2 volumes of 10 M ammonium acetate, solubilized in 200 μl of 20 mM acetate buffer, pH 5.3, and denatured at 90°C for 3 min. The extract was then supplemented with 10 IU of P1 nuclease (Sigma-Aldrich) in 10 μl and incubated for 1 h at 37°C with 5 IU of alkaline phosphatase (Sigma-Aldrich) in 0.4 M phosphate buffer, pH 8.8. All of the procedures were performed in the dark under argon. The mixture was filtered by an Amicon Micropure-EZ filter (Millipore Corporation, Billerica, MA), and 50 μl of each sample was used for 8-hydroxy-2'-deoxyguanosine (8-OHdG) determination using a Bioxytech enzyme immunoassay kit (Oxis, Portland, OR), following the instructions provided by the manufacturer. The values are expressed as nanogram of 8-OHdG per milligram of protein.

Measurement of MnSOD Activity

Lung samples were homogenized with 10 mM PBS, pH 7.4, sonicated on ice for 1 min, and centrifuged at 100g for 10 min. The assay of MnSOD activity was performed on the supernatants by the method described by Masini et al. (2005). The assay is based on SOD-induced inhibition of the conversion of NBT into a blue tetrazolium salt mediated by superoxide radicals generated by xanthine oxidase. The reaction was performed in sodium carbonate buffer (50 mM), pH 10.1, containing 0.1 mM EDTA, 25 μM NBT (Sigma-Aldrich), 0.1 mM xanthine, and 2 nM xanthine oxidase (Roche Diagnostics). The rate of reduction of NBT was monitored with a PerkinElmer spectrophotometer set (PerkinElmer Life and Analytical Sciences, Boston, MA) at 560-nm wavelength. The amount required to inhibit the rate of reduction of NBT by 50% was defined as 1 unit of SOD activity. Specific MnSOD activity was calculated by inhibiting total SOD activity preincubating the sample for 30 min with 2 mM sodium cyanide. Values are expressed as milliunits per milligram of proteins.

Measurement of PARP Activity

PARP-1 activity was measured as described previously (Suzuki et al., 2004). Lung tissues were homogenized in 50 mM Tris-HCl, pH 8, 4°C, containing 0.1% Nonidet P-40, 200 mM KCl, 2 mM MgCl_2 , 50 μM ZnCl_2 , 2 mM DTT, and protease inhibitors (1 mM phenylmethylsulfonyl fluoride, 5 $\mu\text{l/ml}$ leupeptin and antipain). Samples were then centrifuged, and 10 μl of each supernatant were incubated for 5 min at 25°C with 2 μl of [^3H]NAD $^+$ (specific activity 25 Ci/nmol; Amersham) in 50 mM Tris-HCl, pH 8, containing 20 mM MgCl_2 , 1 mM DTT, and 20 μM NAD $^+$ in the absence or presence of activated calf thymus DNA in the final volume of 100 μl . The reaction was stopped by the addition of 5% trichloroacetic acid. Samples were filtered, and the radioactivity in the acid-insoluble fraction was

counted by a Beckman LS1801 liquid scintillation spectrometer. PARP activity estimated without activated DNA in the mixture was assigned as “endogenous” activity. Activity estimated in the presence of activated DNA in the assay mixture was assigned as “total” activity of PARP. Ratio between endogenous and total activity was considered as the measure of PARP activity in the tissues.

Determination of PGD₂ and TNF- α in Bronchoalveolar Lavage Fluid

Production of PGD₂, the major cyclooxygenase product generated by activated mast cells during allergic response, and TNF- α were measured using a commercial enzyme-linked immunosorbent assay kits (Cayman Chemical, Ann Arbor, MI), following the protocol provided by the manufacturer. Results are expressed as nanogram of PGD₂ on TNF α per milliliter of bronchoalveolar lavage fluid.

Statistical Analysis

Data are expressed as mean \pm S.E.M. Statistical analysis was performed by one-way analysis of variance, followed by the Student's-Newman-Keuls multiple comparison post-hoc test; $p < 0.05$ was considered significant. Calculations were done using a GraphPad Prism 2.0 statistical program (GraphPad Software, San Diego, CA).

Results

Ceramide Contributes to Respiratory Abnormalities and Hyper-Responsiveness in Actively Sensitized Guinea Pigs.

As detected by immunohistochemistry, aerosol administration of OVA increased lung ceramide levels in sensitized but not in naive guinea pigs (Fig. 1, A and B). Staining for ceramide was stronger in the airway epithelium (Fig. 1B). Increased ceramide was paralleled by up-regulation of ceramide synthase activity (Fig. 2) and was associated with marked abnormalities in the respiratory pattern, consisting of a significant reduction of cough latency and onset of dyspnea (Fig. 3A) and a significant increase in cough severity score (Fig. 3B). Likewise, experiments with mechanically ventilated animals revealed that, in sensitized but not naive animals, OVA challenge induced a prompt, clear-cut increase in inflation pressure (PAO), indicating the occurrence of an immediate asthmatic response (Fig. 3C). Such functional abnormalities were accompanied by histopathological abnormalities. A representative micrograph of lung tissue is shown in Fig. 4A. Indeed, macroscopic examination of the lungs showed prominent changes consisting mainly of marked swelling of the pulmonary lobes due to air accumulation.

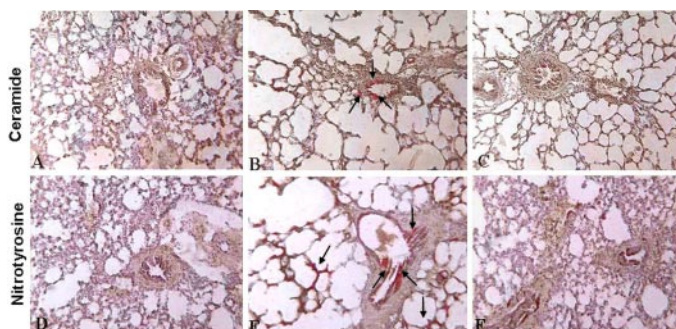


Fig. 1. Compared to OVA-challenged naive animals (A and D), OVA challenge in sensitized guinea pigs pretreated with PBS leads to formation of ceramide and nitrotyrosine, as detected by immunohistochemistry (B and E). Pretreatment with FB1 (1 mg/kg) before OVA challenge blocks ceramide staining (C and F). Images are representative of at least three different experiments.

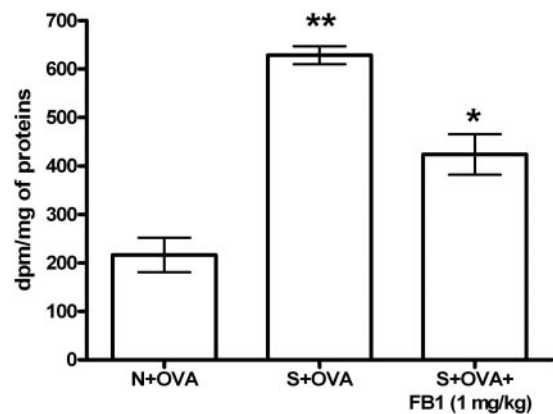


Fig. 2. Ceramide synthase activity in lung tissue homogenates is up-regulated in OVA-challenged, sensitized guinea pigs (S+OVA) compared with OVA-challenged naive animals (N+OVA). FB1 pretreatment of OVA-challenged, sensitized animals significantly reduces the enzyme activity. Values are mean \pm S.E.M. of four different experiments. *, $p < 0.01$ versus N+OVA; **, $p < 0.001$ versus S+OVA.

Sectioning of trachea or of main bronchi did not cause lung deflation, thus indicating that obstruction of peripheral bronchi had occurred. Light microscopy of lung tissue showed that the intrapulmonary bronchioli and respiratory air spaces of naive guinea pigs had a normal appearance. In particular, intrapulmonary bronchioli showed open lumina, with bronchial mucosa forming short folds, and alveolar air spaces were evenly small-sized (Fig. 4A, panel A). On the other hand, in the sensitized, vehicle-treated guinea pigs challenged with OVA, we observed a reduction of the lumen of intrapulmonary bronchi and, in large areas of the lung parenchyma, a marked dilation of the alveolar air spaces due to accumulation of entrapped air (Fig. 4A, panel B). Furthermore and as shown by morphometric analysis, the luminal area of the alveolar air spaces was significantly increased, whereas the bronchiolar area was significantly reduced post-antigen challenge in sensitized animals (Fig. 4C).

Inhibition of de novo ceramide synthesis with FB1 (1 mg/kg), a competitive and reversible inhibitor of ceramide synthase (Petrache et al., 2005), attenuated the formation of ceramide as measured by immunohistochemistry (Fig. 1C). In keeping with these results, OVA challenge in sensitized guinea pigs increased the enzymatic activity of ceramide synthase, and FB1 pretreatment significantly reduced this phenomenon (Fig. 2). FB1 also improved in a dose-dependent manner (0.25–1 mg/kg) the respiratory abnormalities (Fig. 3, A and B), attenuated hyper-responsiveness (Fig. 3C), and improved overall histopathological abnormalities (Fig. 4, A–C). Thus, as can be seen in Fig. 4A (panel C), the intrapulmonary bronchi did not show appreciable signs of constriction, and the alveolar air spaces were not dilated. Morphometric analysis confirmed the visual observations that FB1 prevented in a dose-dependent manner (0.25–1 mg/kg) bronchiolar constriction and pulmonary air space inflation (Fig. 4, B and C).

Ceramide Inhibition Attenuates Oxidative and Nitrosative Stress. Ceramide increased concurrently with markers of oxidative and nitrosative stress as evidenced by the appearance in lung tissues of nitrotyrosine, an indicator of the formation of nitrating oxidants (Fig. 1E), and by the increased formation of MDA (Fig. 5A), a well known byproduct of oxidative stress-induced lipid peroxidation of cell mem-

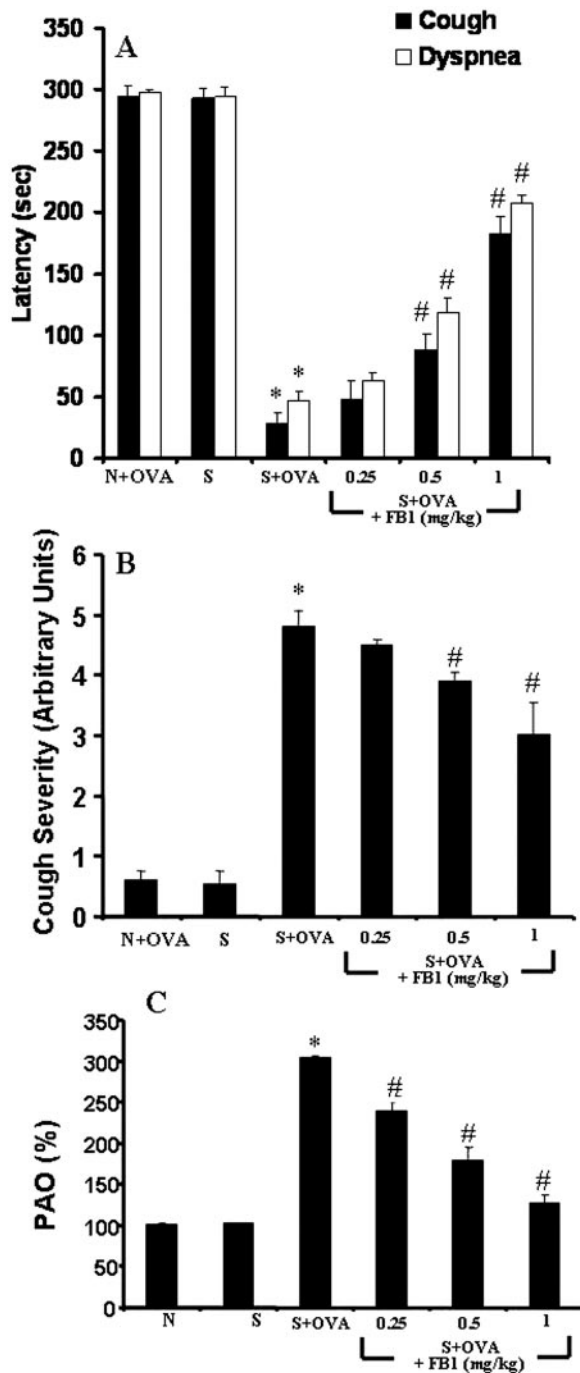


Fig. 3. Compared to OVA-challenged naive (N+OVA) or in sensitized and unchallenged (S) animals, OVA challenge in sensitized guinea pigs (S+OVA) led to a reduction of the latency time for cough and dyspnea (A) and to an increase in cough severity (B). As shown in C, FB1 also inhibited in a dose-dependent manner (0.25–1 mg/kg) OVA-induced bronchoconstriction in sensitized, mechanically ventilated guinea pigs, evaluated 10 min after OVA aerosol. PAO is expressed as percentage change over basal inflation pressure before OVA challenge, assumed as 100%. Data are expressed as mean \pm S.E.M. of five animals per experimental group. *, $p < 0.01$ versus OVA-challenged naive animals; #, $p < 0.01$ versus OVA-challenged, sensitized animals in the absence of FB1 or unchallenged, sensitized animals.

branes. Furthermore, OVA challenge led to enzymatic inactivation of MnSOD (Fig. 5B), increased the levels of 8-OHdG (Fig. 5C), a marker of oxidative DNA damage, and increased PARP activity (Fig. 5D). FB1 (1 mg/kg) attenuated nitroty-

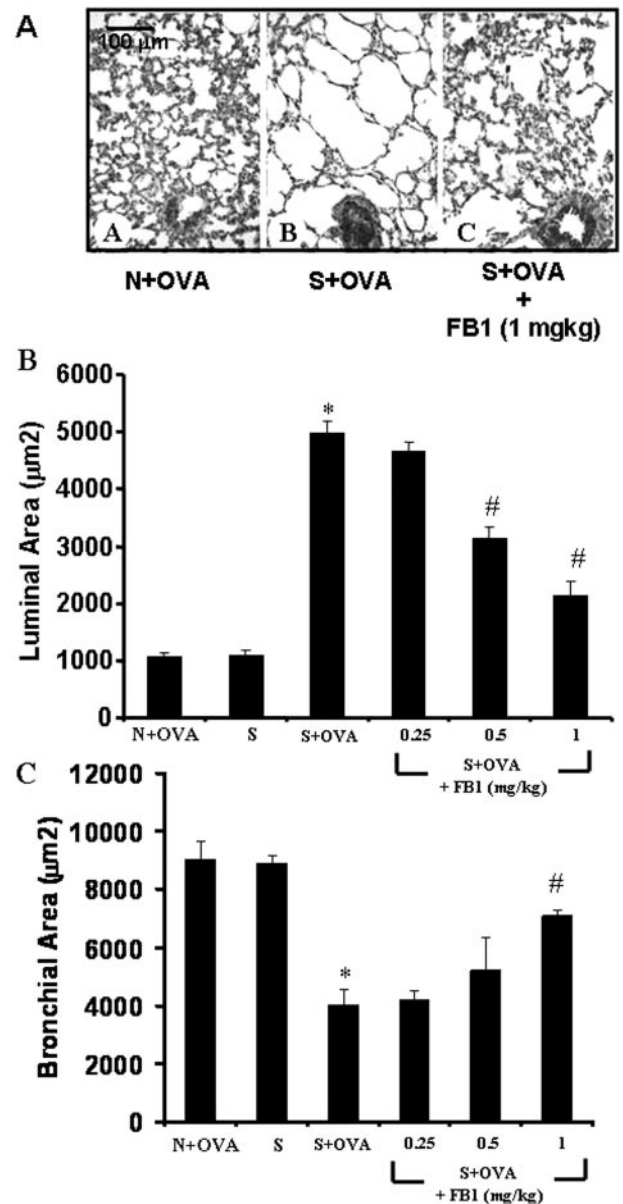


Fig. 4. A, representative lung tissue micrographs from OVA-challenged, naive guinea pigs (panel A), OVA-challenged, sensitized guinea pigs pretreated with PBS (panel B) and OVA-challenged, sensitized guinea pigs pretreated with the highest dose of FB1 (1 mg/kg) (panel C). Compared with A, a marked dilation of respiratory air spaces and reduction of bronchiolar lumen is seen in B but these alterations are not present in the FB1-treated group (C). Hematoxylin and eosin staining. B and C, morphometric analysis of luminal area of respiratory air spaces (B) and bronchioli (C). FB1 dose-dependently reduces the lung tissue abnormalities induced by OVA challenge in sensitized guinea pigs. *, $p < 0.001$ versus naive animals; #, $p < 0.001$ versus OVA-challenged, sensitized animals.

rosine formation (Fig. 1F) and dose-dependently (0.25–1 mg/kg) restored the enzymatic activity of MnSOD and decreased oxidative DNA damage, PARP activity, and MDA formation (Fig. 5, A–D).

Ceramide Inhibition Attenuates Apoptosis. OVA challenge in sensitized animals increases the activity of caspase-3 (Fig. 6), supporting the presence of apoptosis. Indeed, no TUNEL-positive cells were detected in OVA-challenged naive animals (Fig. 7A), whereas OVA challenge in sensitized guinea pigs led to the appearance of several airway epithelial cells

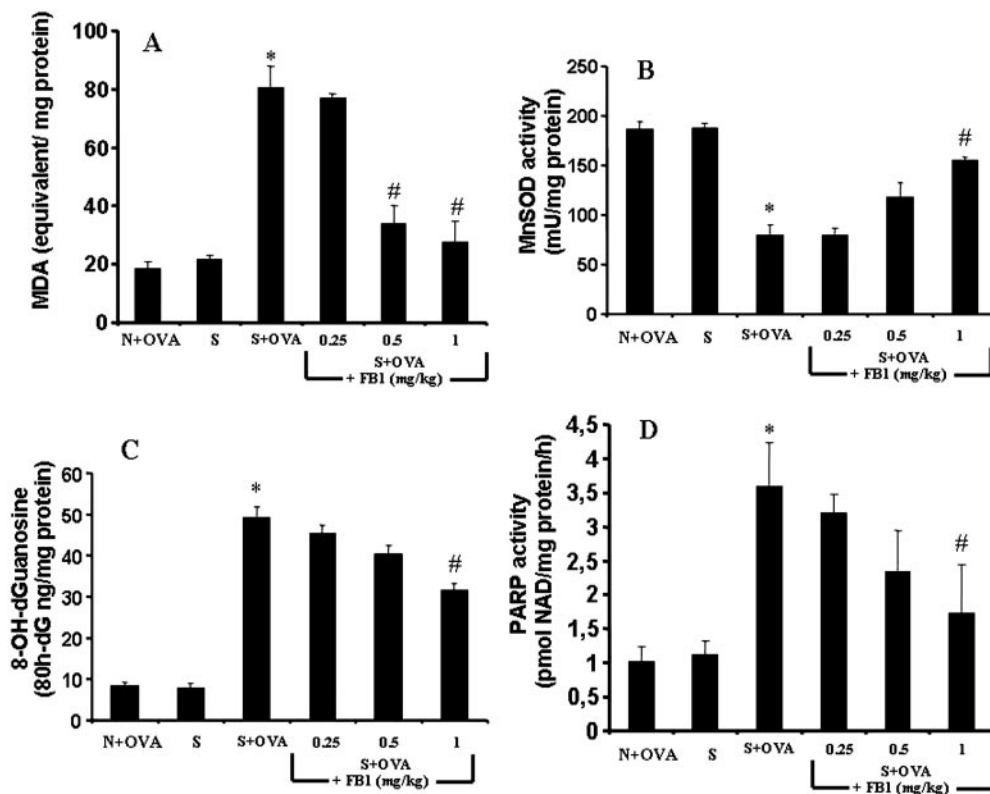


Fig. 5. Compared to OVA-challenged naive (N+OVA) or sensitized and unchallenged (S) animals, OVA challenge in sensitized guinea pigs (S+OVA) leads to increased formation of MDA (A), inactivation of MnSOD (B), enhanced generation of 8-OHdG (C), and increased PARP activity (D). These biochemical changes are reduced in a dose-dependent fashion by FB1 (0.25–1 mg/kg). Data are expressed as mean ± S.E.M. of five animals per experimental group. *, $p < 0.01$ versus OVA-challenged naive animals; #, $p < 0.05$ versus OVA-challenged, sensitized animals in the absence of FB1 or non-OVA-challenged, sensitized animals.

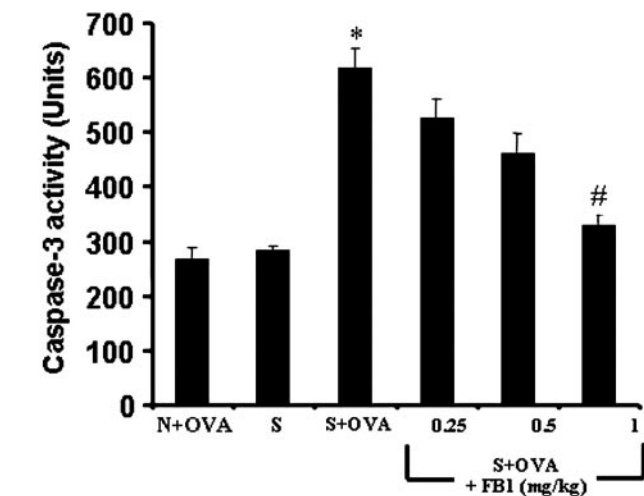


Fig. 6. Compared to OVA-challenged naive (N+OVA) or in sensitized and unchallenged (S) animals, OVA challenge in sensitized guinea pigs (S+OVA) increased caspase-3 activity, and this was blocked in a dose-dependent fashion by FB1 (0.25–1 mg/kg). Data are expressed as mean ± S.E.M. of five animals per experimental group. *, $p < 0.01$ versus OVA-challenged, naive animals; #, $p < 0.05$ versus OVA-challenged, sensitized animals in the absence of FB1 or sensitized, unchallenged animals.

undergoing apoptosis (Fig. 7, B and D). FB1 attenuated in a dose-dependent fashion (0.25–1 mg/kg) caspase-3 activation (Fig. 6) and significantly reduced epithelial cell apoptosis (0.5–1 mg/kg) (Fig. 7, A and B).

Ceramide Inhibition Attenuates Inflammation. Compared to naive and OVA-challenged animals, the increase in ceramide observed in sensitized animals after OVA challenge was associated with a clear-cut inflammatory response characterized by mast cell degranulation (Fig. 8A) and neu-

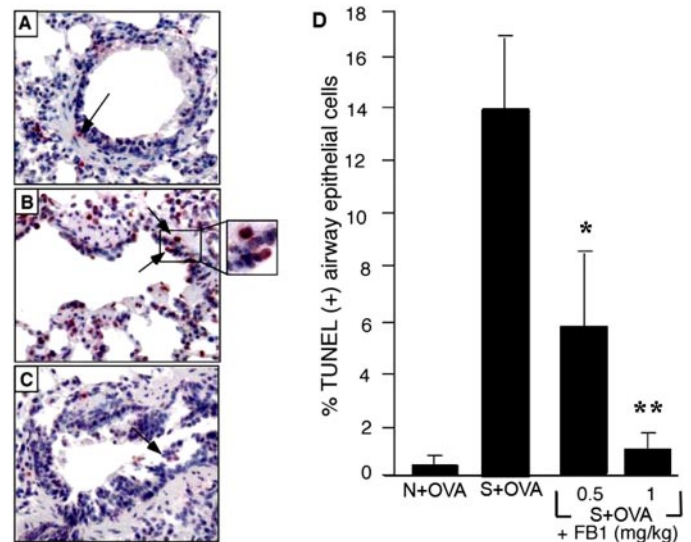


Fig. 7. Immunohistochemical analysis of apoptosis in airway epithelial cells. Increased numbers of TUNEL-positive epithelial cells can be seen (red nuclei) in OVA-challenged, sensitized animals (B) compared with OVA-challenged naive animals (A). FB1 (0.5–1 mg/kg) leads to a reduction of the amount of TUNEL-positive cells (C). The histogram (D) shows the mean ± S.E.M. of percent TUNEL-positive epithelial cells. *, $p < 0.05$; **, $p < 0.01$.

trophilic and eosinophilic infiltration in lung tissue, as measured by increases in MPO levels and MBP-positive cells, respectively (Fig. 8, B and C). Inflammatory cells were mostly located around the bronchi and within the stromal septa. Antigen challenge also led to increased levels of PGD₂, the major mast cell-derived prostaglandin, in bronchoalveolar lavage fluids and of TNF- α , a proinflammatory cytokine

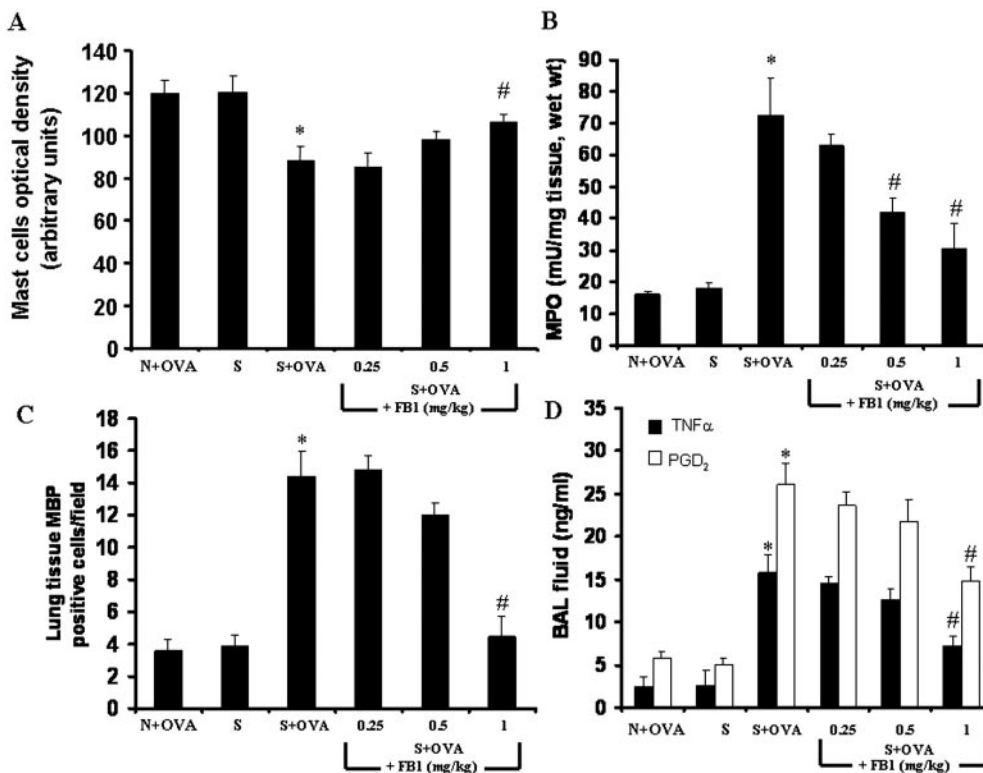


Fig. 8. Compared to OVA-challenged naive (N+OVA) or sensitized and unchallenged (S) animals, OVA challenge in sensitized guinea pigs (S+OVA) causes mast cell degranulation (A) and promotes lung tissue infiltration by neutrophils (B; evaluated by MPO in tissue homogenates) and eosinophils (C; evaluated as MBP-positive cells in lung tissue sections), and increased levels of PGD₂ and TNF- α (D; measured in bronchoalveolar lavage fluids). These events are blocked in a dose-dependent fashion by FB1 (0.25–1 mg/kg). Data are expressed as mean \pm S.E.M. of five animals per experimental group. *, $p < 0.01$ versus OVA-challenged naive animals; #, $p < 0.05$ versus OVA-challenged, sensitized animals in the absence of FB1 or unchallenged, sensitized animals.

(Fig. 8D). The above signs of inflammatory response were consistently reduced by FB1 in a dose-dependent fashion (0.25–1 mg/kg) (Fig. 8, A–D).

Discussion

Asthma is a chronic inflammatory disease of the airways affecting 6 to 7% in the population and accounting for more than \$6.2 billion in direct and indirect costs in the United States alone (Busse and Lemanske, 2001). The pathophysiology of this disease is complex and not completely clarified, thus being the object of intensive research efforts. The results of our studies implicate ceramide as a key signaling mediator in biochemical events culminating in acute asthmatic response and airway inflammation and, ultimately, respiratory dysfunction.

Antigen challenge in sensitized but not naive guinea pigs increased ceramide synthase activity, and the amount of immunoreactive ceramide in lung tissues, preferentially within the epithelium, reduced the latency for cough and dyspnea and significantly increased cough severity. This increase in ceramide was associated with the appearance in lung tissues of nitrotyrosine, an indicator of the formation of nitrating oxidants, and by increased formation of MDA, a byproduct of oxidative stress-induced lipid peroxidation of cell membranes. Systemic administration of the ceramide synthase inhibitor FB1 attenuated the formation of ceramide and significantly reduced the development of oxidative/nitrosative stress and respiratory abnormalities. These data provide a link between ceramide, oxidative/nitrosative stress, and acute asthmatic response.

Oxidative and nitrosative stress is a key feature of asthma, and as such, the prominent roles of superoxide, nitric oxide, and their reaction product peroxynitrite are well recognized

(Comhair et al., 2005). It is noteworthy that we and others have demonstrated an inverse correlation between production of these reactive species and forced expiration volume, an index of bronchial obstruction, in asthmatics (Calhoun et al., 1992; Comhair et al., 2005). A key signaling pathway that favors accumulation of superoxide and thus peroxynitrite is the enzymatic inactivation of MnSOD (Radi et al., 2001) that normally degrades superoxide. MnSOD is itself a target for tyrosine nitration and oxidation (Yamakura et al., 1998) that leads to loss of enzyme function, subsequent oxidative damage of mitochondrial proteins, and initiation of apoptosis. Under severe oxidative and nitrosative stress, DNA damage causes overactivation of the nuclear enzyme PARP, a critical intracellular mechanism of cell death through both necrotic and apoptotic pathways (Schreiber et al., 2006). Here we have shown that FB1 blocked the inactivation of MnSOD and prevented oxidative DNA damage, PARP and caspase-3 activation, and epithelial cell apoptosis. The importance of the reduction of epithelial cell apoptosis by FB1 is underscored by the fact that apoptosis has been intimately linked to airway remodeling and hyper-responsiveness in asthmatics (Comhair et al., 2005). Taken together, our results suggest that ceramide induces oxidative/nitrosative stress, resulting in MnSOD inactivation, thus triggering epithelial cell apoptosis, presumably via PARP and caspase activation. Ceramide has been reported to stimulate formation of reactive oxygen/nitrogen species and to also induce the expression of the inducible nitric-oxide synthase (Won et al., 2004). It is interesting to note that, whereas ceramide promotes generation of these species, superoxide and nitric oxide (and presumably peroxynitrite) increase steady-state concentrations of ceramide by activating sphingomyelinases and by increasing the degradation of ceramidases, the enzymes responsible for ceramide catabolism (Huwiler et al., 2000; Pautz et al.,

2002). These events contribute to the overall increase in the levels of ceramide and thus ceramide-mediated damage. Although the mechanisms by which these reactive oxygen/nitrogen species enhance the degradation of ceramidases are not understood, one potential mechanism may be nitration, thus facilitating their faster degradation by the ubiquitin/proteasome pathway (Souza et al., 2000). In endothelial cells, costimulation with nitric oxide and superoxide synergistically increase ceramide production and apoptosis (Pettus et al., 2002), which may contribute to an overall increase in tissue levels of ceramide and thus ceramide-mediated damage.

Our results suggest that the protective effects of FB1 may be secondary to attenuation of the inflammatory response, as evidenced by reductions of mast cell activation and degranulation, neutrophil and eosinophil infiltration, and release of TNF- α . The critical roles of neutrophils, eosinophils, and proinflammatory cytokines in the pathogenesis of asthma are known. Inhibition of neutrophil and eosinophil infiltration attenuates inflammation associated with late-phase responses and airway hyper-responsiveness, whereas mast cell mediators, including histamine, PGD₂ and TNF- α , evoke bronchoconstriction, smooth muscle cell proliferation, and recruitment of inflammatory cells (Busse and Lemanske, 2001). Ceramide modulation of these inflammatory responses through oxidative/nitrosative stress may occur upon several mechanisms. First, superoxide and peroxynitrite induce endothelial cell damage and increased microvascular permeability (Haglund et al., 1994) and activate redox-sensitive NF- κ B and AP-1 that promote the expression of genes encoding for proinflammatory and pro-nociceptive cytokines, such as IL-1 β , TNF- α , and IL-6 (Ndengele et al., 2005), as well as for adhesion molecules involved in neutrophil and eosinophil recruitment to inflammatory sites (Salvemini et al., 1999). Second, superoxide/peroxynitrite promote mast cell degranulation and histamine release (Masini et al., 2005). Third, superoxide/peroxynitrite activate cyclooxygenase enzymes leading to increased production of prostaglandins. Fourth, therapeutic reduction of oxidative/nitrosative stress with superoxide dismutase mimetics and peroxynitrite decomposition catalysts is anti-inflammatory and tissue-protective (Salvemini et al., 1999).

In summary, our results have revealed that formation of ceramide in the lung plays a critical role in the development of allergic asthma through at least three biochemical pathways: 1) oxidative and nitrosative stress; 2) apoptosis of airway epithelial cells; and 3) local tissue inflammation. Our study does not provide direct evidence that some of the observed effects could be ascribed to the downstream ceramide metabolite S1P, although this possibility is not to be ruled out. S1P is stored in mast cells, platelets, and endothelial and epithelial cells (Jolly et al., 2002) and is secreted as an autocrine mediator into the extracellular environment. S1P activates monocytes, endothelial cells, mast cells, and smooth muscle cells, mediates eosinophil and lymphocyte infiltration, and promote airway remodeling and hyper-responsiveness (Lee et al., 1999; Ammit et al., 2001; Roviezzo et al., 2007). In this context, S1P levels increase in the airways of asthmatic patients after allergen challenge and correlate with eosinophil number and protein concentration in their bronchoalveolar lavage fluids (Roviezzo et al., 2004). Multi-

ple S1P receptors have been identified in the lung, including S1Pr₁ and S1Pr₃ (Zhang et al., 1999). Recent studies in S1Pr₃-deficient mice suggested that S1Pr₃ receptors expressed by the bronchial epithelium are responsible for S1P-mediated pulmonary leakage (Gon et al., 2005). Knowledge of the relative contribution of each S1P receptor through the development of selective inhibitors will be critical in understanding its importance in asthma. Nevertheless, therapeutic strategies aimed at lowering pathologically elevated concentrations of ceramide in asthma could prevent the formation of both ceramide and S1P, possibly providing a more favorable endpoint than simply blocking one of the S1P receptors.

Our data suggest that increased formation of ceramide after antigen challenge promotes oxidative/nitrosative stress and enzymatic inactivation of MnSOD that trigger apoptosis and loss of airway epithelial cells. Furthermore, ceramide contributes to the lung inflammatory response by degranulating mast cells, recruiting neutrophils/eosinophils, and increasing formation of cytokines. In this paradigm, it is important to consider that reciprocal relationships exist among the inflammatory response, oxidative stress, and activation of the ceramide pathway, which may spark a vicious cycle that amplifies the disease. In turn, cytokines can stimulate the formation of reactive oxidative/nitrosative species and activate the de novo ceramide synthesis pathway (Kolesnik, 2002). The current findings suggest that strategies aimed at reducing *in situ* levels of ceramide could interrupt this vicious cycle and be a novel, promising antiasthmatic therapeutic strategy.

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