

NON INVASIVE DISTRESS MONITORING IN CHILDREN HOSPITAL INTENSIVE CARE UNIT

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Abstract

First results are presented concerning the evaluation of the distress occurring during cry, as related to possible decrease of central and peripheral blood oxygenation. A recording system has been developed, that allows synchronised, non invasive, monitoring of both central and peripheral blood oxygenation along with audio recordings of newborn infant's cry. Ad hoc markers allow for localisation of cry episodes in blood oxygenation recordings. A multi-purpose voice analysis tool (BioVoice), characterised by high resolution and tracking capabilities, is used to extract main cry features. The method has been applied to a set of 18 preterm and 2 full-term newborns at the intensive care unit, A.Meyer Children Hospital, Firenze, Italy.

1 Introduction

Preterm and low-birth-weight infants often present respiratory problems, ranging from insufficient ventilation to apnoea. Also, new born infants have an impaired auto regulation of the cerebral blood flow [1, 2, 3, 4]. Irregularities in the blood flow and pressure may adversely influence the development of the child [5,6,7,8]. Some studies have been performed to evaluate both cerebral and peripheral blood oxygenation in the newborn by Near Infrared Spectroscopy (NIRS) and pulseoxymetry, also as linked to other techniques [1]-[6], [14]. Though crying is a physiological action made by the infant to communicate and draw attention, in preterm and/or low-birth-weight infants it could imply an effort which may have an adverse impact on blood oxygenation. From our previous studies [], the distress effect of crying seems much larger on central blood saturation than on peripheral saturation.

To this aim, a new recording system has been developed, that allows non invasive synchronised monitoring of blood oxygenation (NIRS spectrometer and pulseoxymeter) and the audio recording of infant's cry emissions. Preliminary results on a data set of 20 preterm infants indicate that often the effort in crying is linked to a noticeable decrease in the central oxygenation level during a cry episode. Objective analysis of cry signals gives helpful parameters for

2 Materials and methods

Monitoring has been performed by collecting data from three different sources: heart rate and peripheral blood saturation of oxygen were recorded using a pulseoxymeter, central blood saturation was measured with a NIRS device, and a microphone connected to a laptop has been used to record cry emissions. Specific software was developed to synchronise data during recordings. Figures 1-2 respectively depict the experimental setup and the user interface for patient's data collection, device selection and synchronized data acquisition.

2.1 Devices

Central blood saturation has been measured by means of a NIRS device (somasensors by INVOS 5100C Somanetics Corp.), with sampling rate of 0.2 samples/sec. The NIRS signal is composed of up to four independent channels, each made up of two data, one containing the relative saturation of oxygen, and the other representing the quality of the signal, useful to detect possible artifacts related to patient movement or poor contact of the sensor with the patient.

Peripheral blood oxygenation and heart rate were recorded with a pulseoxymeter (Radical Masimo Set) that employs powerful adaptive digital filters for denoising. It allows for both venous and arterials blood oxygenation, with a sampling rate of 1 sample/sec.

A unidirectional microphone (Shure SM58), equipped with Tascam US-144 portable audio/MIDI interface (96 kHz/24-bit recording) has been used to record cry emissions. Audio recordings were stored on a multimedia laptop on a single channel audio track, with sampling rate $F_s=44$ kHz and 16 bit resolution.

Specific software has been designed and implemented to allow synchronization of the output of the three devices by means of a digital output linking the laptop with the input of both the NIRS and pulseoxymeter devices. The software implements simultaneous recording of the audio channel through the US-144 board and of the NIRS and pulseoxymeter signal using a RS-232 connection.

Due to different sampling rates used for NIRS, pulseoxymeter and audio signals, in order to synchronise data the range for

audio analysis is adjusted to the nearest second in the corresponding NIRS recording. Markers are provided on the oxygenation recordings, corresponding to cry episodes.

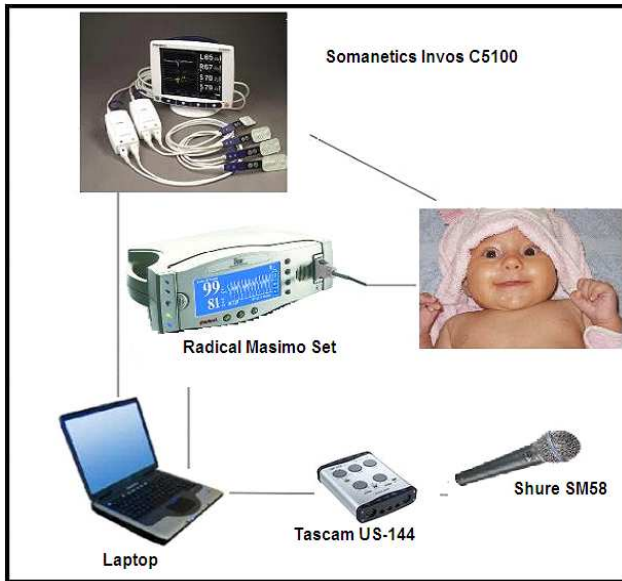


Figure 1: Devices for data acquisition and elaboration.

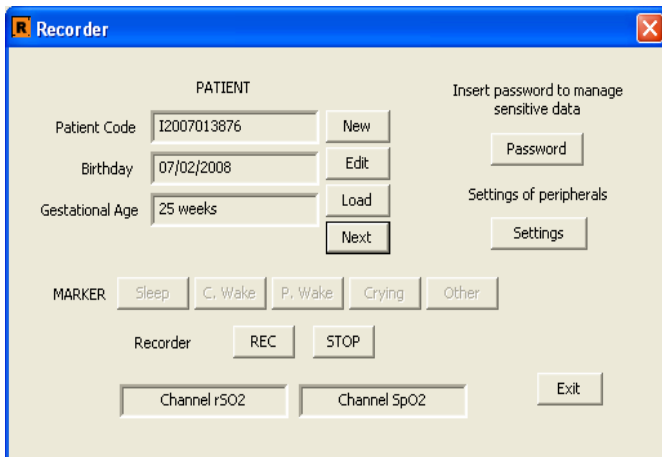


Figure 2: User interface for storage and retrieval of patient's data, selection of recording devices, and recording options.

Signals were recorded in a quiet room at the Intensive Care Unit, satisfying the basic environmental requirements:

- Low background noise, as the room can be successfully insulated from the outside.
- Levels of illumination can be selected and kept stable according to the NIRS device requirements

Moreover, both oxymetry instruments are sensitive to sudden movements possibly made by the patient. Hence, special care has been used to assure a good contact between sensors and the patient skin.

2.2 Cry signal analysis

Cry episodes (2sec-5sec length) are automatically extracted from audio recordings by means of an off-line devoted

software tool, and then submitted to a multi-purpose voice analysis tool (BioVoice). Fig.3 shows the user-friendly interface. The tool has been developed to overcome some weakness commonly found in most commercial software. Specifically, non manual setting is required to the user; on each cry episode a voiced/unvoiced (V/UV) separation algorithm is applied, specifically optimised to avoid parameter estimation on signal frames that have no harmonic content, where misleading results could be obtained [7].

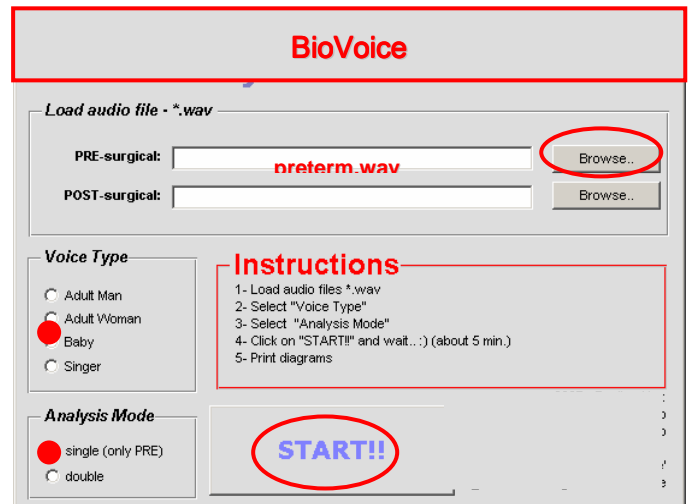


Figure 3: The user-friendly interface of the voice analysis tool

Moreover, BioVoice performs F_0 and resonance frequencies (RFs) tracking on signal frames of varying length (even few ms), adaptively tailored to varying signal characteristics.

F_0 tracking is achieved by means of a two-step procedure, based on well-established results: the AMDF approach is applied to a wavelet-smoothed SIFT estimation of F_0 , with optimised and varying adaptive filter order [8]-[10].

Even if vowel frequencies cannot be found in newborn cry, RFs ($F_i, i=1,..$) reflect important acoustical characteristics of the vocal tract of the infant. Robust and high-resolution RFs estimation is implemented, based on parametric AutoRegressive (AR) PSD evaluation.

Finally, a number of plots and tables is displayed and saved in printable format, for a visual comparison of results. Specifically, F_0 , V/UV frames, spectrogram and the first three RFs, F_1 - F_3 , are plotted, all in coloured map. Tables summarise mean, std, max, min values for F_0 and F_1 - F_3 , as well as cry length and the corresponding maximum energy. These parameters are in fact considered among the most meaningful for newborn cry analysis [8]-[12].

3 Experimental results

The analysis has been carried out on a group of 18 preterm (23weeks<g.a.<37weeks) and/or low weight (590g<w.a.b.<2500g) infants and 2 full term infants (38 weeks<g.a.<40weeks, 2600g<w.a.b<3460g), selected by physicians among patients at the Critical Care Unit of the Children Hospital A.Meyer, in Firenze, Italy. No relevant pathology was found among the analysed infants. Fig.3 and Table 1 show results from BioVoice, concerning a cry

episode of a newborn infant with gestational age of 27 weeks and a birth weight of 800g.

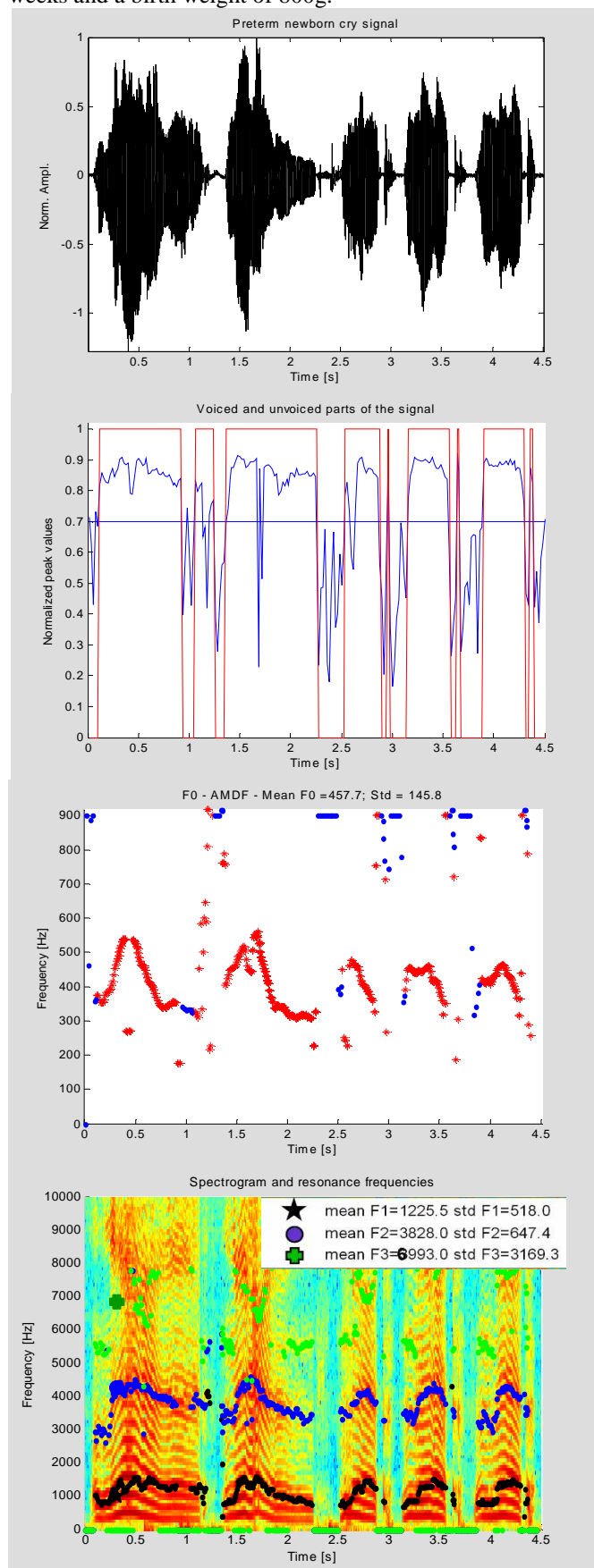


Figure 3: From top to bottom: cry episode, V/UV separation, F_0 tracking, F_1 - F_3 superimposed on the spectrogram.

Notice that, as for most cases, due to staying for a due period in the incubator, recordings were made later (age >35 weeks). Results show that cry episodes are quite short (<1s). F_0 shows typical rising-falling melody, but with decreasing intensity with time, possibly due to reduced breathing energy of the patient. The same seems true for F_1 - F_3 . Fig.4 shows 20 min NIRS tracking, where the most right frame includes the cry episode cited above. A decrease in blood oxygenation corresponding to cry is clearly visible, as well as in the other two frames, in the same figure, pointing out distress episodes related to crying. This happens in all cases.

Moreover, tracking the saturation level often pointed out an increase of saturation after the episode, possibly due to an effort made by the nervous system to compensate the loss of oxygen due to crying [14].

To test the results, the mean of 5-10-15 NIRS values respectively (corresponding to about 25-50-75 sec) before and after each cry episode were considered, and compared for all cases. A t-test applied on such data shows in most cases a highly statistical difference (<0.01) between pre- and post crying NIRS values. However, we point out that data are in general not homogeneous, due to different situations: cry episodes can be close to each other or not, and possibly preceded by sleep or awakness or other conditions. This could distort results.

First results from the whole group of preterm newborns show that in most cases drop in blood oxygenation seems directly related to the distress due to crying, pointing out the need for specific care in preterm infants devoted to stress reduction.

*VOICED PARTS		
Star	Envl	Total
0.120s	0.940s	0.820s
1.060s	1.350s	0.290s
1.360s	2.280s	0.920s
2.540s	2.900s	0.360s
2.960s	2.960s	0.000s
3.160s	3.880s	0.720s
3.640s	3.680s	0.040s
3.900s	4.320s	0.420s
4.360s	4.400s	0.040s
Max duration = 0.920s ; Min duration = 0.020s ; Mean duration = 0.360s		
Total duration = 3.240s ; Number Parts = 9		

*POWER MAX = -3.251dB		

Table 1: Statistics of the cry episode in Fig.3.

4 Final remarks

First results have been presented, concerning the evaluation of the distress occurring during cry, as related to possible decrease of cerebral oxygenation. A synchronisation system has been developed, that allows simultaneously recording blood oxygenation and infant's cry emissions. Cry episodes are A new robust tool for new-born infant cry analysis is presented. Specifically, possible relationships among some cry parameters and distress are investigated here, as related to the decrease of cerebral oxygenation.



Figure 4: Upper: Plot of 18.23 min recording of central blood oxygenation (NIRS). Lower: three frames from the upper figure (▲) of about 2 min. length each, including a cry episode (↑), always corresponding to a decrease in blood oxygenation level.

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