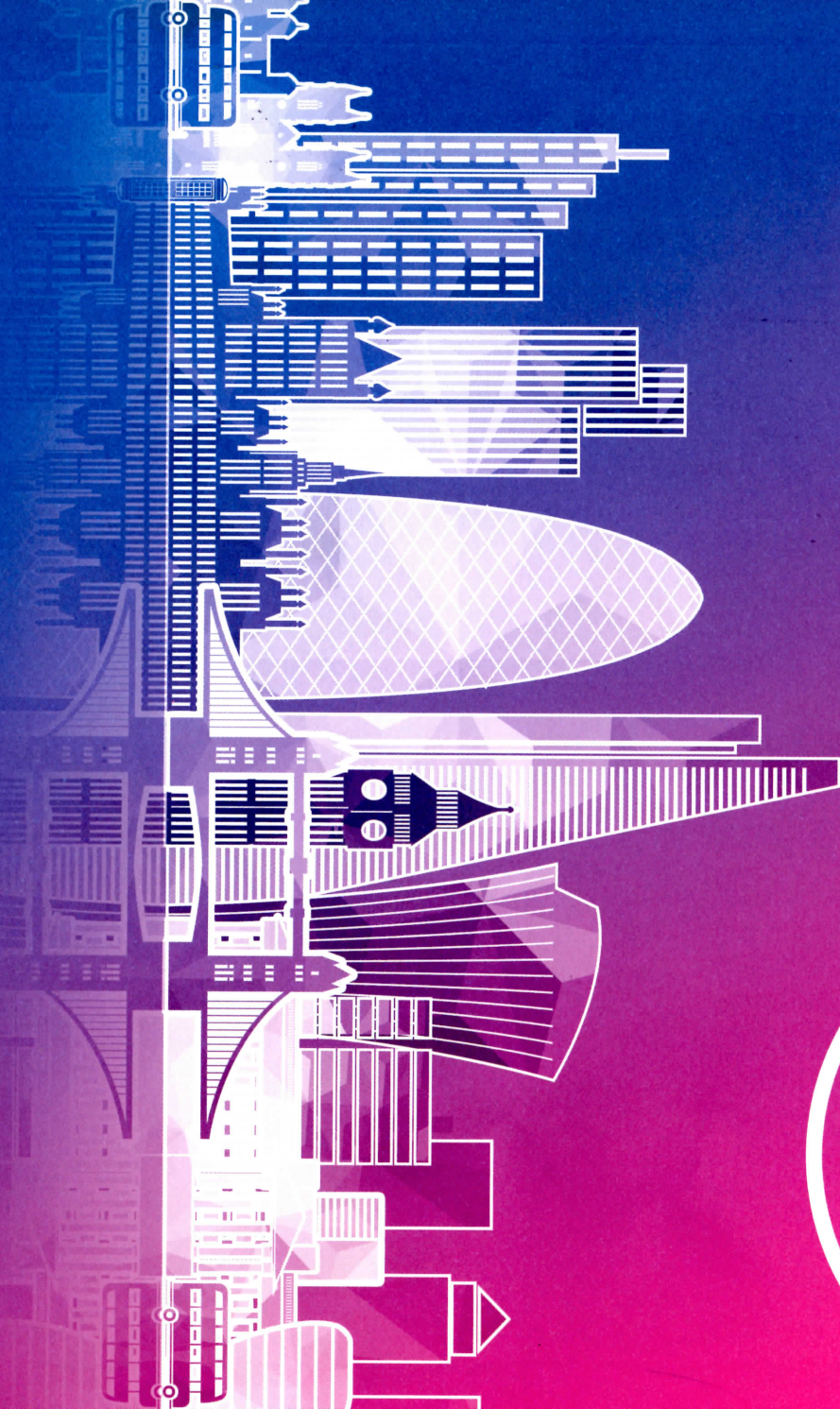


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## SHORT PAPERS FOUR: PSYCHOSOCIAL ONE

11.30am, Nunn Hall

CHAIR > Dr NATHALIE GODART

### THE IMPACT OF EATING DISORDERS ON CARER-PATIENT RELATIONSHIP: ACCOMMODATION AND ENABLING

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#### Background

We know the impact of eating disorders (ED) on the quality of life and family relationships. The aim of this study is to analyse if there are significant differences in accommodation and enabling behaviours between primary and secondary carers, and/or carers who spend more or less than 21 hour per week with the patient.

#### Method

The sample consists of 97 carers (94.8% parents, 5.2% partners) of patients with diagnosis of ED (AN: 86,1%, BN: 13,9%), who received the questionnaire AESED (Accommodation and Enabling Scale for Eating Disorders).

#### Results

Primary carer 84%, secondary carer 19.6%; spend > 21 h/w with the patient 64.5%, spend < 21h/w 35.5%. There are significant differences between primary and secondary carers in the AESED Overall score (p

0.02), avoidance and modifying routine (p 0,05) and reassurance seeking ( p 0,05), no significant differences between carers who spend more or less than 21 h/w with the loved one with ED.

## **Conclusions**

We believe that interventions focalised on ED maintenance factors have to show particular attention to primary carers to support them and to improve skills to care for their loved one with an ED.