

Driven-Dissipative Phase Separation in Free-Space Atomic Ensembles

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The driven Dicke model, wherein an ensemble of atoms is driven by an external field and undergoes collective spontaneous emission due to coupling to a leaky cavity mode, is a paradigmatic example of a system exhibiting a driven-dissipative phase transition as a function of driving strength. Recently, a similar phenomenon was experimentally observed, not in a cavity setting, but rather in a free-space atomic ensemble. The reason why similar behavior should emerge in free space is not obvious, as the system interacts with a continuum of optical modes, which encodes light-propagation effects. Here, we present and solve a simple model to explain the behavior of the free-space system, based on the one-dimensional Maxwell-Bloch equations. On one hand, we show that a free-space ensemble at a low optical depth can exhibit similar behavior as the cavity system, as spatial propagation effects are negligible. On the other hand, in the thermodynamic limit of large atom number, we show that certain observables such as the transmittance or the atomic excited population exhibit nonanalytic behavior as a function of the driving intensity, reminiscent of a phase transition. However, a closer analysis reveals that the atomic properties are highly inhomogeneous in space, and based on this we argue that the free-space system does not undergo a phase transition but rather a “phase separation,” roughly speaking, between saturated and unsaturated regions.

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I. INTRODUCTION

The driven-dissipative Dicke model stands as a paradigmatic example of a driven, open quantum system. It represents a collection of coherently driven, two-level systems uniformly coupled to a single, lossy electromagnetic field mode. Despite its apparent simplicity, it approximately describes an atomic ensemble coupled to a cavity [1–4], like in Fig. 1(a), and displays several rich features that have stimulated sustained research. A notable aspect of this

model is the existence of a driven-dissipative phase transition [5–13], governed by the parameter $\beta = 2\Omega/N\Gamma_{1D}$, with Ω and Γ_{1D} being the coherent driving strength and atomic emission rate into the cavity, respectively. The system exhibits a magnetized ($\beta < 1$) and nonmagnetized ($\beta > 1$) phase, with the latter manifesting nonergodic dynamics [12,14] and so-called time crystalline behavior [15–17]. The magnetized phase exhibits spin squeezing [8,18], which is known to be a valuable resource in quantum metrology. In realistic cavity setups, atoms can also decay independently into free space at a rate Γ , leading to first-order phase transition with modified properties, like a shifted critical value of β [5,6,15,19,20]. Surprisingly, a recent experiment [21] has shown that an elongated ensemble of atoms in *free space*, driven along its main axis, exhibits features that look remarkably similar to the driven-dissipative Dicke model, even though there are no cavity mirrors. For example, the magnetization was

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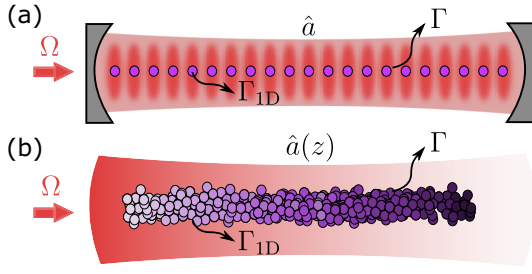


FIG. 1. (a) Sketch of the driven Dicke model, where an ensemble of N two-level atoms couples identically to a single cavity mode \hat{a} . The ensemble is driven by a coherent field with strength Ω and decays collectively into the lossy cavity at a rate Γ_{1D} . In realistic setups, atoms can also decay independently outside of the cavity, i.e., into the 4π continuum of modes, at a rate Γ . Here, the system is permutational invariant and spatially homogeneous. (b) Sketch of the Maxwell-Bloch model representing an ensemble in free space, where atoms couple to the driving mode at rate Γ_{1D} and to the continuum of modes at a rate Γ . Here, light-propagation effects prevent the field $\hat{a}(z)$ and atomic operators $\hat{\sigma}^{\alpha}(z)$ from being spatially uniform in general.

observed to be suppressed as a function of driving strength, in a way resembling the phase transition in the Dicke model. The atomic emission also appeared to be super-radiant, scaling quadratically with system size for strong driving. However, formally, the cavity and free-space systems appear quite different. The Dicke model involves a discrete cavity mode and thus has no spatial field degrees of freedom, resulting in permutational invariance of atomic observables and conservation of total angular momentum. Contrarily, a free-space atomic ensemble couples to a continuum of field modes, and indeed spatiotemporal propagation effects are behind various well-known phenomena in such systems [22–25].

Here, we examine the behavior of a driven elongated atomic ensemble in free space to elucidate the possible existence of a phase transition, and its connection to that of the iconic “zero-dimensional” driven Dicke model. To this end, we present the model illustrated in Fig. 1(b), which is based on the well-established 1D Maxwell-Bloch (MB) equations for light propagation in dilute atomic clouds [26–33].

First, taking a discrete version of this theory, we show the atomic master equation is identical to the cavity problem in terms of driving and dissipation, but features an extra coherent (dipole-dipole) interaction encoding light propagation. This term captures the key difference between cavity and free-space scenarios and suggests their behavior converges when the atomic system is approximately spatially uniform (e.g., for low optical depths or strong saturation).

Second, solving the MB model in the thermodynamic limit within the mean-field approximation, we find a nonanalytic behavior in the light transmission

and magnetization, and identify the parameter governing an apparent “transition.” A closer inspection, however, reveals that the system exhibits what we term a “phase separation,” where different spatial regions of the ensemble acquire different properties (saturated vs. magnetized) due to the spatial degree of freedom. Finally, we compare our MB model with the experimental results of Ref. [21], obtaining a good agreement.

We highlight the complementary work from Ref. [34], which directly models a three-dimensional atomic ensemble, and arrives at similar conclusions to ours. Together, these works offer significant insight into the physics of driven-dissipative free-space atomic ensembles and the manifestation of cavitylike behavior.

II. DRIVEN-DISSIPATIVE DICKE MODEL

To facilitate the comparison with the free-space results discussed later, we briefly recall the driven-dissipative Dicke model of N two-level atoms interacting identically with a single-mode cavity, and summarize its main features. Specifically, we first consider an ideal cavity where atoms only couple to the cavity mode (which we call the “Dicke model”), and later present a more realistic scenario where atoms can also spontaneously decay into other modes (which we call the “cavity model”). Assuming that the cavity mode is lossy, and starting from the full atom-light master equation, one can trace out the cavity field within a Born-Markov approximation to obtain a master equation for the atomic density matrix $\hat{\rho}$ that reads [2,5–7,15]

$$\dot{\hat{\rho}} = -\frac{i}{\hbar} [\hat{H}_{\text{drive}}, \hat{\rho}] + \mathcal{L}_{\downarrow}[\hat{\rho}]. \quad (1)$$

The Hamiltonian term

$$\hat{H}_{\text{drive}} = \frac{\hbar\Omega}{2} (\hat{S}_+ + \hat{S}_-), \quad (2)$$

describes a resonant coherent field driving the ensemble with Rabi amplitude Ω . Here, $\hat{S}_{\pm} = \sum_{n=1}^N \hat{\sigma}_n^{\pm}$ are collective spin raising and lowering operators, which can be written in terms of the raising and lowering operators of the individual two-level atoms $\hat{\sigma}_n^{\pm}$. The Liouvillian

$$\mathcal{L}_{\downarrow}[\rho] = \frac{\Gamma_{1D}}{2} \left(2\hat{S}_- \hat{\rho} \hat{S}_+ - \{\hat{\rho}, \hat{S}_+ \hat{S}_-\} \right) \quad (3)$$

captures the collective atomic emission at a rate Γ_{1D} , which stems from the coupling to the lossy cavity.

The master Eq. (1) is invariant under the permutation of two atoms and conserves total angular momentum (\hat{S}^2). These symmetries allow $\hat{\rho}$ to be expressed in terms of a limited number of collective angular momentum states

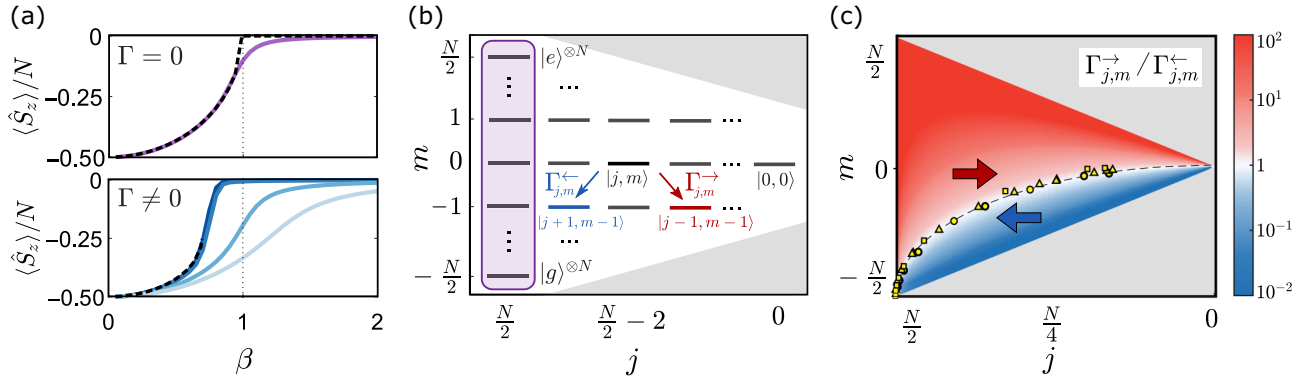


FIG. 2. (a) Normalized steady-state magnetization $\langle \hat{S}_z \rangle / N$ as a function of $\beta = 2\Omega / N\Gamma_{1D}$ for $N = 30$ atoms. Top: solid line is a numerical simulation of the Dicke model [Eq. (1)], while the dashed line is the mean-field prediction of Eq. (6). Bottom: solid lines are a simulation of the cavity model [Eq. (7)] for values of local dissipation strengths of $\Gamma = [0.5, 1, 5, 10]\Gamma_{1D}$ (dark to lighter blue), while the dashed line is Eq. (12). (b) Schematic ordering of the $|j, m\rangle$ states by their quantum numbers m and j . Without local dissipation, j is conserved and any dynamics starting from the ground state $|g\rangle^{\otimes N} = |j = N/2, m = -N/2\rangle$ is confined to the purple box. Instead, local dissipation allows for transitions $\Gamma_{j,m}^{\rightarrow}$ and $\Gamma_{j,m}^{\leftarrow}$ that modify j . (c) Ratio between the angular momentum-changing decay rates $\Gamma_{j,m}^{\rightarrow} / \Gamma_{j,m}^{\leftarrow}$ for different j and m , which balance at the dashed line given by Eq. (10). The yellow points are the results of numerical simulations of Eq. (7) for different driving strengths, where we convert the expectation values of angular momentum operators to j, m using the formulas $m \approx \langle \hat{S}_z \rangle$ and $j(j+1) \approx \langle \hat{S}^2 \rangle = \langle \hat{S}_x^2 + \hat{S}_y^2 + \hat{S}_z^2 \rangle$. Here, $N = 30$ and $\Gamma = [0.1, 1, 10]\Gamma_{1D}$ (squares, points, and triangles).

$|j, m\rangle$, which satisfy

$$\hat{S}^2 |j, m\rangle = j(j+1) |j, m\rangle, \quad (4a)$$

$$\hat{S}_z |j, m\rangle = m |j, m\rangle, \quad (4b)$$

with $\hat{S}_\alpha = \sum_{n=1}^N \hat{\sigma}_n^\alpha / 2$, $j \in [0, N/2]$ and $m \in [-j, j]$. The conservation of angular momentum breaks the Hilbert space into different j manifolds, which makes dynamics efficient to solve.

A. Driven-dissipative phase transition

As discussed in the Introduction, the competition between the coherent driving Ω and the collective dissipation Γ_{1D} in Eq. (1) yields a driven-dissipative phase transition [5–13, 15]. As a function of the ratio $\beta = 2\Omega / N\Gamma_{1D}$, the steady-state solution of the density matrix features a magnetization that goes from nonzero ($\beta < 1$) to zero ($\beta > 1$), a transition that can already be seen at the mean-field level. In the following, we focus on the $j = N/2$ manifold, which contains the state $|j = N/2, m = -N/2\rangle$ with all atoms unexcited (the typical initial state). Keeping only the terms of order $\mathcal{O}(N^2)$, the steady-state solution to the mean-field Heisenberg equations for the collective spin operators read

$$\Omega \langle \hat{S}_z \rangle = \Gamma_{1D} \langle \hat{S}_z \rangle \langle \hat{S}_y \rangle, \quad (5a)$$

$$\Omega \langle \hat{S}_y \rangle = \Gamma_{1D} (\langle \hat{S}^2 \rangle - \langle \hat{S}_z \rangle^2), \quad (5b)$$

where $\langle \hat{S}_x \rangle = 0$. To solve Eq. (5), one usually exploits the conservation of angular momentum to substitute $\langle \hat{S}^2 \rangle =$

$N(N/2 + 1)/2 \approx N^2/4$, yielding

$$\langle \hat{S}_z \rangle = -\frac{N}{2} \sqrt{1 - \beta^2}, \quad \beta < 1. \quad (6)$$

Figure 2(a) shows the magnetization of the system $\langle \hat{S}_z \rangle$ as a function of β . The mean-field prediction in Eq. (6) is consistent with a full master-equation simulation of the Dicke model (1). The nonanalytic behavior of $\langle \hat{S}_z \rangle$ at the critical point $\beta_c = 1$ is a hallmark of the phase transition. We note this mean-field result is supported by other methods, such as numerics [8, 10, 12], exact solution [15, 18], or an analysis based on approximate eigenstates [13]. Additional hallmarks of the phase transition are the steady-state density matrix going from a pure to completely mixed state [8, 18] and from squeezed to unsqueezed [8, 35] at the same critical point.

The unmagnetized phase ($\beta > 1$) also features superradiant atomic emission, with an emission rate scaling quadratically with atom number. Indeed, the atomic steady state for $\beta > 1$ is completely mixed within the $j = N/2$ manifold, which implies $\Gamma_{1D} \langle \hat{S}^+ \hat{S}^- \rangle = \Gamma_{1D} \text{Tr}(\hat{S}^+ \hat{S}^-) / (N+1) \propto N^2$. Notably, this superradiance is preserved at arbitrarily large values of β thanks to angular-momentum conservation.

Although not central to the discussion, we point out that even if the steady-state solution for $\beta > 1$ is a mixed density matrix, a large system can undergo nonergodic dynamics with persistent oscillations [14], an effect that has been termed as a boundary time crystal [15–17].

B. Realistic cavity model

In realistic cavity QED setups, the cavity is not closed and atoms can also emit into the continuum of 4π modes. The typical assumption in quantum optics consists in treating these other modes as independent emission, which modifies the original Dicke model by a local dissipation term $\mathcal{L}_\downarrow[\hat{\rho}]$, such that

$$\dot{\hat{\rho}} = -\frac{i}{\hbar} [\hat{H}_{\text{drive}}, \hat{\rho}] + \mathcal{L}_\downarrow[\hat{\rho}] + \mathcal{L}_\uparrow[\hat{\rho}], \quad (7a)$$

$$\mathcal{L}_\downarrow[\hat{\rho}] = \frac{\Gamma}{2} \sum_{n=1}^N (2\hat{\sigma}_n^- \hat{\rho} \hat{\sigma}_n^+ - \{\hat{\rho}, \hat{\sigma}_n^+ \hat{\sigma}_n^-\}). \quad (7b)$$

Equations (7) will be referred to as the cavity model, where atoms decay collectively into the cavity mode at a rate Γ_{1D} , and independently into free space at a rate Γ .

The local dissipation term $\mathcal{L}_\downarrow[\hat{\rho}]$ breaks the conservation of angular momentum and allows the system to explore multiple j manifolds during its evolution. Even so, Eqs. (7) remain invariant under the exchange of two atoms. This permutational symmetry can be exploited to aid numerical simulations, as it significantly reduces the Hilbert-space size, only requiring $\mathcal{O}(N^3)$ elements instead of $\mathcal{O}(2^N)$ [36–39]. To satisfy this condition experimentally, one may consider using optical tweezers inside the cavity [40,41], to ensure that all atoms couple identically to the single cavity mode.

C. Dynamics in the cavity model

The nonconservation of angular momentum makes the system depart from the initial $j = N/2$ manifold. To understand why, it is convenient to rewrite the cavity master Eq. (7) in terms of the angular momentum states by projecting the density matrix $\hat{\rho}$ into the $|j, m\rangle$ basis,

$$\langle j', m-1 | \dot{\hat{\rho}} | j', m-1 \rangle = \sum_{j,m} \Gamma_{j,m}^\alpha \langle j, m | \hat{\rho} | j, m \rangle + \dots \quad (8)$$

This reveals the rates $\Gamma_{j,m}^\alpha$ at which population is transferred from the state $|j, m\rangle$ into the states $|j', m-1\rangle$ via spontaneous emission, where $\alpha = \{\leftarrow, \rightarrow, \downarrow\}$ indicates whether the angular momentum j' of the final state has increased or decreased by one unit or stayed the same, as illustrated in Fig. 2(b). In the following, we focus exclusively on the angular momentum-changing decay rates $\Gamma_{j,m}^{\leftarrow}$ and $\Gamma_{j,m}^{\rightarrow}$, which change the value of j by $+1$ and -1 , respectively, and whose explicit form can be found in the literature to be [37]

$$\Gamma_{j,m}^{\leftarrow} = \Gamma \frac{(j-m+1)(j-m+2)(\frac{N}{2}-j)}{2(j+1)(2j+1)}, \quad (9a)$$

$$\Gamma_{j,m}^{\rightarrow} = \Gamma \frac{(j+m-1)(j+m)(j+1+\frac{N}{2})}{2j(2j+1)}. \quad (9b)$$

Figure 2(c) illustrates how the ratio between these decay rates depends on j and m . In the red region, $\Gamma_{j,m}^{\rightarrow} \gg \Gamma_{j,m}^{\leftarrow}$ and a given state evolves toward lower j manifolds. The opposite happens in the blue region, where the angular momentum increases.

Intuitively, one expects the steady state of the system, $\hat{\rho}_{ss}$, to be a mixture of angular-momentum states centered somewhere on the white curve, where the angular-momentum-changing decay rates balance. By treating j and m as continuous variables and considering the limit $N \gg 1$, we find that imposing the condition $\Gamma_{j,m}^{\rightarrow} = \Gamma_{j,m}^{\leftarrow}$ leads to a universal relationship between angular momentum and magnetization in the steady state

$$j = \frac{N}{2} \sqrt{1 - (1 + 2m/N)^2}, \quad (10)$$

which interestingly is independent of Γ (provided it is not exactly zero). We supplement this intuitive argument with full master-equation simulations. In particular, in Fig. 2(c), we plot with points the calculated steady-state values of $\langle \hat{S}_z \rangle$ and $\langle \hat{S}^2 \rangle$ for $N = 30$ atoms and various ratios of Γ/Γ_{1D} , and observe that their steady-state values indeed lie on the predicted universal curve of Eq. (10). Here, to have a unified notation, we associated the expectation values of the observables with $m \approx \langle \hat{S}_z \rangle$ and $j(j+1) \approx \langle \hat{S}^2 \rangle$, although we stress that $\hat{\rho}_{ss}$ is a mixture of different angular-momentum states.

As an aside, one can use similar arguments to show that $\hat{\rho}_{ss}$ is never pure in the cavity model. Indeed, since Eq. (7) never creates coherences between different j manifolds, one expects a pure steady state only if the population mostly remains in the initial j manifold, or equivalently, if $\Gamma_{j,m}^{\rightarrow} < \Gamma_{j,m}^{\leftarrow}$. Let us focus on states close to the $j = N/2$ manifold, such that $j = \frac{N}{2} - \epsilon_j$ with $\epsilon_j \sim \mathcal{O}(1)$. Using again Eq. (9) in the $N \gg 1$ limit, this inequality relation between the decay rates yields

$$n \lesssim \frac{1}{\sqrt{N}}, \quad (11)$$

where $n = m/N + 0.5$ is the fraction of excited population. Interestingly, the condition (11) cannot be satisfied in the thermodynamic limit ($N \rightarrow \infty$) for a nonzero n . This is in stark contrast with the Dicke model, where the system is always pure in the magnetized phase ($\beta < 1$).

D. Phase transition in the cavity model

A phase transition still persists in the presence of local dissipation, albeit with modified properties. Let us consider a small amount of local dissipation $\Gamma < N\Gamma_{1D}$ in Eq. (7). Since independent emission only introduces corrections of order $\mathcal{O}(N)$ in the Heisenberg equations, Eq. (5) remain valid. However, now $\langle \hat{S}^2 \rangle \neq N^2/4$ because

angular momentum is not conserved. Instead, we substitute the value of angular momentum using Eq. (10), where we again approximate the values of j and m by the expectation values of $\langle \hat{S}^2 \rangle$ and $\langle \hat{S}_z \rangle$, respectively. This self-consistent mean-field theory yields three solutions, from which only $\langle \hat{S}_z \rangle = 0$ and

$$\langle \hat{S}_z \rangle = -\frac{N}{4} - \frac{N}{4} \sqrt{1 - 2\beta^2}, \quad \beta < \frac{1}{\sqrt{2}}, \quad (12)$$

are stable. Equation (12) indicates a first-order phase transition at a shifted critical point $\beta'_c = 1/\sqrt{2}$ compared to the original Dicke model ($\beta_c = 1$). Figure 2(a) shows how Eq. (12) agrees with a master-equation simulation of the cavity model (7) for a fixed N and sufficiently small Γ . On the other hand, for increasing Γ (but fixed N), the transition from magnetized to unmagnetized is displaced to larger values of β , far away from the β'_c prediction in Eq. (12). Again, these findings are supported by other methods such as a factorization ansatz [6,15,19,42] and numerics [20,36].

III. ENSEMBLE IN FREE SPACE

We now introduce our minimal model for the experiment reported in Ref. [21], where an elongated ensemble in free space is driven quasiuniformly by a focused laser beam (approximately a Gaussian transverse mode). Our goal is to describe the dynamics of both the atomic operators and the light propagating in this quasi-one-dimensional mode. To this end, we utilize the 1D MB equations, which constitute the predominant theory to treat these systems [26–33]. A more detailed explanation of the assumptions underlying this model is provided in Appendix C. To summarize, however, this model is expected to be valid for dilute, elongated atomic systems, where there exist natural spin-wave modes that can experience a strong collective enhancement of emission that scales with the optical depth of the system. Furthermore, it is assumed that the system is driven by an optical field whose mode is closely matched with the (quasi-Gaussian) emission pattern of a dominant spin-wave mode, and that one is interested primarily in spatiotemporal dynamics of the field within that mode and the associated atomic response.

In the following, we first introduce the MB equations in a somewhat different form to what appears in textbooks—in particular, taking the atoms as discrete point-like scatterers—before showing their equivalence to the standard form of the MB equations, where atoms appear as a continuous density. This discrete formulation has the advantage that it highlights the mathematical difference with the cavity model, once the field is integrated out.

A. Maxwell-Bloch model

We start from the atom-light Hamiltonian of N atoms coupled to a one-dimensional continuum of propagating photons in free space, described by the field operator $\hat{a}(z)$. This field represents the right-propagating mode by which atoms are driven and probed. The system Hamiltonian, including both atoms and photons, reads [43–47]

$$\hat{H} = -i\hbar c \int dz [\hat{a}^\dagger(z) \partial_z \hat{a}(z)] + \hbar \sqrt{\frac{c\Gamma_{1D}}{2}} \sum_{n=1}^N [\hat{a}^\dagger(z_n) \hat{\sigma}_n^- + \text{h.c.}]. \quad (13)$$

The first term describes the energy of the free-propagating fields, where $\hat{a}^\dagger(z)$ and $\hat{a}(z)$ create and annihilate a right-propagating photon at position z . They satisfy standard bosonic commutation relations $[\hat{a}(z), \hat{a}^\dagger(z')] = \delta(z - z')$. The second term in Eq. (13) accounts for the interaction between atoms at discrete positions z_n and photons, where we have assumed an identical, frequency-independent coupling rate Γ_{1D} . Here, we simplified the atom-light coupling by assuming an identical coupling for all atoms. For a physical beam resembling a Gaussian mode, this is a valid approximation provided the transverse and longitudinal dimensions of the ensemble are smaller than the beam waist and Rayleigh range of the Gaussian mode, respectively.

Next, we use Eq. (13) to calculate the Heisenberg equations of motion for the field and atomic operators

$$\left[\frac{\partial}{\partial z} + \frac{1}{c} \frac{\partial}{\partial t} \right] \hat{a}(z) = -i \sqrt{\frac{\Gamma_{1D}}{2c}} \sum_{n=1}^N \hat{\sigma}_n^- \delta(z - z_n), \quad (14a)$$

$$\frac{\partial}{\partial t} \hat{\sigma}_n^- = i \sqrt{\frac{c\Gamma_{1D}}{2}} \hat{a}(z_n) \hat{\sigma}_n^z, \quad (14b)$$

$$\frac{\partial}{\partial t} \hat{\sigma}_n^z = i \sqrt{2c\Gamma_{1D}} [\hat{a}^\dagger(z_n) \hat{\sigma}_n^- - \text{h.c.}]. \quad (14c)$$

The system above constitutes the MB model, which we later use to investigate the possibility of a phase transition in free space. However, before doing so, we show the result of integrating out the field to arrive at an atomic master equation, as in the cavity model (7).

Starting from Eq. (14a), we assume the photon propagation occurs in a timescale much shorter than the atomic dynamics, as $\Gamma_{1D} \gg L/c$, where L is the system length. This allows us to disregard the time derivative in Eq. (14a), which is equivalent to a Markov approximation [30,48,49]. Integrating over space yields the input-output relation

$$\hat{a}(z) = a_{\text{in}} - i \sqrt{\frac{\Gamma_{1D}}{2c}} \sum_{n=1}^N \hat{\sigma}_n^- \theta(z - z_n), \quad (15)$$

where $\theta(z - z_n)$ is the Heaviside step function with $\theta(0) = 1/2$. In essence, Eq. (15) shows the field at position z is the coherent sum of the input light a_{in} (taken to be a c -number corresponding to a coherent state) and the atomic emission. Consistently, only the atoms at the left of the position z contribute to the total field, as $\hat{a}(z)$ is right propagating.

The fact that the total field driving the atoms in Eq. (14) can be expressed purely in terms of the input field and other atoms suggests that an atom-only description is possible (see, e.g., Refs. [50,51] for more details). In addition to the propagating mode of interest, we assume that the atomic interaction with the remaining free-space modes can be modeled as independent emission Γ , as in the cavity model of Sec. II B. The resulting master equation for the atomic density matrix $\hat{\rho}$ reads [46]

$$\dot{\hat{\rho}} = \frac{-i}{\hbar} \left[(\hat{H}_{\text{drive}} + \hat{H}_{\text{dd}}), \hat{\rho} \right] + \mathcal{L}'_{\downarrow}[\hat{\rho}] + \mathcal{L}_{\downarrow}[\hat{\rho}], \quad (16a)$$

$$\hat{H}_{\text{dd}} = -\frac{i\hbar\Gamma_{\text{1D}}}{4} \sum_{n>m} [\hat{\sigma}_n^+ \hat{\sigma}_m^- - \hat{\sigma}_m^+ \hat{\sigma}_n^-], \quad (16b)$$

$$\mathcal{L}'_{\downarrow}[\hat{\rho}] = \frac{\Gamma_{\text{1D}}}{4} \left[2\hat{S}^- \hat{\rho} \hat{S}^+ - \left\{ \hat{\rho}, \hat{S}^+ \hat{S}^- \right\} \right], \quad (16c)$$

where $\hat{H}_{\text{drive}} = \hbar\sqrt{c\Gamma_{\text{1D}}/2} \sum_n (a_{\text{in}}^*(z_n) \hat{\sigma}_n^- + \text{h.c.})$ describes the driving by the input field and \hat{H}_{dd} describes coherent dipole-dipole interactions mediated by photons in the quasi-1D mode. The collective spin operator \hat{S} is understood to be the spin-wave mode that is preferentially excited by the driving field (see Appendix C).

The master Eq. (16) reveals that the only difference between our free-space model and the cavity model (7) is the coherent dipole-dipole interaction term \hat{H}_{dd} . Note that permutationally invariant dipole-dipole interactions can also appear in the cavity model, when the atomic and cavity resonance frequencies do not match [3]. However, the \hat{H}_{dd} in Eq. (16b) is different in nature, as it depends on the relative atomic positions and cannot be made to vanish by some choice of atomic resonance frequency. Intuitively, this term is necessary to capture pulse propagation within the ensemble, as is allowed in free space, and thus breaks the permutational symmetry of the cavity (or Dicke) model.

An attractive feature of the MB model, which we will show in the next section, is that it can serve as an effective macroscopic theory, where the complexity of the solution is decoupled from the number of microscopic degrees of freedom. This in turn can aid in developing the physical interpretation of results. We also again point to the complementary work of Ref. [34], which approaches the same problem from a microscopic point of view, and which arrives at similar conclusions to ours.

B. Mean-field steady-state solution

The MB equations generally have no exact solution beyond the limit of weak driving (linear response), so we resort to a mean-field treatment to look for a phase transition in the thermodynamic limit. We will argue later why the mean-field approximation should be good to describe the phase transition, even if generally of course light-matter interactions are known to contain many effects beyond mean-field.

We include the photonic degrees of freedom back in the discussion and return to our Eq. (14) with the addition of the independent emission term $\mathcal{L}_{\downarrow}[\hat{\rho}]$. To further simplify the equations, we replace the granular ensemble with a macroscopically smooth medium. This is done by substituting the atomic operators with continuous quantum fields $\sum_{n=1}^N \hat{\sigma}_n^- \delta(z - z_n) \approx \frac{N}{L} \hat{\sigma}^-(z)$. The resulting equations of motion have the usual MB form [52]

$$\partial_z \hat{E}(z) = -i\sqrt{\frac{\Gamma_{\text{1D}}}{2}} \frac{N}{L} \hat{\sigma}^-(z), \quad (17a)$$

$$\dot{\hat{\sigma}}^-(z) = -\frac{\Gamma}{2} \hat{\sigma}^-(z) + i\sqrt{\frac{\Gamma_{\text{1D}}}{2}} \hat{E}(z) \hat{\sigma}^z(z), \quad (17b)$$

$$\dot{\hat{\sigma}}^z(z) = -\Gamma(\hat{\sigma}^z(z) + 1) + i\sqrt{2\Gamma_{\text{1D}}}(\hat{E}^\dagger(z) \hat{\sigma}^-(z) - \text{h.c.}), \quad (17c)$$

where the spatiotemporal dependence of the fields is implicit and we have included the effects of local dissipation Γ . Here, we have also normalized the field $\hat{E} = \sqrt{c} \hat{a}$ such that $(\hat{E}^\dagger \hat{E})$ represents the number of photons passing through the plane z per unit of time. In addition, we have neglected the quantum Langevin noise operators that accompany the dissipation in Eqs. (17b) and (17c), as they play no role at the mean-field level.

The mean-field solution is obtained by replacing any operator \hat{O} by the sum of their expectation value and fluctuation $\hat{O} = O + \hat{\delta}_O$, and then neglecting $\hat{\delta}_O$ to achieve a solution to lowest order [30,53]. Taking $\Gamma \gg \Gamma_{\text{1D}}$ as in realistic experimental scenarios, the steady-state solutions of Eqs. (17b) and (17c) read

$$\sigma^-(z) = -\frac{i\sqrt{2\eta\Gamma}E(z)}{\Gamma + 4\eta E^2(z)}, \quad \sigma^z(z) = \frac{-\Gamma}{\Gamma + 4\eta E^2(z)}, \quad (18)$$

where $\eta = \Gamma_{\text{1D}}/\Gamma$ is the single-atom cooperativity, which physically represents the ratio of the emission rates into the Gaussian mode and the remaining free-space modes. In Sec. IV, we will detail how η can be estimated for an elongated atomic cloud, based on the spatial profile of the atomic emission and the geometry of the ensemble.

Substituting Eq. (18) into Eq. (17) yields a first-order differential equation with an analytic solution. Imposing the boundary condition $E(0) = E_{\text{in}}$, the amplitude of the

field within a 1D ensemble spanning $z \in [0, L]$ obeys

$$E(z) = E_{\text{in}} \exp\left[\frac{D}{2}\left(s - \frac{z}{L}\right) - \frac{1}{2}W\left(\log(Ds) + D\left(s - \frac{z}{L}\right)\right)\right]. \quad (19)$$

Here, $W(x)$ is the Wright Omega function [53,54], whose specific form will not be relevant. The only important property is that $W(x)$ exhibits linear behavior for large positive values of $x \gg 1$ and exponential behavior for negative ones $x \ll -1$. The solution in Eq. (19) is mathematically equivalent to the problem of light propagation through a classical saturable absorber [55,56].

Equation (19) suggests that the mean-field behavior of our system is entirely determined by two experimentally relevant parameters: the optical depth $D = 2\eta N$ and the saturation parameter $s = 2|E_{\text{in}}|^2/N\Gamma$. The former characterizes the degree of exponential attenuation of a weak field in transmission, while the latter is the ratio between the input photon flux and the photon flux radiated by a completely saturated ensemble of N atoms into 4π . (Note that a very strongly driven atom becomes completely mixed in steady state, and thus $(N/2)\Gamma$ is the maximum rate of photons that could be scattered by the ensemble.)

For $s \ll 1$, the system is weakly driven and the input field is exponentially attenuated across the ensemble. One can explicitly see this from the transmittance in the MB model, which reads

$$T(s, D) = \frac{E^2(L)}{E^2(0)}. \quad (20)$$

For small s , Eqs. (20) and (19) lead to $T \approx e^{-D}$, consistently with the definition of optical depth and recovering the well-known Beer-Lambert law describing the intensity attenuation of a weak field through a dilute atomic cloud. In the opposite regime, where $s \gg 1$, the system is driven strongly and the atomic response saturates ($\sigma^-, \sigma^z \approx 0$). Physically, the input field greatly exceeds the atomic emission and $E(z) \approx E_{\text{in}}$ remains roughly constant throughout the ensemble, yielding $T \approx 1$.

C. Existence of phase transition?

A typical signature of phase transitions is the nonanalytic behavior of observables (or their derivatives) in the thermodynamic limit upon the change of a parameter. For example, in the Dicke model, the derivative of \hat{S}_z in Eq. (6) becomes nonanalytic at $\beta = 1$. Let us first use this criterion for the MB model to search for a phase transition. We will argue later why this signature provides an incomplete story.

In the MB model, the thermodynamic limit corresponds to $D \rightarrow \infty$ while maintaining constant N/AL (fixed density). From Eq. (20), we verify numerically that the transmission for large optical depth satisfies

$$T_{\infty}(s) \approx \begin{cases} 0 & \text{for } s < 1, \\ 1 - \frac{1}{s} & \text{for } s \geq 1, \end{cases} \quad (21)$$

to leading order in $1/s$. We clearly observe two distinct regimes. In the first regime ($s < 1$), the system is magnetized, and the infinite optical depth leads to zero transmission. In other words, the input photons are scattered into free space before they reach the end of the ensemble. In the second regime ($s > 1$), the influx of photons surpasses the maximum atomic emission rate, resulting in atomic saturation and a non-zero transmission. We compare the transmission calculated with Eq. (20) and the prediction from Eq. (21) in Fig. 3(a) as a function of s , where we observe a convergence for increasing system sizes. Here, we plot the observables in terms of $\sqrt{s} \propto E_{\text{in}}$ to compare later with the Dicke model.

We can also calculate the averaged magnetization $\bar{s}^z = \frac{1}{2L} \int \sigma^z(z) dz$ in the ensemble by substituting Eq. (19) into

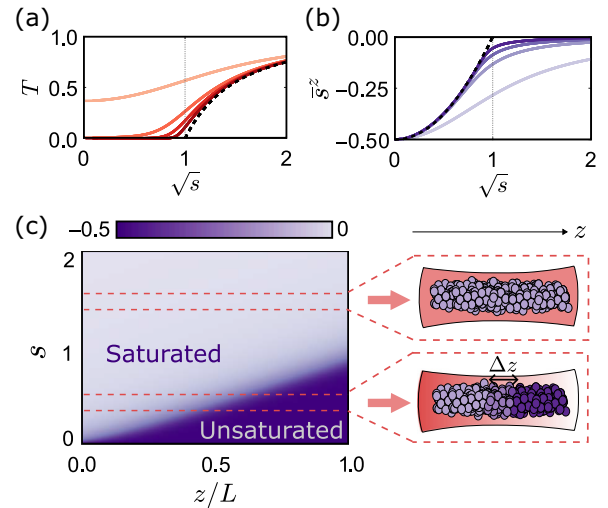


FIG. 3. (a),(b) Transmission T and averaged magnetization \bar{s}^z in the MB model as a function of the square root of the saturation parameter \sqrt{s} for different optical depths $D = \{1, 5, 10, 20\}$ (light to darker colors). We also plot the respective thermodynamic limits from Eqs. (21) and (22) in dashed black. Both observables exhibit a sharp transition at $s = 1$. (c) Local magnetization $s^z(z)$ as a function of position z and saturation parameter s for $D = 20$. In the magnetized phase ($s < 1$), the system splits into saturated and unsaturated regions at $z \approx z_c$. Here, Δz is the length of the boundary between the two regimes. In the unmagnetized phase ($s > 1$), the system is completely saturated.

Eq. (18). In the thermodynamic limit, one has

$$\bar{s}_\infty^z(s) \approx \begin{cases} \frac{s-1}{2} & \text{for } s < 1, \\ 0 & \text{for } s \geq 1. \end{cases} \quad (22)$$

We again observe two distinct regimes as a function of s , where the average magnetization is nonzero for $s < 1$ and zero for $s > 1$. This is illustrated in Fig. 3(b), where we notice a striking similarity to the Dicke phase transition in Fig. 2(a).

Upon closer inspection, one notices significant differences with the results of the cavity model. In the magnetized phase, the spatial distribution of the magnetization $s^z(z) = \sigma^z(z)/2$ is extremely inhomogeneous. Figure 3(c) provides a visual representation of a system with large optical depth $D = 20$, showing that for $s < 1$ the side of the ensemble where light enters is saturated and has zero magnetization. However, these atoms scatter all of the incident light into free space, leaving the atoms on the output side unexcited.

Indeed, the behavior in Eq. (22) can be easily reproduced by splitting the ensemble into two regions: fully saturated ($\sigma^z(z) = 0$) and not illuminated ($\sigma^z(z) = -1$). Defining the “critical” position z_c between these two regions as the position where the variable in the function $W(x)$ of Eq. (19) changes sign, i.e., $z_c \equiv sL$, the average magnetization reads

$$\bar{s}_\infty^z = \frac{1}{2L} \int_0^{z_c} \sigma^z(z) dz + \frac{1}{2L} \int_{z_c}^L \sigma^z(z) dz = \frac{s-1}{2}, \quad (23)$$

which is exactly Eq. (22). This is in stark contrast with the magnetized phase existing in the cavity and Dicke models, where each individual atom had the same magnetization.

We note that although the simple model above predicts well the average magnetization, the position-dependent magnetization $s^z(z)$ is actually a smooth function, as illustrated in Fig. 3(c). The transition between the magnetized and saturated regions of the system occurs not at a single point z_c but over a length scale $\Delta z \propto L/D$. However, in the thermodynamic limit, this length scale becomes infinitesimally small compared to the total length $\Delta z/L \propto 1/D \rightarrow 0$, and leads to the nonanalytic behavior of the average magnetization.

Furthermore, even in global observables like \hat{S}_z and T that exhibit nonanalytic behavior, the “critical value” $s = 2E_{\text{in}}^2/N\Gamma = 1$ depends on field intensity, rather than field amplitude as in the cavity model. This would suggest that the critical driving strength in free space scales with the square root of system size ($\Omega_c \propto \sqrt{N}$), in contrast to the linear behavior observed in the cavity and Dicke models ($\Omega_c \propto N$), as also seen in Ref. [34].

These arguments suggest that the nature of the “transition” in free space differs fundamentally from that of the

Dicke and cavity models. Due to spatial inhomogeneity, global observables like \hat{S}^z and T fail to capture the system’s microscopic details. Their nonanalytic behavior at a single value of s does not capture that the local magnetization at different points in the system in fact changes abruptly at different values of s , nor does it capture that the system is divided into macroscopic regions with completely different properties.

In the absence of more precise terminology, we describe the free-space ensemble as exhibiting *phase separation*, where the system is divided into two “immiscible” regions with different properties, rather than a true phase transition. This constitutes the main result of this work.

D. Mapping to cavity QED

Above, we have argued that the behavior of a free-space ensemble in the thermodynamic limit (high D) is fundamentally different than in the case of a cavity. This is due to propagation effects in the former system, which allows for spatial inhomogeneity in local observables. On the other hand, for low D , the atoms cannot have a significant effect on the input field. This causes the atoms to respond nearly homogeneously, and in this regime, the system behavior can resemble cavity QED, as we now argue in more detail.

Let us start from the MB model in Eqs. (17). We first integrate Eq. (17) with boundary conditions $E(0) = E_{\text{in}}$ and substitute the result in Eq. (17b). Then, we use the relation $\Omega = \sqrt{2\Gamma_{\text{1D}}}E_{\text{in}}$ to rewrite the input field in the units of the cavity model, and perform a mean-field approximation to decorrelate the operators. Finally, we assume that at low D the ensemble is spatially homogeneous, which allows us to approximate $\langle \hat{\sigma}_i^\alpha \rangle \approx \langle \hat{\sigma}^\alpha \rangle$. The resulting mean-field Heisenberg equation for \hat{S}^- looks remarkably similar to the one of the cavity model for the same assumptions, where

$$\langle \dot{\hat{S}}_-^{\text{cav}} \rangle \approx -\frac{\Gamma N}{2} \langle \hat{\sigma}^- \rangle + \frac{i\Omega N}{2} \langle \hat{\sigma}^z \rangle + \frac{\Gamma_{\text{1D}} N^2}{2} \langle \hat{\sigma}^z \rangle \langle \hat{\sigma}^- \rangle, \quad (24a)$$

$$\langle \dot{\hat{S}}_-^{\text{MB}} \rangle \approx -\frac{\Gamma N}{2} \langle \hat{\sigma}^- \rangle + \frac{i\Omega N}{2} \langle \hat{\sigma}^z \rangle + \frac{\Gamma_{\text{1D}} N^2}{4} \langle \hat{\sigma}^z \rangle \langle \hat{\sigma}^- \rangle. \quad (24b)$$

The only difference is a factor 1/2, which arises from the fact that within the MB model, the radiation of a given atom into the quasi-1D mode can only affect atoms to the right (approximately $N^2/2$ combinations instead of N^2), a so-called “chiral” interaction.

To further support this mapping, we use Eqs. (18) and (19) to calculate the steady-state magnetization $\langle \hat{S}_z \rangle$ and total angular momentum $\langle \hat{S}^2 \rangle$ in the MB model for varying optical depths D and driving strengths. As we illustrate in Fig. 4, the results from the MB model obey the same universal relation (10) from the cavity model at low D . To calculate the expectation values of observables, such as \hat{S}^2 ,

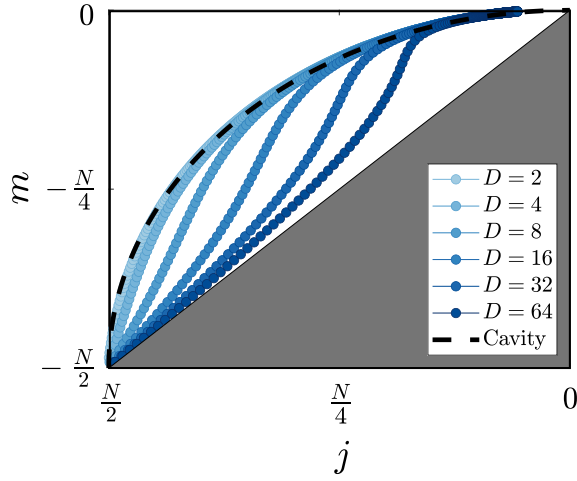


FIG. 4. Steady-state relationship between magnetization and total angular momentum in the MB model. The points correspond to the estimated quantum numbers $m = \langle \hat{S}_z \rangle$ and $j(j+1) = \langle \hat{S}^2 \rangle$ from a numerical simulation of the MB model for different optical depths D (light to dark blue). For a fixed optical depth, the different points are obtained by varying the driving strength. We also plot the steady-state universal relation (10) from the cavity model with black dashed lines. The models agree when the optical depth is low, and/or the driving strength is sufficiently large.

we used a product-state ansatz, which we discuss in more detail in the next section.

The fact that an ensemble becomes homogeneous at low D has important implications for the dipole-dipole interactions. Starting from the effective Hamiltonian \hat{H}_{dd} in Eq. (16b), one can see that the combination of mean-field and spatial homogeneity renders the coherent part of the dipole-dipole interactions negligible. Explicitly,

$$\langle \hat{H}_{dd} \rangle \approx \frac{\Gamma_{1D} N^2}{8} (\langle \hat{\sigma}^+ \rangle \langle \hat{\sigma}^- \rangle - \langle \hat{\sigma}^+ \hat{\sigma}^- \rangle) = 0. \quad (25)$$

This again illustrates the role of the dipole-dipole interactions in encoding field propagation (and thus spatially inhomogeneous response) in the ensemble.

In addition to the low- D limit, the cavity and MB models converge for sufficiently large driving strengths. In this limit, the atoms become saturated, the atomic coherences $\langle \hat{\sigma}_n^\pm \rangle$ vanish and the chiral dipole-dipole interactions become negligible $\langle \hat{H}_{dd} \rangle \approx 0$. This convergence can also be appreciated in Fig. 4, where the cavity and MB curves coincide for large enough driving (small enough m) regardless of the optical depth. In Appendix B, we provide a complementary analysis based on how \hat{H}_{dd} acts on the angular momentum states for strong drivings.

IV. MODELING OF EXPERIMENTAL DATA

We now reproduce some key experimental results from Ref. [21] using the MB model. Instead of the natural parameters D and s of the MB model, the experiment had access to atom numbers N and Rabi frequencies Ω [21]. Thus, to relate these quantities, we need to establish first a value for the cooperativity η of the experiment.

In Sec. III B, we defined η as the ratio of collective to independent dissipation rates for a collective atomic spin-wave excitation within the ensemble. As detailed in Appendix C, this prescription assumes the spin wave (\hat{S}_1 in the notation of the Appendix) constitutes a dominant natural mode of emission. To calculate its corresponding collective rate, we define the total power P emitted by a free-space cloud of N atoms into a solid angle $\Delta\Theta$ as [57]

$$P = \int_{\Delta\Theta} d\Omega_{\mathbf{k}} I_N(\mathbf{k}), \quad (26)$$

where $I_N(\mathbf{k})$ is the intensity emitted in the direction of the wave vector \mathbf{k} . For a single atom, and a full solid angle of $\Delta\Theta = 4\pi$, Eq. (26) can be written in terms of the free-space emission rate Γ as

$$P = \int_{4\pi} d\Omega_{\mathbf{k}} I_1(\mathbf{k}) \equiv \Gamma \langle \hat{\sigma}^+ \hat{\sigma}^- \rangle, \quad (27)$$

where $I_1(\mathbf{k})$ is the far-field radiation pattern of a single atom in free space. This normalization is equivalent to that of the MB model, where P represents the number of photons emitted per unit of time.

We now aim to calculate the power emitted for the dominant natural atomic mode. In the following, we take a simple model, assuming that this mode is nearly spatially homogeneous in amplitude but has a local phase factor, $\langle \hat{\sigma}_n^- \rangle \approx \langle \hat{\sigma}^- \rangle e^{ik_{in}z_n}$. Here, k_{in} denotes the direction in which the spin wave constructively emits, and which as discussed in Appendix C should align with the input field wave vector.

Importantly, as discussed in Appendix C, η is a purely geometric quantity depending on the shape of the atomic cloud. This quantity is independent of the actual atomic state during evolution. In particular, the spin population in the actual state does not need to be uniform. This is governed by the entire 1D MB model, and also depends on the driving strength, independent emission, and coherent dipole-dipole interactions.

For $N \gg 1$, the intensity $I_N(\mathbf{k})$ emitted in the direction \mathbf{k} can be separated into coherent and incoherent components as [21,58,59]

$$I_{\text{coh}}(\mathbf{k}) = I_1(\mathbf{k}) N^2 |\langle \hat{\sigma}^- \rangle|^2 F(\mathbf{k}, \mathbf{k}_{in}), \quad (28a)$$

$$I_{\text{incoh}}(\mathbf{k}) = I_1(\mathbf{k}) N \langle \hat{\sigma}^+ \hat{\sigma}^- \rangle, \quad (28b)$$

with only the former having a well-defined phase relation with the input field. Here, $F(\mathbf{k}, \mathbf{k}_{in})$ is a form factor that

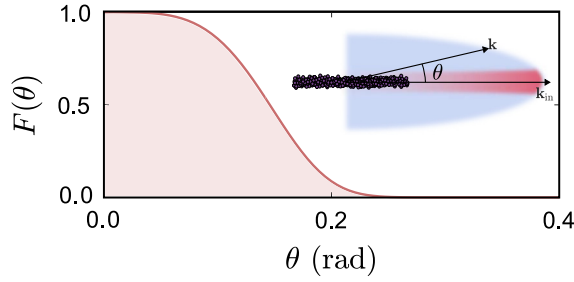


FIG. 5. Form factor $F(\mathbf{k}, \mathbf{k}_{\text{in}})$ as a function of the angle θ between \mathbf{k} and the input field \mathbf{k}_{in} , and calculated for typical ensemble sizes of the experiment of Ref. [21]. The ensemble exhibits coherent emission for small angles $\theta \lesssim 0.2$ rad, while emission is mainly incoherent for larger θ . Inset: sketch of the incoherent (blue) and coherent (red) components of the light emitted by an elongated ensemble.

depends on the angle θ between \mathbf{k} and \mathbf{k}_{in} and the distribution of atomic positions. Assuming the atomic positions z_n lie on the optical axis, it reads

$$F(\mathbf{k}, \mathbf{k}_{\text{in}}) = \frac{1}{N^2} \sum_{n \neq m} e^{ik_{\text{in}}(1-\cos\theta)(z_n - z_m)}. \quad (29)$$

Physically, $F(\mathbf{k}, \mathbf{k}_{\text{in}})$ captures the angle-dependent interference between atoms in the coherent atomic emission. The key observation is that for random z_n , Eq. (29) predicts constructive interference only within a small solid angle centered around \mathbf{k}_{in} . Indeed, assuming z_n follow a Gaussian distribution $\rho(z; \sigma_L)$ with variance σ_L^2 and zero mean, Eq. (29) in the continuous limit becomes [21]

$$F(\theta) \approx \left| \int_{-\infty}^{\infty} dz \rho(z; \sigma_L) e^{ik_{\text{in}}(1-\cos\theta)z} \right|^2 = \exp[-\sigma_L^2 k_{\text{in}}^2 (1 - \cos\theta)^2]. \quad (30)$$

Figure 5 shows Eq. (30) as a function of the angle θ , where we see that $F(\theta)$ vanishes for angles larger than $\theta \lesssim 0.2$ rad. Here, we have considered a standard deviation of $\sigma_L \approx 12.5\lambda$. We note that estimating σ_L experimentally is quite challenging, and the value chosen here is roughly half the measured axial size $l_{\text{ax}} \sim 20 - 25\lambda$ in Ref. [21], consistently with the discussion surrounding the Appendix C of Ref. [21].

We then calculate the effective single-atom cooperativity η_{eff} as the fraction of coherently scattered light in the forward direction ($k_z > 0$), in the weak driving limit $\langle \hat{\sigma}^+ \hat{\sigma}^- \rangle \approx |\langle \hat{\sigma}^- \rangle|^2$,

$$\eta_{\text{eff}} = \frac{\int_{k_z > 0} d\Omega_{\mathbf{k}} F(\mathbf{k}, \mathbf{k}_{\text{in}}) I_1(\mathbf{k})}{\int_{k_z > 0} d\Omega_{\mathbf{k}} I_1(\mathbf{k})}. \quad (31)$$

Intuitively, $\eta_{\text{eff}} = 1$ when atoms constructively interfere *everywhere* in the forward direction, like in the traditional

Dicke scenario where all atoms are localized at the same point ($\sigma_L = 0$) [60]. On the other hand, $\eta_{\text{eff}} = 0$ when atoms can have arbitrary relative phases and do not constructively interfere. In the case of the experiment [21], where atoms were circularly polarized $I_1(\mathbf{k}) = 3\Gamma(1 + \sin^2\theta \cos^2\phi)/16\pi$ and $\sigma_L \approx 12.5\lambda$, Eq. (31) yields an effective cooperativity of $\eta_{\text{eff}} \approx 0.01$.

Finally, let us detail how we calculate the parameters of the MB model. First, the optical depth D is obtained from the atom numbers N measured in Ref. [21], using the relation $D = 2\eta_{\text{eff}}N$. For the saturation parameter s , we use the relation

$$\beta = \frac{2\Omega}{N\eta_{\text{eff}}\Gamma} \equiv \sqrt{\frac{8s}{D}}, \quad (32)$$

where we substitute the calculated value of D along with the measured values of Ω and N . This expression also relates the parameter β that dictates the Dicke phase transition with the MB model.

A. Transmission and magnetization

We start by calculating the average magnetization $\bar{s}^z = \langle \hat{S}_z \rangle / N$ for various optical depths D . In Fig. 6(a), we plot the prediction from Eqs. (18) and (19) as a function of \sqrt{s} , in solid lines. The results agree with both the thermodynamic limit from Eq. (22), in dashed black, and the measurements (points in the figure) in Ref. [21]. Again,

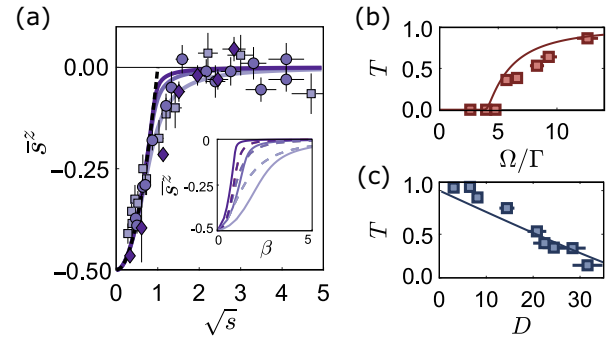


FIG. 6. (a) Averaged steady-state magnetization \bar{s}^z as a function of $\sqrt{s} \propto \Omega$ for $D = [4, 12, 32]$ (light to dark purple). The points are experimental data from Ref. [21], with $D = [4, 12, 32]$ corresponding to the squares, circles, and diamonds, respectively. The black-dashed curve is the large D limit from Eq. (22). Inset: same averaged magnetization, but now as a function of the β as defined in Ref. [21]. Solid lines are obtained with the MB model, while we used dashed lines for the Dicke model. (b) Steady-state transmittance T as a function of driving strength Ω and fixed optical depth D . The red squares are experimental values of $T \approx (\Omega_{\text{eff}}/\Omega)^2$ from Ref. [21], and the solid line is the theoretical prediction of Eq. (20), with the optical depth of $D = 36$ inferred from experimental parameters. Phase separation appears at $\Omega \approx 5\Gamma$. (c) Same as (b) but for fixed $\Omega = 4.5\Gamma$ and varying D .

we plot the average magnetization in terms of \sqrt{s} because it is proportional to the field amplitude, like β in the cavity model.

In the inset of Fig. 6(a), we compare the average steady-state magnetization in both the MB and Dicke models (solid and dashed curves, respectively) as a function of β for the same number of atoms. We see a remarkable similarity between the predictions of both models in the parameter regime studied by Ref. [21]. We also note that, for larger D , the transition point in the MB model approaches $\beta_c \sim 0$, instead of converging to $\beta_c = 1$ as in the Dicke model.

We now calculate the transmittance T using Eq. (20). In Fig. 6(b), we plot T as a function of driving amplitude Ω and for an optical depth of $D = 36$. Importantly, T was not measured in Ref. [21], and thus we cannot directly compare theory and experiment.

Nevertheless, one can infer an approximated value for T from the measurements of Ω_{eff} in Ref. [21]. There, Ω_{eff} is the oscillation frequency of the averaged magnetization $\bar{s}^z(t)$ at early times ($t \lesssim 5\Gamma$). Assuming the ensemble is homogeneous enough, it is given by the total field inside the ensemble $\Omega_{\text{eff}} \approx \Omega - i\Gamma_{1D}\langle\hat{S}^z\rangle$, which is our Eq. (15). In Fig. 6(b), we plot this frequency normalized by the input Ω , yielding an approximate transmission $T \approx (\Omega_{\text{eff}}/\Omega)^2$.

Comparing the transmittance from the MB model and the one inferred from the measurements of Ω_{eff} , we observe an overall good agreement, including the sharp transition around $\Omega \approx 5\Gamma$ [see Eq. (21)]. We also observe a good agreement between the MB model prediction and the experiment when studying the transmittance as a function of $D \propto N$ and for a fixed driving strength Ω , as shown in Fig. 6(c).

B. Atomic emission

We now discuss the intensity of the light emitted by the atomic cloud in the forward (transmitted) direction, γ_{at} . In the MB model, this is given by the atomic component of the input-output Eq. (15) at the end of the ensemble ($z > L$). After normalizing $\hat{E} = \sqrt{c}\hat{a}$ so that the emitted light has units of photon number per unit time, one has

$$\gamma_{\text{at}} = \frac{\Gamma_{1D}}{2} \langle \hat{S}^+ \hat{S}^- \rangle. \quad (33)$$

Our theoretical calculation cannot be directly compared with the experimental measurement. This is due to a technicality of the setup used to measure this quantity, which is illustrated in Fig. 7 [21]. Since the total forward field consists of both input light and atomic emission, a spatial filter (SF) is inserted to block the input Gaussian component from detection.

Inevitably, this filter also blocks the atomic emission within the same solid angle covered by the Gaussian mode. Thus, the measured γ_{at} is the atomic radiation emitted

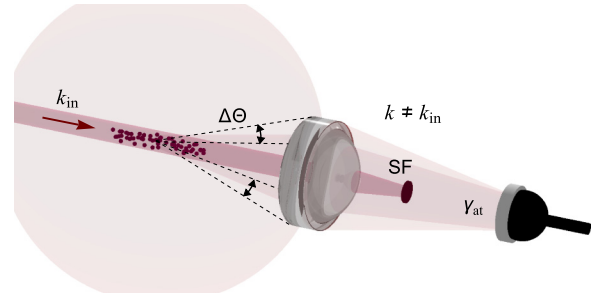


FIG. 7. Sketch of the experimental setup in Ref. [21] for the detection of the atomic field intensity γ_{at} . A spatial filter (SF) blocks the input field component (dark red) by eliminating modes with $\mathbf{k} \approx \mathbf{k}_{\text{in}}$. The measured atomic emission comprises modes slightly out of the optical axis $\mathbf{k} \not\approx \mathbf{k}_{\text{in}}$ that still fall within the numerical aperture of the lens, defining the solid angle $\Delta\Theta$. The measured γ_{at} thus contains both coherent (light red) and incoherent (lighter red) atomic emission.

slightly out of the optical axis, yet still falling within the numerical aperture of the lens. We will later discuss how to approximately account for this filter in our MB theory. For completeness, though, we first present the predictions for γ_{at} within the ideal MB model.

1. Product-state ansatz

To calculate quantities like atomic emission γ_{at} or second-order photon correlations $g^{(2)}(0)$ within the MB model, it is convenient to undo the continuous limit transformation $\hat{\sigma}_n \leftrightarrow \frac{N}{L}\hat{\sigma}(z_n)$ on the operators in Eq. (17) and return to a discrete atom picture. The mean-field approximation used in the previous sections is equivalent to assuming that the atomic density matrix $\hat{\rho}$ is in the product state [53]

$$\hat{\rho} = \bigotimes_{n=1}^N \hat{\rho}_n, \quad \hat{\rho}_n = \frac{1}{2} \begin{pmatrix} 1 - \langle \hat{\sigma}_n^z \rangle & 2\langle \hat{\sigma}_n^- \rangle \\ 2\langle \hat{\sigma}_n^- \rangle^* & 1 + \langle \hat{\sigma}_n^z \rangle \end{pmatrix}. \quad (34)$$

Here, $\hat{\rho}_n$ is a local density matrix constructed from the mean-field result of the MB model at position $z_n = nL/N$ with integer $n \in [1, N]$. As an aside, applying the mean-field approximation $\hat{E} \rightarrow \langle \hat{E} \rangle$ in Eq. (17) also assumes that the atoms only interact with the *coherent* part of the total field.

Substituting the product-state ansatz from Eq. (34), the atomic emission in Eq. (33) becomes

$$\gamma_{\text{at}} = \frac{\Gamma_{1D}}{2} \sum_{n=1}^N \frac{\langle \hat{\sigma}_n^z \rangle + 1}{2} + \frac{\Gamma_{1D}}{2} \sum_{n \neq m} \langle \hat{\sigma}_n^+ \rangle \langle \hat{\sigma}_m^- \rangle. \quad (35)$$

Equation (35) represents the total atomic emission into the 1D mode. The first and second terms are also referred to as incoherent and coherent components of atomic emission,

as characterized by the absence (presence) of a well-defined phase relationship with the input field, analogous to our definitions in Eq. (28).

2. Steady-state atomic emission

In the following, we describe the properties of the steady-state atomic emission $\gamma_{\text{at}}^{\text{st}}$ in Eq. (35), while we discuss its early-time dynamics in Appendix A. Figure 8(a) shows $\gamma_{\text{at}}^{\text{st}}$ as a function of the saturation parameter s , calculated with Eqs. (18), (19), and (35) for different optical depths. In the magnetized regime ($s \ll 1$), the phase separation takes place, and only the region with illuminated atoms can radiate, such that $\gamma_{\text{at}}^{\text{st}} \propto N\Gamma z_c/L \propto \Gamma Ds \propto |E_{\text{in}}|^2$ independently of system size. Conversely, deep in the unmagnetized regime ($s \gg 1$), atomic coherence vanishes and $\gamma_{\text{at}}^{\text{st}} = N\Gamma_{\text{1D}}/4$ like saturated independent atoms, scaling linearly with the number of atoms. This linear scaling with atom number is a clear deviation from the quadratic scaling seen in the Dicke model, a discrepancy that has also been seen in free-space disordered clouds [34,61] and atomic arrays [62].

Between these two extremes, the steady-state atomic emission exhibits a pronounced maximum near $s \sim 1$. As shown in the inset of Fig. 8(a), these maxima seem to scale quadratically with system size for small optical depth, a feature reminiscent of the N^2 superradiant scaling of the Dicke model. However, two key differences emerge.

First, this scaling only appears for $s \sim 1$. Unlike the Dicke model, where the conservation of angular momentum preserves superradiance at arbitrarily strong drivings, the free-space ensemble lacks any symmetry and becomes completely saturated for sufficiently large $s \gg 1$, which in this limit ultimately yields $\gamma_{\text{at}}^{\text{st}} \propto N$.

Second, while superradiance in the Dicke model prevails for arbitrarily large systems, the phase separation at high optical depth D splits the free-space ensemble into saturated and unsaturated regions (neither of which exhibiting superradiance), destroying the $\propto N^2$ scaling.

Let us use the cavity model to elucidate the origin of the N^2 scaling at small optical depths, given independent emission. Similarly to Eq. (9), we calculate the total decay rate $\Gamma_{m,j}^{\text{out}}$ from $|j, m\rangle$ to any other state $|j', m-1\rangle$ [37], and rewrite the result in terms of the fraction of excited population $n = m/N + 0.5$, using Eq. (10) to relate j to n . We obtain

$$\Gamma_{j,m}^{\text{out}}(n) \approx \Gamma_{\text{1D}} N^2 (n - 2n^2) + \Gamma N n, \quad n \leq \frac{1}{2}, \quad (36)$$

where we assumed $N \gg 1$ and a nonzero n . The first term represents the collective emission into the cavity mode, while the second captures the atomic emission into free space. Equation (36) exhibits superradiant scaling approximately N^2 at its maximum in $n = 1/4$, while it becomes linear with N at saturation ($n = 1/2$). From our discussion

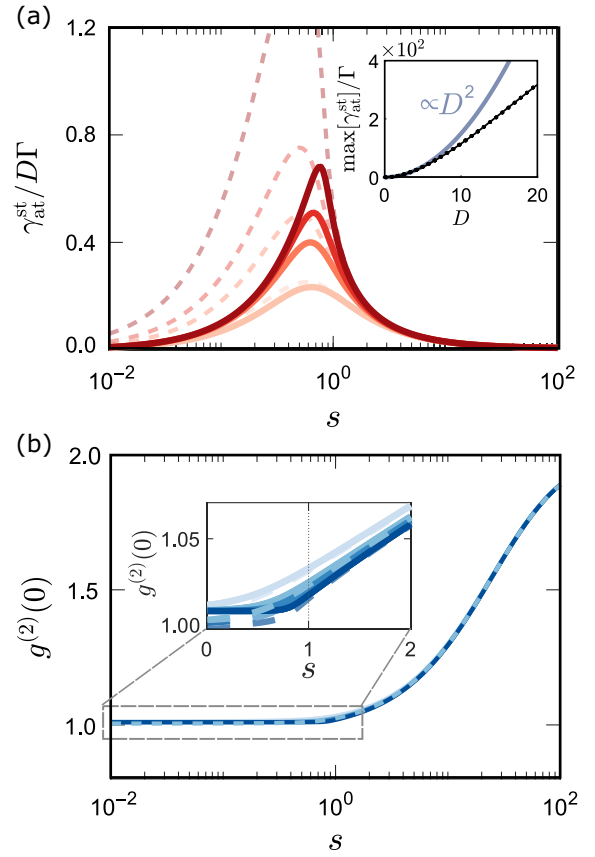


FIG. 8. (a) Steady-state atomic emission $\gamma_{\text{at}}^{\text{st}}$ as a function of the saturation parameter s and normalized by optical depth D . Solid lines represent the MB model [Eq. (35)] with $D = \{4, 8, 12, 24\}$ (light to dark red). Dashed lines are obtained from the mapping to the cavity model [Eq. (37)] for the same optical depths. The inset shows the scaling of the steady-state maxima $\max[\gamma_{\text{at}}^{\text{st}}]$ with D . The purple curve is a guide to the eye indicating quadratic scaling $\propto D^2$. (b) Second-order correlations $g^{(2)}(0)$ as a function of s for the optical depths $D = \{4, 12, 24, 40\}$ (light to dark blue). Atomic emission is bunched for $s > 1$ and follows a universal curve towards fully chaotic light at very large s . Dashed lines are the respective prediction from the mapping to the cavity model [Eq. (40)]. The inset shows the details in the correlations around $s \sim 1$.

in Sec. III D, we map Eq. (36) to the MB model by replacing Γ by Γ_{1D} in the second term to project the free-space emission into the 1D mode, and by adding the factor $1/2$ to account for emission only into the right-propagating mode. This yields the guess

$$\gamma_{\text{at}}^{\text{st}}(\bar{n}) \approx \frac{\Gamma_{\text{1D}}}{2} (N^2 (\bar{n} - 2\bar{n}^2) + N\bar{n}), \quad (37)$$

where we recognize the coherent and incoherent components by their scaling with N . Here, $\bar{n} = \sum_{i=1}^N n_i/N$ is the average excited population in the ensemble. Despite the simplicity of this calculation, Eq. (37) is qualitatively consistent with the MB results shown in Fig. 8(a). Of course,

the prediction from Eq. (37) deviates more at larger optical depths, where the mapping between the cavity and MB models starts to break down.

3. Second-order photon correlations

We now discuss the second-order photon correlations in the forward-emitted atomic field, which are given by

$$g^{(2)}(0) = \frac{\langle \hat{S}^+ \hat{S}^+ \hat{S}^- \hat{S}^- \rangle}{|\langle \hat{S}^+ \hat{S}^- \rangle|^2}. \quad (38)$$

In the Dicke model, and for maximal angular momentum, $g^{(2)}(0) = 1$ in the magnetized phase because the steady state is a coherently radiating spin state [13]. Meanwhile, $g^{(2)}(0) = 6/5$ in the unmagnetized phase, which can be calculated by assuming the system is completely mixed within the $j = N/2$ manifold.

Similarly, in the MB model, we expect $g^{(2)}(0) = 1$ in the magnetized regime ($s < 1$), where the coherent component dominates the atomic emission. However, we instead expect purely chaotic light $g^{(2)}(0) = 2$ deep in the saturated regime ($s \gg 1$), since the angular momentum is not conserved and the ensemble becomes a set of independent emitters decaying at random times.

Figure 8(b) shows the $g^{(2)}(0)$ from Eq. (38) calculated using the product-state ansatz from Eq. (34) on Eqs. (18) and (19). We observe the predicted behavior above, where correlations go from coherent to chaotic as a function of s . Interestingly, the transition between these two regimes sharpens around $s = 1$, similar to the magnetization and the transmission. This is consistent with the maxima in Fig. 8(a), which marks the point where the fraction of incoherent light starts to become relevant.

We note that the calculated correlations are not exactly $g^{(2)}(0) = 1$ in the magnetized regime ($s < 1$). This subtlety is due to the incoherent component of the emission. In our mean-field approach, the amount of transmitted incoherent light is overestimated, because it is assumed that atoms are only driven by the coherent component of the total field. Thus, incoherently scattered photons are “free” to transmit through the system without any additional scattering. We note that in the limit of very weak driving (at most two photons sent through the system), $g^{(2)}(0)$ can be calculated by other means, including the effects of rescattering [63].

To conclude, we again go back to the cavity model to derive an approximation for the correlations in the MB model. We start from the definition of $g^{(2)}(0)$ in Eq. (38) and substitute the product-state ansatz from Eq. (34). The result can be expressed in terms of sums over the expectation values $\langle \hat{\sigma}_n^z \rangle$ and $\langle \hat{\sigma}_m^+ \rangle \langle \hat{\sigma}_n^+ \rangle$ with $m \neq n$, which we connect to the coherent P_{coh} and incoherent P_{incoh} components of the atomic emission using Eq. (35). In the limit

$N \gg 1$, the $g^{(2)}(0)$ approximates to

$$g^{(2)}(0) \approx \frac{2P_{\text{incoh}}^2 + 4P_{\text{incoh}}P_{\text{coh}} + P_{\text{coh}}^2}{(P_{\text{coh}} + P_{\text{incoh}})^2}, \quad (39)$$

to leading order in N . From here, we use Eq. (37) to replace each component of the atomic emission with their respective guess from the cavity model, such that $P_{\text{incoh}} \approx \Gamma_{\text{1D}} N \bar{n} / 2$ and $P_{\text{coh}} \approx \Gamma_{\text{1D}} N^2 (\bar{n} - 2\bar{n}^2) / 2$. The result is an expression of $g^{(2)}(0)$ that only depends on the fraction of excited population

$$g^{(2)}(0; \bar{n}) \approx \frac{[N\bar{n} + f(\bar{n})]^2 - 2N^2\bar{n}^2}{[f(\bar{n})]^2}, \quad (40)$$

where the function $f(\bar{n}) = 2\gamma_{\text{at}}^{\text{st}}(\bar{n}) / \Gamma_{\text{1D}}$ using Eq. (37). It is straightforward to check that Eq. (40) yields coherent correlations for small non-zero $\bar{n} \ll 1$, and chaotic light for $\bar{n} = 1/2$. In practice, the specific \bar{n} is calculated using the MB model Eq. (18) for a given s and D .

As we show in Fig. 8(b), Eq. (40) reproduces remarkably well the MB simulations for large s . This is because the system becomes spatially homogeneous at large driving intensities ($s \gg 1$), and one can represent the ensemble by averaged quantities such as \bar{n} . Naturally, this approximation breaks down at lower driving intensities $s \sim 1$, where the ensemble lacks spatial homogeneity and undergoes phase separation, in agreement with the breakdown of Eq. (37) observed in Fig. 8(a) for large optical depths.

C. Deviations from the MB model

The measurements [21] of the steady-state atomic emission $\gamma_{\text{at}}^{\text{st}}$ and its photon correlations $g^{(2)}(0)$ deviate significantly from what the MB model predicts. Indeed, as we will see, the coherent maxima of $\gamma_{\text{at}}^{\text{st}}$ around $s \sim 1$ in Fig. 8(a) are mostly absent, and photon bunching is much stronger than what Fig. 8(b) illustrates.

Overall, these discrepancies suggest the coherent component of the atomic emission in the experiment was much weaker than what the MB model predicts. The fact that the experimental setup fails to detect part of the coherent atomic emission due to filtering (Fig. 7) provides a natural explanation.

Here, we present adjusted predictions of the MB model to qualitatively account for the filtering, such that we can compare with experimental data from Ref. [21].

1. Atomic emission out of the optical axis

Our starting point is the experimental setup from Fig. 7, where a detector captures the atomic emission γ_{at} within a solid angle $\Delta\Theta = 2\pi\Delta\theta$. The range of $\theta_{\text{min}} < \theta < \theta_{\text{max}}$ is limited from below by the spatial filter and from above by the lens numerical aperture.

For an aspheric lens with $\text{NA} = 0.5$ [21], the maximal captured angle is approximately $\theta_{\max} \approx 0.35$ rad. Conversely, for a Gaussian beam with $w_0 = 6.4\lambda$, the angular spread in the paraxial approximation is given by $\theta_{\min} \approx \lambda/\pi w_0 = 0.05$ rad [21]. We note that θ_{\min} was most likely larger than this value, to ensure that no input light reached the detector. While the specific θ_{\min} is unknown, we estimate that it could have been as much as $\theta_{\min} \lesssim 0.2$ rad, and assume such a value going forward.

Our goal is to calculate the measured atomic emission by integrating Eq. (28), which require specifying $\langle \hat{\sigma}^+ \hat{\sigma}^- \rangle$ and $\langle \hat{\sigma}^- \rangle$. To obtain these quantities, we first compute the steady-state atomic operators using the 1D MB model predictions in Eq. (18) with $\eta = 0.01$, for the specific s and D , and averaged over system length. This is a rough approximation to simplify the overly complex three-dimensional diffraction mode. Importantly, despite the local atomic operators being highly inhomogeneous and exhibiting phase-separation features, the discussion surrounding Fig. 8(a) suggests that the cavity model prediction still qualitatively agrees with the original MB model. Therefore, for the specific light-field observables of interest, we expect that treating the ensemble as a uniform spin wave only introduces quantitative differences for the optical depths we consider.

Finally, after substituting $\langle \hat{\sigma}^+ \hat{\sigma}^- \rangle$ and $\langle \hat{\sigma}^- \rangle$ into Eq. (28), we integrate the fields over the range $\Delta\Theta \in [\theta_{\min}, \theta_{\max}]$. This procedure ensures the detection geometry affects only the measured signal, without influencing internal atom-light dynamics.

Figure 9(a) illustrates the resulting coherent and incoherent atomic intensities as a function of angle θ , for system parameters $s = 1$, $\sigma_L = 12.5\lambda$, and $D = 20$. We have also shaded the regions $\theta < \theta_{\min}$ and $\theta > \theta_{\max}$,

which are likely excluded from detection. Interestingly, integrating these intensities within the angular spread $\Delta\theta = [0.2, 0.35]$ yields detected coherent and incoherent intensities of the same order already for $s \sim 1$. This is in contrast to the prediction of the MB model, which assumes that one is detecting on axis and where the coherent emission should dominate [see $\theta \sim 0$ region in Fig. 9(a), where $I_{\text{coh}}(\theta) \gg I_{\text{incoh}}(\theta)$].

2. Steady-state atomic emission $\gamma_{\text{at}}^{\text{st}}$

We use the previous assumptions to discuss the measurements of the steady-state atomic emission $\gamma_{\text{at}}^{\text{st}}$ from Ref. [21]. The data are shown in Fig. 9(b) as a function of s and varying D . Compared to what the MB model predicts in Fig. 8(a), the large coherent maxima are mostly absent. Moreover, for drivings $s > 1$, the atomic emission appears to stabilize, suggesting saturation is achieved much faster than in Fig. 8(a).

Interestingly, these features can be qualitatively reproduced with our modified MB model. Following the procedure used in Fig. 9(a), we use Eq. (28) to calculate the coherent and incoherent atomic intensities. Then, we calculate the out-of-axis atomic emission by integrating the resulting intensities within the interval of captured angles from $\theta_{\min} = 0.2$ rad to $\theta_{\max} = [0.3, 0.35]$ rad. The result is shown in Fig. 9(b) with shaded areas, where this simple model accounting for the different transverse profiles of coherent and incoherent emission seems sufficient to produce consistency with the experimental results. According to this interpretation, the incoherent component dominates the atomic emission already for $s \sim 1$.

Here, and in following calculations, we also account for the possibility that a fraction of the input field intensity

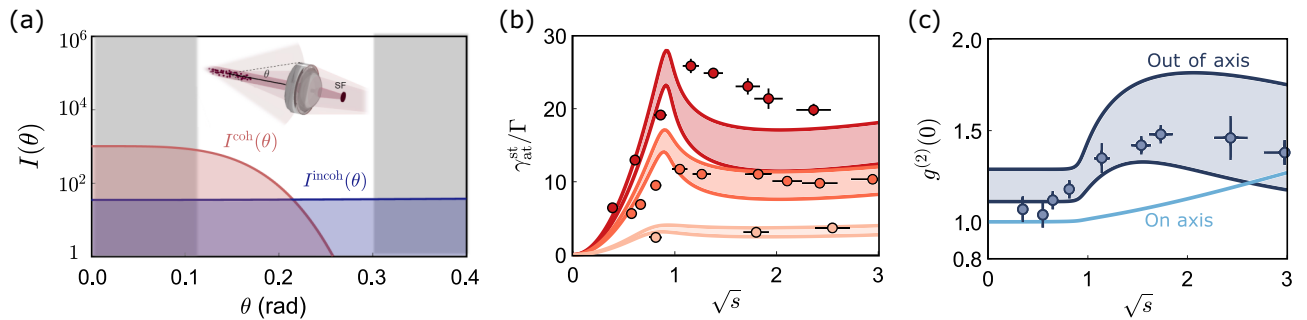


FIG. 9. (a) Coherent $I_{\text{coh}}(\theta)$ and incoherent $I_{\text{incoh}}(\theta)$ intensity components of the atomic emission as a function of the angle θ between the detected mode \mathbf{k} and the optical axis \mathbf{k}_{in} defined by the input field. The gray region $\theta \leq \theta_{\min}$ represents the range of angles blocked by the spatial filter SF, while the one for $\theta \geq \theta_{\max}$ represents the range falling outside the NA of the lens. Here, we take values of $s = 1$, $\sigma_L = 12.5\lambda$, and $D = 20$. (b) Steady-state atomic emission as a function of \sqrt{s} for $D = \{8, 24, 36\}$ (light to dark red). The shaded areas correspond to the modified MB model with $\theta_{\min} = 0.2$ rad and $\theta_{\max} = [0.3, 0.35]$ rad. Points are the measurements from Ref. [21], with the global rescaling discussed in the text. (c) Second-order photon correlations in the atomic emission as a function of \sqrt{s} and for $D = 28$. The points are the data from Ref. [21], the light blue line is the original (on-axis) MB model and the shaded area is the prediction from the modified MB model with $\theta_{\min} = 0.2$ rad and $\theta_{\max} = [0.21, 0.25]$ rad (out of axis). In all plots, we have included a consistent 4% leakage of the input field intensity.

leaked into the detector due to imperfect filtering. This quantity was not measured in the original experiment Ref. [21], and we assume a 4% intensity leakage as a fitting parameter. We directly add this leaked light to the total detected field, and neglect its interference with the out-of-axis atomic emission, as they belong to different optical modes. This approach was also used in Ref. [34] to model the experimental data.

Finally, we note that measuring an absolute value for γ_{at} is challenging, as it requires precisely estimating the coupling efficiency to the fiber detection mode, the filtering of the input field, or the mechanical displacement of the cloud at large intensities, among other effects [21]. For that reason, the experimental values for γ_{at} in Figs. 9(b) have been effectively rescaled by an arbitrary global factor.

Given the number of experimental uncertainties and the simplified manner in which we try to incorporate three-dimensional effects into the 1D MB model, we emphasize that our model should not be taken as a full, quantitatively accurate description of the three-dimensional propagation effects. However, we believe that it should qualitatively capture the key physics and identifies an important subtlety of measuring the forward atomic emission.

3. Second-order photon correlations $g^{(2)}(0)$

Similarly, Fig. 9(c) shows the measurements of the $g^{(2)}(0)$ (circles) from Ref. [21]. In the plot, we also include the original MB model prediction (light blue curve). The correlations measured in the magnetized regime ($s < 1$) are slightly bunched, while $g^{(2)}(0) \approx 1$ in the MB model. Moreover, in the unmagnetized regime ($s > 1$), the bunching in the experimental data is much higher than what the MB model predicts.

Again, these discrepancies can possibly be explained by assuming the detection scheme. Starting from the mean-field Eq. (39), we substitute the coherent and incoherent components by the integrals of Eq. (28) over the range of angles from $\theta_{\text{min}} = 0.2$ rad to $\theta_{\text{max}} = [0.21, 0.25]$. Here, we obtain a better fit by using a different range of θ_{max} angles, which could be related to experimental imperfections [34]. We also included the same 4% leakage from the previous plots.

Plotting this result in Fig. 9(c) (dark blue area), we see that Eq. (39) predicts an increase in the bunching for $s > 1$, which stems from the additional purely incoherent light having chaotic correlations $g^{(2)}(0) = 2$. However, due to the 4% leakage of coherent input light, the correlations go back to $g^{(2)}(0) = 1$ at very large intensities, when the input field starts to dominate the emission of the saturated ensemble. We note the details of the dark blue shade are highly sensitive to choices of parameters in our model, but nonetheless it provides a plausible picture of the origin of the correlations seen in the experiment.

V. CONCLUSION

Here, we have investigated the properties of a driven, elongated atomic ensemble using a model based on the MB equations. At the mean-field level, we identified nonanalytic behavior in observables in the thermodynamic limit ($D \rightarrow \infty$), such as the steady-state transmission and magnetization, resembling that of the driven-dissipative Dicke phase transition. This nonanalyticity in free space, however, stems from a lack of spatial homogeneity, which in turn results from propagation effects absent in a cavity setup. Physically, the ensemble splits into saturated and unsaturated regions, a phenomenon closer to what we term “phase separation” rather than a conventional phase transition.

Under specific conditions, such as low optical depth or large driving strength, the propagation effects become negligible and the mean-field equations of the M-B model become equivalent to those of the Cavity model. This mapping provides a microscopic justification for the similarities between the measurements in Ref. [21] and the driven Dicke model. Nevertheless, we have shown that the MB model accurately reproduces most of the experimental data.

Moving forward, our work holds direct relevance for state-of-the-art experimental setups [21,64]. Inspired by the mapping between MB and cavity models, it would be interesting to explore the conditions under which cavity phenomena, such as superradiant lasing [65–67], spin squeezing [8,18], or time crystalline behavior [16], manifest in systems with propagation effects like free-space atomic ensembles or chiral waveguide QED setups. Specifically, it would be useful to quantify the efficiency of such applications—e.g., scaling with optical depth—before the phase separation and other effects limit their performance. Similarly, it would also be interesting to extend the discussion of this mapping beyond mean-field arguments [53,68].

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APPENDIX A: TIME DYNAMICS OF ATOMIC EMISSION

Here, we complement the discussion in Sec. IV B in the main text on the atomic emission γ_{at} by discussing its dynamics at early times. Specifically, we numerically solve the time evolution of the discrete Eq. (17) within mean-field approximation and starting with all atoms in their ground state. Then, we calculate the atomic emission at different times using Eq. (35). The results below are obtained with just the original MB model, i.e., without any additional correction for the measurement being off axis (like in Sec. IV-C).

In Fig. 10(a), we plot $\gamma_{\text{at}}(t)$ as a function of time for a particular realization ($s = 5$, $D = 26$). At very early times ($t\Gamma < 1$), the atomic emission exhibits a prominent coherent peak, which is rapidly damped into a steady-state plateau. Since the time duration of the peak is short, dipole-dipole interactions cannot significantly influence the dynamics. Therefore, this coherent peak emerges solely from a combination of Rabi oscillations and constructive interference.

Figure 10(a) also shows the experimental measurements of $\gamma_{\text{at}}(t)$ for the same realization, obtained with the setup in Fig. 7. Here, the experimental values have been effectively rescaled by an arbitrary global factor as in Fig. 9 in the main text for the same reasons. In other words, Fig. 10(a) shows a good qualitative agreement between the experiment and the MB model, despite the possibility of their peak heights being different. The discrepancies at later times are probably related to the atomic emission being measured out of the optical axis, and they could be corrected by modifying the MB model following the discussion in Sec. IV-C.

We now explore the properties of the coherent maxima as a function of optical depth D and saturation parameter s . In Figs. 10(b) and 10(c), we plot the peak height $\gamma_{\text{max}} = \max[\gamma_{\text{at}}(t)]$ and damping rate τ_{at} as a function of the saturation parameter s . The damping rate is obtained by fitting the function $\gamma_{\text{at}}(t) = \gamma_{\text{max}} \exp(-t/\tau_{\text{at}})$ to the interval

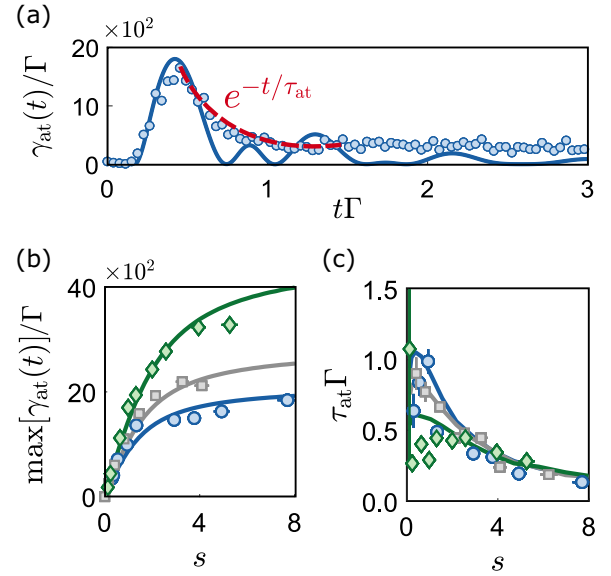


FIG. 10. (a) Atomic emission $\gamma_{\text{at}}(t)$ exhibits a large coherent peak at early times that rapidly relaxes into a plateau. The solid line is a numerical simulation of the MB model, while the points are experimental measurements using the setup from Ref. [21]. We have rescaled the experimental data as indicated in the main text. Here, $s = 5$ and $D = 26$. (b),(c) Peak height $\max[\gamma_{\text{at}}(t)]$ and damping rate τ_{at} as a function of the saturation parameter s for $D = [26, 30, 38]$ (blue, gray, and green, respectively). We again use solid lines for the MB model and points for the experimental data. The data in (b) has been rescaled as indicated in the main text.

right after the intensity maximum. Overall, their scalings with the driving intensity are well captured by the M-B model, despite not including any additional correction for the light being measured off-axis.

APPENDIX B: DIPOLE-DIPOLE INTERACTION MATRIX ELEMENTS

Here, we present a complementary calculation for the mapping between the MB and cavity models at large driving strengths. Specifically, we study analytically how the coherent dipole-dipole interaction \hat{H}_{dd} in Eq. (16b) couples different angular-momentum states. To do so, we calculate how \hat{H}_{dd} acts on the total angular-momentum basis $|j, m\rangle$. We note this is not trivial since \hat{H}_{dd} contains only local operators that break the degeneracy of $|j, m\rangle$.

Since each term in \hat{H}_{dd} acts on a pair of atoms at a time, it is convenient to split the atomic ensemble into two subsystems: an arbitrary two-atom pair (n, l) and the remaining $N - 2$ atoms. We then expand a generic N atom state $|j, m\rangle$ into the basis constructed from the tensor product between the basis of each subsystem, i.e., $|j_{nl}, m_{nl}\rangle \otimes |j_{N-2}, m_{N-2}\rangle$, such that

$$\begin{aligned}
|j, m\rangle &= \sum_{\{j_{N-2}, m_{N-2}\} \in \mathcal{C}} |0, 0; j, m\rangle \\
&+ C_{j,m}^{1,0,j_{N-2},m} |1, 0; j_{N-2}, m_{N-2}\rangle \\
&+ C_{j,m}^{1,1,j_{N-2},m_{N-2}} |1, 1; j_{N-2}, m_{N-2}\rangle \\
&+ C_{j,m}^{1,-1,j_{N-2},m_{N-2}} |1, -1; j_{N-2}, m_{N-2}\rangle, \quad (\text{B1})
\end{aligned}$$

where the sum is restricted over the j_{N-2} and m_{N-2} that satisfy the angular-momentum composition rules \mathcal{C} . In Eq. (B1), we have defined the Clebsch-Gordan coefficient $C_{j,m}^{j_{n1}, m_{n1}; j_{N-2}, m_{N-2}} \equiv \langle j_{n1}, m_{n1}; j_{N-2}, m_{N-2} | j, m \rangle$, and used the relations

$$C_{j,m}^{0,0,j',m'} = \delta_{j,j'} \delta_{m,m'}, \quad (\text{B2a})$$

$$C_{j,m}^{1,0,j',m'} = C_{j,m}^{1,0,j',m'} \delta_{m,m'}. \quad (\text{B2b})$$

Here, we have simplified the notation by removing the label of the atom pair (n, l) .

Having defined the Clebsch-Gordan coefficients between the basis, we now calculate how the element $\hat{H}_{\text{dd},nl} \equiv \sigma_n^+ \sigma_l^- - \sigma_l^+ \sigma_n^-$, appearing in the coherent dipole-dipole interaction $\hat{H}_{\text{dd}} = -i\hbar\Gamma_{1\text{D}}/4 \sum_{n>l} \hat{H}_{\text{dd},nl}$, acts on the angular-momentum states. For simplicity, we focus only on the maximal angular-momentum states $j = N/2$, obtaining

$$\hat{H}_{\text{dd}}|N/2, m\rangle = i\hbar\Gamma_{1\text{D}}F(m)|\psi\rangle. \quad (\text{B3})$$

Here, we have defined

$$F(m)|\psi\rangle = \frac{C_{N/2,m}^{1,0,(N/2-1),m}}{4} \sum_{l>m} |0, 0; (N/2-1), m\rangle_{n,l}, \quad (\text{B4})$$

where we exploited the permutational symmetry of the $j = N/2$ states and imposed $\langle \psi | \psi \rangle = 1$.

Using the Clebsch-Gordon coefficients defined above, one can show that \hat{H}_{dd} couples the state $|N/2, m\rangle$ with the corresponding unique state $|\psi\rangle$ in the $j = N/2 - 1$ manifold with strength

$$F(m) = \sqrt{\frac{(N/2+m)(N/2-m)(N+1)}{24}}. \quad (\text{B5})$$

Equation (B5) provides the scaling of the coherent dipole-dipole matrix elements with system size. In the thermodynamic limit $N \rightarrow \infty$, the coupling scales linearly with atom number $F \propto N$ at the extremes of the $j = N/2$ manifold ($|m| \approx N/2$), while $F \propto N^{3/2}$ at the center ($m \approx 0$). Next, we identify two distinct regimes depending on how the driving strength and collective decay compare to these scalings, as we show in Fig. 11.

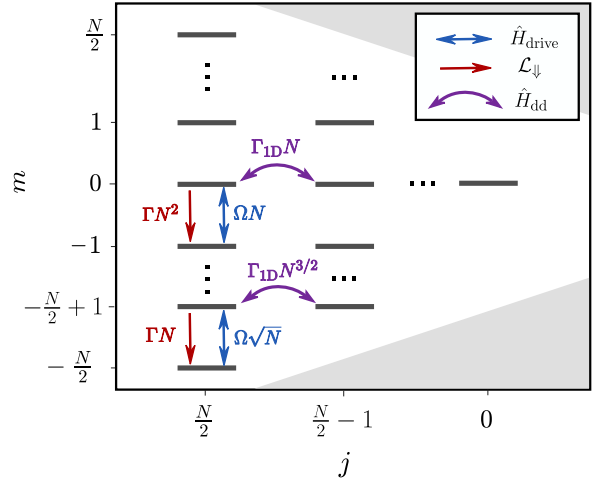


FIG. 11. Matrix elements of the coherent driving Hamiltonian \hat{H}_{drive} (blue arrows), collective dissipation \mathcal{L}_{\downarrow} (red arrows), and coherent dipole-dipole interactions \hat{H}_{dd} (violet arrows) for angular-momentum states with $m = 0$ and $m = -N/2 + 1$.

For weak drivings ($\Omega \lesssim \Gamma\sqrt{N}$), the effect of coherent dipole-dipole interactions is not negligible, as \hat{H}_{dd} mixes states from different angular-momentum manifolds even for small number of excitations. This suggests that propagation effects matter, and is consistent with both our purity discussion based on the lateral decay rates (Sec. II C) and the discrepancy between the cavity and MB models in Sec. III D.

On the other hand, for strong drivings ($\Omega \sim \Gamma N$), the effect of \hat{H}_{dd} becomes negligible for experimentally realistic cooperativities ($\Gamma \gg \Gamma_{1\text{D}}$). This result complements the intuition developed in Sec. III D, where the cavity and MB models converge as propagation effects vanish.

APPENDIX C: ASSUMPTIONS IN THE M-B MODEL

In this Appendix, we discuss the approximations underlying the MB model described in the main text. We begin with a general framework that fully characterizes the 3D scattering problem of light propagation through atomic ensembles, and then outline the series of assumptions required to obtain a quasi-1D model equivalent to the discrete MB Eq. (16).

1. General theory for atom-light interaction

In the following, we consider a system of N two-level atoms in free space coupling to a 3D continuum of electromagnetic field modes. The ensemble is also driven by a coherent field with a Rabi frequency, $\Omega_n = \Omega(\mathbf{r}_n)$, determined by the driving field amplitude at the atomic positions. Following the same strategy from Sec. III A, we start from the full atom-light Hamiltonian in vacuum,

and then integrate out the photonic degrees of freedom using a Born-Markov approximation [51]. The result is a Lindblad master equation $\dot{\hat{\rho}} = -(i/\hbar)[\hat{H}, \hat{\rho}] + \mathcal{L}[\hat{\rho}]$ for the atoms, with $\hat{\rho}$ being the atomic density matrix, and the Hamiltonian and dissipation terms reading [50]

$$\hat{H} = \sum_{n=1}^N (\Omega_n \hat{\sigma}_n^- + \Omega_n^* \hat{\sigma}_n^+) + \sum_{n,m=1}^N J^{nm} \hat{\sigma}_n^+ \hat{\sigma}_m^-, \quad (\text{C1a})$$

$$\mathcal{L}[\hat{\rho}] = \sum_{n,m=1}^N \frac{\Gamma^{nm}}{2} (2\hat{\sigma}_n^- \hat{\rho} \hat{\sigma}_m^+ - \{\hat{\sigma}_n^+ \hat{\sigma}_m^-, \hat{\rho}\}). \quad (\text{C1b})$$

Also as in Sec. III A, tracing out the light degrees of freedom maps the photon-mediated exchange of excitations between atoms into dipole-dipole interactions, with coherent and incoherent rates J^{nm} and Γ^{nm} , respectively. These rates satisfy the relation $J^{nm} - i\Gamma^{nm}/2 = \boldsymbol{\wp}_n^* \cdot \mathbf{G}(\mathbf{r}_n - \mathbf{r}_m, \omega_{ge}) \cdot \boldsymbol{\wp}_m$, where $\boldsymbol{\wp}_n$ is the atomic dipole moment and $\mathbf{G}(\mathbf{r}, \omega_{ge})$ is the electromagnetic Green's tensor, which in vacuum reads [51]

$$\mathbf{G}(\mathbf{r}, \omega_{ge}) = \frac{e^{ikr}}{4\pi k^2 r^3} \left[(k^2 r^2 + ikr - 1) \mathbb{1} + (-k^2 r^2 - 3ikr + 3) \frac{\mathbf{r} \otimes \mathbf{r}}{r^2} \right], \quad (\text{C2})$$

with $r = |\mathbf{r}_i - \mathbf{r}_j|$ and $k = \omega_{ge}/c$. For a detailed derivation of these equations, we refer to Refs. [50,69–71].

The quantum spin model in Eq. (C1) fully includes the multiple-scattering and interference effects in atomic emission. It also works for arbitrary atomic positions, with many examples in the literature applied both to disordered atomic clouds [30,34,72] and atomic arrays [50,73–78].

2. Orthogonal dissipation channels

We now describe a series of steps to go from the full microscopic model above to a simplified quasi-1D model like the MB Eq. (16).

As a first step, one can diagonalize the Hermitian matrix Γ_{nm} characterizing the dissipation. Denoting by c_n^α the n th element of the eigenvector α , we can define an orthogonal set of collective spin-wave modes, $\hat{S}_\alpha = \sum_{n=1}^N c_n^\alpha \hat{\sigma}_n^-$. These modes represent coherent superpositions of atomic excitations across the ensemble, and form a natural basis to describe collective atomic emission. Formally, we rewrite Eq. (C1) in this basis,

$$\hat{H} = \sum_{\alpha=1}^N (\Omega_\alpha \hat{S}_\alpha + \Omega_\alpha^* \hat{S}_\alpha^\dagger) + \sum_{\alpha,\alpha'}^N J^{\alpha'\alpha} \hat{S}_{\alpha'}^\dagger \hat{S}_\alpha, \quad (\text{C3a})$$

$$\mathcal{L}[\hat{\rho}] = \sum_{\alpha=1}^N \frac{\Gamma^\alpha}{2} (2\hat{S}_\alpha \hat{\rho} \hat{S}_\alpha^\dagger - \{\hat{S}_\alpha^\dagger \hat{S}_\alpha, \hat{\rho}\}). \quad (\text{C3b})$$

Here, Ω_α represents the Rabi frequency associated with the excitation of a specific spin wave \hat{S}_α . Of course, while the \hat{S}_α diagonalize the dissipation term, they do not generally diagonalize the coherent part of the dipole-dipole interactions. This means that these interactions will mix different spin waves.

The main advantage of this representation is that the emitted fields from each spin wave correspond to orthogonal output modes, each with an associated spontaneous decay rate Γ_α . For elongated clouds, a few modes have large decay rates Γ_α that scale with the optical depth of the ensemble, and which also exhibit a quasi-Gaussian emission profile for extended samples [30,79,80].

3. Single-mode driving and independent emission approximation

In the following, we assume the driving field primarily excites a single spin-wave mode, namely \hat{S}_1 , such that $\Omega_1 = \Omega$ and $\Omega_{\alpha>1} = 0$. This single-mode approximation is reasonable provided the emission profile of the mode \hat{S}_1 is known and the driving field is tailored to closely match said emission profile. Assuming that the emission pattern of \hat{S}_1 is roughly Gaussian, then the driving field itself obeys a quasi-1D propagation equation.

In situations where we are interested only in the dynamics of the ensemble under this driving and the associated propagation of photons in this preferred mode, we further simplify the dissipation by assuming that the combined effect of all spin-wave modes except for \hat{S}_1 is approximately independent emission.

Physically, we recall that the spin-wave modes are orthogonal, and thus the different eigenvectors c_n^α have different phase and amplitude patterns. Thus, our assumption amounts to saying that when trying to efficiently drive mode \hat{S}_1 , say with a field of wave vector \mathbf{k}_{in} , the amplitude $\langle \hat{S}_\alpha \rangle = \sum_{n=1}^N c_n^\alpha \langle \hat{\sigma}_n^- \rangle \sim \sum_{n=1}^N c_n^\alpha e^{i\mathbf{k}_{\text{in}} \cdot \mathbf{r}_n}$ of other spin-wave modes essentially looks like a sum of random complex numbers, due to the random atomic positions. Then, there will be negligible collective emission effects or an absence of interference (on average) into other orthogonal modes. Within this assumption, the previous Eq. (C3) becomes

$$\hat{H} = \Omega (\hat{S}_1 + \hat{S}_1^\dagger) + \sum_{\alpha,\alpha'}^N J^{\alpha'\alpha} \hat{S}_{\alpha'}^\dagger \hat{S}_\alpha, \quad (\text{C4a})$$

$$\begin{aligned} \mathcal{L}[\hat{\rho}] \approx & \frac{\Gamma_{\text{1D}}}{4} (2\hat{S}_1 \hat{\rho} \hat{S}_1^\dagger - \{\hat{S}_1^\dagger \hat{S}_1, \hat{\rho}\}) \\ & + \frac{\Gamma}{2} \sum_{n=1}^N (2\hat{\sigma}_n^- \hat{\rho} \hat{\sigma}_n^+ - \hat{\rho} \hat{\sigma}_n^+ \hat{\sigma}_n^- - \hat{\sigma}_n^+ \hat{\sigma}_n^- \hat{\rho}). \end{aligned} \quad (\text{C4b})$$

Here, we have switched to the normalization used in the main text. Specifically, the eigenvectors diagonalizing

Eq. (C3) are conventionally chosen to have unit norm, and $\Gamma_1 = N\Gamma_{1D}/2$ scales with optical depth. However, to be consistent with our convention for defining total spin operators in the main text, we choose a normalization so that $\Gamma_1 \equiv \Gamma_{1D}/2$ and the eigenvector α_1 has a norm scaling with \sqrt{N} .

Moreover, we assume that the spin-wave mode is described by a Gaussian profile whose longitudinal and transverse variations can be neglected. We stress that having a spatially homogeneous driving term $\Omega(\hat{S}_1 + \hat{S}_1^\dagger)$ does not imply that the atomic steady state is also spatially homogeneous, as it is also affected by the independent dissipation terms and the dipole interactions.

4. Simplified dipole-dipole interactions

The last approximation needed to make the model in Eq. (C4) equivalent to the MB equations involves simplifying the coherent dipole-dipole interactions by retaining only the term $J^{\alpha'\alpha}$ with $\alpha' = \alpha = 1$. Physically, this states that energy transfer in the atoms is primarily mediated by the photons of the propagating quasi-1D mode of interest. Although it is difficult to rigorously characterize, here we give a set of conditions under which this approximation is plausibly correct.

First, if $\langle \hat{S}_1 \rangle$ has macroscopic occupation, then the atoms can be seen to some extent as classical dipoles, whose emission constructively interferes into the mode defined by \hat{S}_1 itself, thereby dominating the dynamics.

Second, the system should be extended and not have a large optical depth in the transverse direction. Otherwise, photons that are scattered out of the preferred mode cannot easily escape, and will propagate in a diffusive manner through the bulk [81], an effect that involves the full form of the dipole-dipole interactions.

Finally, the system should be dilute, to avoid strong near-field interactions that again appear in the original dipole-dipole interactions.

In summary, the MB equations represent a minimal (but oft-used) model for light propagation in atomic ensembles. Indeed, this model constitutes our main framework for understanding phenomena and applications in atomic ensembles as diverse as quantum memories, spin squeezing, and quantum nonlinear optics [32,82]. As the emission into the modes not of explicit interest is considered to be independent, it neglects effects associated with wave interference and multiple scattering of light in these modes.

While this should be sufficient for our problem involving a driven dilute, disordered gas, for completeness we also point out some other effects that are often studied, which require a more complete description. For example, the MB model cannot capture the “speckled” pattern of the scattered far-field intensity when the atomic positions are disordered [83,84], nor can it capture Bragg diffraction [85] or the perfect reflection of light from ordered

arrays [73–75], which has recently been realized to be a valuable resource for applications [76–78]. In dense ensembles, the dipole-dipole interactions that result from atoms experiencing the scattered fields of other atoms can result in significant shifts in the collective atomic energies and decay rates [50,86–89], fundamental dephasing mechanisms [90], or limitations to the ensemble refractive index [72].

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