

Three circular microalgal cells are shown in the upper right quadrant. The top cell is light blue, and the two cells below it are green. All cells show internal structures like chloroplasts and nuclei.

BOOK OF
ABSTRACTS

A large decorative arc on the left side of the cover. The top portion is a dashed green line, and the bottom portion is a solid grey line.

FINAL CONFERENCE
**European Recent Advances
in the Microalgae Field**

Working group 4

POSSIBLE APPLICATIONS OF *TISOCHRYSIS LUTEA* F&M-M36 AND *ARTHROSPIRA PLATENSIS* F&M-C256 EXTRACTS AS ANTINFLAMMATORY AGENTS

Alberto Niccolai¹, Elisabetta Bigagli², Lorenzo Cinci^{2*}, Mario R. Tredici¹, Natascia Biondi¹, Liliana Rodolfi^{1,3}, Mario D'Ambrosio², Cristina Luceri²

¹ Department of Agrifood Production and Environmental Sciences (DISPAA), University of Florence, Piazzale delle Cascine 24, 50144 Florence, Italy

² Department of NEUROFARBA, section of Pharmacology and Toxicology, University of Florence, Viale Pieraccini 6, 50139 Florence, Italy

³ Fotosintetica & Microbiologica S.r.l., Via dei Della Robbia 54, 50132 Florence, Italy

*Corresponding author: lorenzo.cinci@unifi.it

Functional foods offer, in addition to their nutritional value, a health advantage due to the beneficial activities of their natural bioactive components. These beneficial activities may be interesting in order to help in the control of several inflammation-based diseases acting synergistically with the common used drugs (e.g. NonSteroidal Anti-Inflammatory Drugs, NSAIDs, glucocorticoids) and consequently reducing their relevant side effects [1, 2, 3]. In this context, microalgae represent potential functional foods rich in compounds with biological activities that are interesting for human health, such as antioxidant, anti-inflammatory, and anti-lipidemic compounds [4, 5, 6, 7]. The aim of the study was to evaluate the anti-inflammatory effects of the methanolic extract of *Tisochrysis lutea* F&M-M36 (METiso) and the aqueous extract of *Arthrospira platensis* F&M-C256 (AEAp) by determining their inhibitory effects on pro-inflammatory mediators in lipopolysaccharide (LPS)-stimulated murine macrophage (RAW264.7 cells). Their effects were compared to those of pure fucoxanthin (FX) and phycocyanin (PC).

The expression of cyclooxygenase-2 (COX2), cytokine-inducible nitric oxide synthases (iNOs) and heme oxygenase-1 (HO-1) genes was measured by RT-PCR in the cellular lysate and Prostaglandin E2 (PGE2) concentration was quantified in the culture medium by using a competitive enzyme immunoassay.

The METiso was able to reduce the LPS-stimulated production of PGE2, dose-dependently, exhibiting a higher effect compared to that of FX at a concentration comparable to that present in the microalgal biomass. On the contrary, only the water-soluble phycobiliprotein PC, modulated significantly the expression of the pro-inflammatory genes COX2 and iNOs. However, both METiso, AEAp and single compounds up-regulated the expression of HO-1 in the presence of LPS, suggesting the involvement of the nuclear factor erythroid 2-related factor2 (Nrf2) signaling pathway that plays an important role in inhibiting the production of pro-inflammatory cytokines.

In conclusion, these preliminary results indicate that METiso and AEAp extracts inhibit inflammatory responses via the up-regulation of Nrf2/HO-1 pathway and METiso was also able to directly act on COX2 reducing the PGE2 production. These two microalgae have potential for the control of inflammatory chronic diseases and could be potentially used as anti-inflammatory agents.

Bibliography: [1] Celiberto, L. S., Bedani, R., Rossi, E. A., Cavallini, D. C. U. (2017). Probiotics: the scientific evidence in the context of inflammatory bowel disease. *Critical reviews in food science and nutrition*, 57, 1759-1768; [2] Geier, M. S., Butler, R. N., Howarth, G. S. (2007). Inflammatory bowel disease: current insights into pathogenesis and new therapeutic options; probiotics, prebiotics and synbiotics. *International journal of food microbiology*, 115, 1-11; [3] Saez-Lara, M. J., Gomez-Llorente, C., Plaza-Diaz, J., Gil, A. (2015). The role of probiotic lactic acid bacteria and bifidobacteria in the prevention and treatment of inflammatory bowel disease and other related diseases: a systematic review of randomized human clinical trials. *BioMed research international*, 2015; [4] Batista A.P., Niccolai A., Fradinho P., Fragoso S., Bursic I., Rodolfi L., Biondi N., Tredici M.R., Sousa I., Raymundo A. (2017). Microalgae biomass as an alternative ingredient in cookies: Sensory, physical and chemical properties, antioxidant activity -and *in vitro* digestibility. *Algal Research*, 26, 161-171; [5] Bigagli E., Cinci L., Niccolai A., Tredici M.R., Biondi N., Rodolfi L., Lodovici M., D'Ambrosio M., Mori G., Luceri C. (2017). Safety evaluations and lipid-lowering activity of an *Arthrospira platensis* enriched diet: A 1-month study in rats. *Food Research International*, 102, 380-386; [6] Bigagli E., Cinci L., Niccolai A., Biondi N., Rodolfi L., D'Ottavio M., D'Ambrosio M., Lodovici M., Tredici M.R., Luceri C. (2018). Preliminary data on the dietary safety, tolerability and effects on lipid metabolism of the marine microalga *Tisochrysis lutea*. *Algal Research*, 34, 244-249; [7] Niccolai A., Shannon E., Abu-Ghannam N., Biondi N., Rodolfi L., Tredici M.R. (2018). Lactic acid fermentation of *Arthrospira platensis* (spirulina) biomass for probiotic-based products. *Journal of Applied Phycology*, 1-7