Antifibrogenic Effects of Canrenone, an Antialdosteronic Drug, on Human Hepatic Stellate Cells

ALESSANDRA CALIGIURI,* RAFFAELLA M. S. DE FRANCO,* ROBERTO G. ROMANELLI,* ALESSANDRA GENTILINI,* MARTA MEUCCI,* PAOLA FAILLI,† LUCA MAZZETTI,‡ KRISTA ROMBOUTS,§ ALBERT GEERTS,§ MASSIMO VANASIA,§ PAOLO GENTILINI,* FABIO MARRA,* and MASSIMO PINZANI*

**Dipartimento di Medicina Interna and †Dipartimento di Farmacologia Clinica e Preclinica, Università di Firenze, Firenze, Italy; §Laboratory for Molecular Liver Cell Biology, Free University of Brussels, Brussels, Belgium; and ‡Gienne Pharma S.p.A., Milan, Italy

Background & Aims: Several lines of evidence indicate that aldosterone antagonists may exert direct antifibrogenic effects. The aim of this study was to evaluate the possible direct antifibrogenic effects of canrenone, the active metabolite of spironolactone, in activated human hepatic stellate cells. Methods: The effects of canrenone were assessed on platelet-derived growth factor–induced mitogenic and chemotactic effects and the increased de novo synthesis of different extracellular matrix components induced by transforming growth factor-β1. Results: Canrenone dose-dependently reduced platelet-derived growth factor–induced cell proliferation and motility. This effect was not associated with either changes in the phosphorylation of platelet-derived growth factor receptor and phospholipase Cγ or in the activation of the Ras/extracellular signal-regulated kinase pathway, whereas it was accompanied by a dose-dependent inhibition of platelet-derived growth factor–induced phosphatidylinositol 3-kinase activity. In addition, canrenone inhibited the activity of the Na+/H+ exchanger 1 induced by platelet-derived growth factor. The effect of canrenone on Na+/H+ exchanger 1 activity was reproduced by phosphatidylinositol 3-kinase inhibitors, thus supporting an inhibitory action of canrenone on phosphatidylinositol 3-kinase activity. To further address this possibility, the action of canrenone was compared with that of 2 established Na+/H+ exchanger 1 inhibitors: ethylisopropylamiloride and cariporide. Whereas ethylisopropylamiloride was able to inhibit platelet-derived growth factor–induced phosphatidylinositol 3-kinase activity, cariporide was without any effect. Both compounds reproduced the effects of canrenone on platelet-derived growth factor–induced mitogenesis and chemotaxis. Finally, canrenone was able to reduce transforming growth factor-β1–induced de novo synthesis of procollagen type I/IV and fibronectin and thrombin-induced hepatic stellate cell contraction.

Conclusions: These results indicate that canrenone may be active as an antifibrogenic drug.
tion of procollagen I messenger RNA and increases collagen I synthesis in rat cardiac fibroblasts. Other studies could not confirm these findings. To further reinforce the concept that aldosterone does not promote, at least directly, tissue fibrosis, recent work by Rombouts et al., performed in rat cardiac fibroblasts metabolically labeled with [35S]methionine/[35S]cysteine, has confirmed that this hormone does not affect de novo collagen synthesis at physiological concentrations (10⁻⁸ to 10⁻¹⁰ mol/L), whereas an inhibitory effect is observed at 10⁻⁷ mol/L. In addition, the same group of investigators has also shown that aldosterone does not promote de novo collagen synthesis in activated rat hepatic stellate cells (HSC), a cell type that contributes to the progression of liver fibrosis after chronic liver tissue damage and is potentially involved in the genesis of portal hypertension. In aggregate, these observations tend to rule out a direct profibrogenic effect of aldosterone. However, on the basis of the proposed profibrogenic action of aldosterone, some clinically positive effects of spironolactone in patients with chronic heart failure, including a significant decrease in mortality rate, have been ascribed to a possible antifibrogenic effect.

This, as well as other observations, together with the lack of an evident direct profibrogenic action of aldosterone, have led to the hypothesis that antialdosterone drugs may exert a direct antifibrogenic action, i.e., independent of their aldosterone antagonism. In addition, attempts to verify this possibility in animal models of liver fibrosis have led to controversial findings.

The aim of this study was to evaluate the possible direct antifibrotic effects of canrenone, the active metabolite of spironolactone, in activated human HSC. This potential activity was evaluated by the well-established mitogenic and chemotactic effects exerted by platelet-derived growth factor (PDGF) and the increased de novo synthesis of extracellular matrix (ECM) components induced by transforming growth factor-β1 (TGF-β1).

**Materials and Methods**

**Reagents**

Monoclonal, agarose-conjugated antiphosphotyrosine antibodies were purchased from Oncogene Science (Uniondale, NY). Monoclonal antiphosphotyrosine antibodies for Western blotting were purchased from UBI (Lake Placid, NY). Polyclonal anti-human PDGF type B receptor was purchased from Upstate Biotechnology (Lake Placid, NY). Polyclonal antibodies against extracellular signal-regulated kinase (ERK)-1, phospholipase C-γ1 (PLC-γ), and pp125FAK were purchased from Santa Cruz Biotechnology (Santa Cruz, CA). Myelin basic protein was purchased from Sigma Chemical Co. (St. Louis, MO). Protein A–sepharose was from Pharmacia (Uppsala, Sweden). [γ³²P]Adenosine triphosphate (ATP) (3000 Ci/mmol) and [α³²P]deoxyctydine triphosphate (3000 Ci/mmol) were from New England Nuclear (Milan, Italy). Methyl-[³H]thymidine ([³H]TdR) was from New England Nuclear. Human recombinant PDGF-BB was purchased from Peprotech (Rock Hill, NJ), and human thrombin was purchased from Boehringer Mannheim GmbH (Mannheim, Germany). Canrenone was provided by GN Pharma (Milan, Italy). Ethylisopropylamiloride (EIPA) was purchased from Sigma Aldrich SRL (Milan, Italy). Cariporide (HOE 642) was kindly provided by Aventis Pharma (Frankfurt a.M., Germany). All other reagents were of analytic grade.

**Isolation and Culture of Human Hepatic Stellate Cells**

Human HSC were isolated from wedge sections of normal human liver unsuitable for transplantation, as previously reported. Briefly, after digestion with collagenase/protease, HSC were separated from other liver nonparenchymal cells by ultracentrifugation over gradients of Stractan (Cellsep isotonic solution; Larex Inc., St. Paul, MN). Characterization was performed as described elsewhere. Cells were cultured on plastic culture dishes in Iscove’s modified Dulbecco’s medium supplemented with 0.6 U/mL of insulin, 2.0 mmol/L of glutamine, 0.1 mmol/L of nonessential amino acids, 1.0 mmol/L of sodium pyruvate, antibiotic-antimycotic solution (all provided by Gibco Laboratories, Grand Island, NY), and 20% fetal bovine serum (Imperial Laboratories, Andover, UK). Experiments described in this study were performed on cells between the first and third serial passages (1:3 split ratio) with 3 independent cell lines. At these stages of culture, human HSC showed transmission electron microscopy features of myofibroblast-like cells, thus indicating complete transition to their activated phenotype.

**DNA Synthesis**

DNA synthesis was measured as the amount of [³H]TdR incorporated into trichloroacetic acid–precipitable material, as described elsewhere. Briefly, 90% confluent cells were incubated in serum-free/insulin-free (SFIF) medium for 48 hours and stimulated for 20 hours with PDGF-BB (10 ng/mL) in the presence or absence of canrenone, EIPA, or HOE 642. After 4 hours of pulsing with 1.0 μCi/mL of [³H]TdR, cells were washed and lysed, and the amount of [³H]TdR incorporated was measured. Results were expressed as counts per minute per 10⁵ cells.

**Cell Growth Assay**

A total of 10⁴ HSC were plated in 12-well dishes and incubated in SFIF for 24 hours. Cells were then stimulated with PDGF-BB (10 ng/mL) in the presence or absence of canrenone (10–50 μmol/L) (time 0) for different time periods and counted. Cell counts were performed on triplicate wells on day 0 and after 2, 4, and 6 days. Fresh medium and agonists were added to the remaining wells at each time point.
Chemotactic Assay

Cell migration was performed as previously described. Briefly, modified Boyden chambers equipped with 8-μm-porosity polyvinylpyrrolidone-free polycarbonate filters were used after precoating (20 μg/mL of human type I collagen; 30 minutes at 37°C). Confluent HSC were incubated in SFIF medium for 48 hours and then treated with the agonist to be tested. After trypsinization, 4 × 10⁴ cells were added to the top chamber and incubated at 37°C for 6 hours. The lower chamber was filled with SFIF medium (control) or PDGF-BB (10 ng/mL) in the presence or absence of the agonist used in the preincubation period. Filters were fixed with 96% methanol and stained with Harris’ hematoxylin, mounted, and viewed at 450× magnification. Migrated cells were quantified as the mean ± SD in 10 randomly chosen high-power fields.

Wound-Healing Assay

For the measurement of cell migration during wound healing, human HSC were seeded on 6-well plates coated with type I collagen (20 μg/mL) and grown to confluence in Iscove’s medium containing 20% fetal bovine serum. Confluent cell cultures were incubated in SFIF medium for 48 hours before the beginning of the experiment. Monolayers were then disrupted to generate a linear wound of approximately 1 mm with a cell scraper, washed to remove debris, and incubated in medium containing PDGF-BB (10 ng/mL) in the presence or absence of increasing doses of canrenone for 20 hours. Cells were subsequently fixed and observed by phase contrast microscopy. For the evaluation of wound closure in the different experimental conditions, 5 randomly selected points along each wound were marked, and the horizontal distance of migrating cells from the initial wound was measured at 20 hours after wounding. Experiments were performed in duplicate, and 2 fields of each well were recorded.

Analysis of Cytotoxicity

Confluent HSC were incubated in SFIF medium for 24 hours and exposed to increasing concentrations of canrenone. Cell viability was evaluated by the trypan blue dye exclusion test at the end of a 24- to 48-hour incubation period.

Extracellular Signal-Regulated Kinase Assay

ERK was measured as the myelin basic protein kinase activity of ERK immunoprecipitates. Cells were lysed in buffer containing 50 mmol/L of HEPES (pH 7.5), 150 mmol/L of NaCl, 1.0 mmol/L of ethylene glycol-bis(β-aminoethyl ether)-N,N,N',N'-tetraacetic acid (EGTA), 1% Triton X-100, 10% glycerol, 1.5 mmol/L of MgCl₂, 2 mmol/L of Na₃VO₄, and protease inhibitors. ERKs were immunoprecipitated with anti-ERK2 and subjected to in vitro kinase assay. Samples were incubated with 40 μL of kinase buffer (20 mmol/L of HEPES [pH 7.5], 10 mmol/L of MgCl₂, 20 μmol/L of ATP, and 0.5 mmol/L of Na₃VO₄) containing 5 μCi of [γ-³²P]ATP and 0.5 mg/mL of myelin basic protein for 30 minutes at room temperature and then separated by sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE) (15%). The gels were stained, dried, and exposed to X-Omat AR film (Eastman Kodak, Rochester, NY).

Northern Blot Analysis

RNA was isolated as previously described. A total of 10 μg of total RNA was fractionated by 1% agarose–formaldehyde gel electrophoresis and blotted on a nylon membrane. Procedures for DNA radiolabeling and filter hybridization were performed as described elsewhere.

Immunoprecipitation and Immunoblotting

Cells were lysed in 50 mmol/L of HEPES (pH 7.5), 150 mmol/L of NaCl, 1.0% Triton X-100, 5.0 mmol/L of MgCl₂, 1.0 mmol/L of EGTA, 2.0 mmol/L of Na₃VO₄, 25 μg/mL of leupeptin, 10 μg/mL of pepstatin A, and 2.0 mmol/L of phenylmethylsulfonyl fluoride. Immunoprecipitation, SDS-PAGE, and immunoblotting analysis were performed as previously described. Antibodies bound to polyvinylidene difluoride membranes were detected by chemiluminescence with enhanced chemiluminescence (Amersham Life Sciences, Little Chalfont, UK).

Phosphatidylinositol 3-Kinase Assay

Phosphatidylinositol 3-kinase (PI 3-K) assay was performed as previously described. Briefly, cells were lysed, and proteins were immunoprecipitated by using antiphosphotyrosine antibodies. After washings, the immunobeads were incubated in 50 μL of 20 mmol/L Tris-HCl (pH 7.5), 100 mmol/L of NaCl, 0.5 mmol/L of EGTA, and 0.5 μL of 20 mg/mL phosphatidylinositol for 10 minutes. After 1 μL of 1 mol/L MgCl₂ and 10 μCi of [γ-³²P]ATP were added, the incubation was continued for 15 more minutes. The reaction was stopped by adding 150 μL of chloroform/methanol/37% HCl (10:20:0.2). Samples were extracted and dried. Radioactive lipids were separated by thin-layer chromatography by using chloroform/methanol/30% ammonium hydroxide/water (46:41:5:8). After drying, the plates were autoradiographed. The radioactive spots were then scraped and counted in a beta counter.

Determination of Akt Activity

Akt activity assay was performed as described. Proteins (150 μg) were immunoprecipitated by using anti-Akt antibodies and protein G agarose. After 3 washings with washing buffer (20 mmol/L of HEPES [pH 7.5], 40 mmol/L of NaCl, 50 mmol/L of NaF, 1 mmol/L of EDTA, 1 mmol/L of EGTA, 0.5% Nonidet P-40 (Sigma), 20 mmol/L of β-glycerophosphate, 0.5 mmol/L of sodium orthovanadate, 1 mmol/L of phenylmethylsulfonyl fluoride, and 10 μg/mL of leupeptin, pepstatin, and aprotinin), immunobeads were resuspended in kinase buffer (50 mmol/L of HEPES [pH 7.5], 100 mmol/L of NaCl, 10 mmol/L of MgCl₂, 10 mmol/L of MnCl₂, 10 mmol/L of β-glycerophosphate, 0.5 mmol/L of sodium orthovanadate, 1 mmol/L of phenylmethylsulfonyl fluoride, and 10 μg/mL of leupeptin, pepstatin and aprotinin) containing 1 μmol/L of protein kinase A inhibitor peptide, 50 μmol/L of unlabeled ATP, and 6 μCi of [γ-³²P]ATP, with exogenous histone H2B.
(1.5 μg per tube) as a substrate, and incubated for 20 minutes at room temperature. Samples were resolved in 12% SDS-PAGE, and gel was subjected to autoradiography.

**Intracellular Calcium Concentration**

Digital video imaging of the intracellular free calcium concentration ([Ca\(^{2+}\)]\(_i\)) in individual human HSC was performed as described. Subconfluent HSC were grown in complete medium on glass coverslips and then incubated for 48 hours in SFIF medium. Cells were then loaded with 4 μmol/L of Fura-2-AM (Calbiochem Corp., San Diego, CA) and 15% Pluronic F-127 (Sigma) for 30 minutes at 22°C. [Ca\(^{2+}\)]\(_i\), was measured in Fura-2–loaded cells in HEPES/NaHCO\(_3\) buffer containing 140 mmol/L of NaCl, 3 mmol/L of KCl, 0.5 mmol/L of Na\(_2\)HPO\(_4\), 12 mmol/L of NaHCO\(_3\), 1.2 mmol/L of MgCl\(_2\), 1.0 mmol/L of CaCl\(_2\), 10 mmol/L of HEPES, and 10 mmol/L of glucose (pH 7.4). Ratio images (340–380 nm) were collected every 3 seconds, and calibration curves were obtained for each cell preparation as described.26 Stimuli were added directly to the perfusion chamber after the [Ca\(^{2+}\)]\(_i\) basal value was recorded. Cells were preincubated with the drug to be tested 15 minutes before stimulation with PDGF or thrombin. In experiments evaluating changes in the cell area induced by thrombin, spatial calibration was performed by measuring the division on a graticule under the same optical conditions as the rest of the experiments, as reported.26

**Measurement of Na\(^+/H^+\) Antiporter Activity**

Human HSC were grown on glass coverslips until 70% confluence and were maintained for 48 hours in SFIF. HSC were loaded with 2 μmol/L of bis-carboxyethylcarboxyfluorescein (BCECF) for 30 minutes at room temperature and then washed. Fluorescence was recorded in individual cells by using an imaging analysis system equipped for epifluorescence. Ratio imaging was obtained every 3 seconds, alternating excitation wavelengths at 490 nm and 405 nm, with emission at 520 nm. In experiments aimed at evaluating the effect of canrenone on the basal activity of the Na\(^+/H^+\) antiporter, HSC were acidified by adding 5 mmol/L of nigericin in nominally Na\(^+\)/K\(^-\)-free N-methylglucamine buffer. In this setting, a decrease in the fluorescence ratio indicates a decrease in cytosolic pH. When the fluorescence ratio value had stabilized, the administration of 30 mmol/L of NaCl caused a rapid cytosolic alkalinization, indicating restored Na\(^+/H^+\) antiporter activity; the kinetic of alkalinization is an index of the Na\(^+/H^+\) antiporter activity. EIPA and HOE 642, both regarded as specific Na\(^+/H^+\) antiporter inhibitors, were used as control drugs. In experiments evaluating the effect of canrenone, as well as other drugs, on PDGF-induced changes in intracellular pH concentration ([pH\(_i\)]), cells were preincubated with the drug to be tested 15 minutes before the stimulation with PDGF.

**Metabolic Labeling and Immunoprecipitation**

Metabolic labeling and immunoprecipitation were performed as described previously.14,31 Briefly, subconfluent cultures were incubated 24 hours with SFIF medium before treatment with canrenone, TGF-β1, or both. One group of HSC was treated with 25 μmol/L of canrenone, and another group was exposed to 1 ng/mL of TGF-β1. The third group was treated with canrenone for 1 hour, followed by an incubation with TGF-β1 for 24 hours. De novo protein synthesis of exposed HSC was compared with that of nontreated cells. After the initial 24 hours of treatment, cells were cultured in methionine-free Dulbecco’s modified Eagle medium and were metabolically labeled for 24 hours with 50 μCi/mL of \(^{35}\)S-methionine/cysteine (trans \(^{35}\)S-label; specific activity, >1000 Ci/mmol; ICN Biomedicals, Costa Mesa, CA) in the presence of vitamin C (50 μg/mL) (Merck, Darmstadt, Germany) and β-aminopropionitrile (64 μg/mL) (Sigma) while exposure to canrenone, TGF-β1, or both was continued. Labeled media and cell layers were separately harvested and stored at −70°C. Total protein synthesis was assessed by trichloroacetic acid precipitation. The labeled media or cell lysates were subjected to immunoprecipitation with specific antibodies against collagen type I (Southern Biotechnology, Birmingham, AL), smooth muscle α-actin (clone 1A4; Sigma), or the N-terminal propeptide of procollagen type III.32 For collagen type I and IV, incubation with the primary antibody was followed by incubation with affinity-purified rabbit anti-goat immunoglobulin G (Jackson Immunochemicals, West Grove, PA) as a second antibody for 1 hour at 4°C.14,31 After immunoprecipitation, proteins were separated by SDS-PAGE, followed by enhancement with Amplify (Amersham), dried, and exposed to preflashed Hyperfilm-MP (Amersham). Band intensities were quantified by Phosphor Imaging (Molecular Imager, GS-525; Bio-Rad, Hercules, CA). The ratio of \(^{[35]S}\)methionine/\(^{[35]S}\)cysteine incorporation into the protein of treated cells over control cells—hereafter referred to as the treated/control ratio—was calculated for each condition and expressed as mean ± SD. At least 3 independent observations (cells of 3 different cultures) were used to calculate the mean. The results are presented as bar graphs, with the control values normalized at 100. Immunoprecipitation was performed on an aliquot of cell layer and medium containing 5.0 × 10\(^5\) or 1.0 × 10\(^6\) cpm. This aliquot was a known fraction of the radioactivity in the cell layer and medium. To determine the statistical significance of the difference between control and treated cells, 95% confidence intervals were calculated. The effect was considered statistically significant when 100 (normalized control value) did not belong to the 95% confidence interval of the treated/control ratio.

**Measurement of Aldosterone Levels in Activated Human Hepatic Stellate Cell Supernatants**

Conditioned medium was obtained from different preparations of activated human HSC. Cells were grown to confluence in 100-mm Petri dishes in complete culture medium. After extensive washing with SFIF medium, confluent cells were incubated for 24 hours in SFIF. Supernatants were then harvested, and aliquots from each batch were concentrated 2× and 4×. Aldosterone levels were measured by radioimmunoassay with the Aldosterone/RIA-KS17CT kit (Radim, S.p.A., Pomezia, Italy). The lower detection limit for this assay is 0.007 nmol/L.
Statistical Analysis

Unless otherwise specified, results, relative to the number of experiments indicated, are expressed as means ± SD. Statistical analysis was performed by 1-way analysis of variance and, when the F value was significant, by Duncan’s test.

Results

Canrenone Reduces PDGF-Induced Cell Proliferation and Migration

The effect of increasing concentrations of canrenone on PDGF-BB–induced DNA synthesis, measured as [3H]thymidine incorporation into DNA, was evaluated first. As shown in Figure 1A, preincubation with canrenone for 5 minutes induced a dose-dependent inhibition of PDGF-induced mitogenesis. This inhibitory effect was statistically significant starting at 5 μmol/L. Growth curves for activated human HSC in response to PDGF-BB with or without canrenone were analyzed to determine whether the decrease in PDGF-induced DNA synthesis was associated with an actual decrease in cell growth. As illustrated in Figure 1B, PDGF-BB at the dose of 10 ng/mL significantly increased HSC growth after 2 and 4 days of incubation when compared with unstimulated control cells. This effect was clearly reduced by pretreatment with canrenone, and this reduction was already statistically significant after 2 days of culture.

When cells were treated with canrenone alone, a decrease in [3H]thymidine incorporation was observed at 50 μmol/L or higher concentrations (Figure 1A). To exclude toxic effects of canrenone in these experimental conditions, different concentrations of canrenone were tested for cytotoxicity on cells maintained for 24 or 48 hours in SFIF medium. No significant toxic effect was detected at any concentration tested.

To evaluate the effect of canrenone on cell motility, 2 different experimental approaches were used: the evaluation of chemotaxis in a modified Boyden chamber system and the wound-healing migration assay. As illustrated in Figure 2A, incubation of HSC with PDGF-BB for 6 hours stimulated cell haptotaxis. In the presence of canrenone, this effect was reduced dose-dependently. Figure 2B shows wounded monolayers incubated in medium containing PDGF-BB without or with increasing doses of canrenone. PDGF induced cell migration leading to wound closure 20 hours after wounding. In the presence of canrenone, PDGF-induced cell migration in the wounded area was inhibited in a dose-dependent fashion. The percentage of inhibition, measured on the whole wound length, was 37%, 56%, 74%, and 90% in response to 5, 10, 25, and 50 μmol/L of canrenone, respectively.

Effect of Canrenone on Platelet-Derived Growth Factor–Induced Intracellular Signaling

To investigate the mechanisms responsible for the effect of canrenone on PDGF-induced cell proliferation and migration, we first analyzed the effects of
canrenone on PDGF-β receptor phosphorylation and the resulting activation of downstream pathways, such as PLC-γ, ERK, and PI 3-K. HSC were pretreated for 5 minutes with increasing concentrations of canrenone and then exposed to PDGF-BB (10 ng/mL) for 10 minutes. As shown in Figure 3A, in the absence of canrenone, PDGF induced a marked increase in PDGF-β receptor tyrosine phosphorylation. Can-
renone, at any concentration used, had no effect on this signaling event. Similarly, canrenone did not affect PDGF-induced PLC-γ phosphorylation (Figure 3B), PDGF-induced ERK activity (Figure 3C), or c-fos gene expression, a nuclear target of ERK activation (Figure 3D).

In contrast, canrenone inhibited PDGF-induced PI 3-K activity. As shown in Figure 4A, exposure of serum-deprived HSC to PDGF-BB for 10 minutes resulted in the activation of PI 3-K. Incubation with canrenone 5 minutes before the addition of PDGF-BB dose-dependently inhibited PI 3-K activity. To establish whether the action of canrenone on PI 3-K occurred directly, extracts obtained from PDGF-treated HSC were immunoprecipitated with antiphosphotyrosine antibodies and then exposed in vitro to increasing doses of canrenone before the kinase assay was performed (Figure 4B). Also, in these conditions, an inhibitory effect was observed, indicating a direct inhibition of canrenone on this enzymatic activity. To confirm these findings, we also tested the effects of canrenone on the activation of Akt, which lies downstream of PI 3-K. In agreement with the data on PI 3-K, canrenone significantly reduced the phosphorylation of Akt induced by PDGF (Figure 5).

Figure 3. Effect of canrenone (CAN) on PDGF signaling pathways. Confluent HSC were incubated for 48 hours in SFIF medium and then treated with different doses of canrenone 5 minutes before stimulation with PDGF-BB (10 ng/mL) for 10 minutes. (A and B) Western blot analysis; 100 μg of proteins were immunoprecipitated with antibodies against PDGF-R β (A) or PLC-γ (B). The immunoprecipitates (IP) were analyzed by 7.5% SDS-PAGE, followed by immunoblotting with antiphosphotyrosine (PY). (C) ERK assay. Cell lysates were immunoprecipitated with anti-ERK2 antibody and subjected to an immune complex kinase assay with myelin basic protein (MBP) as a substrate. (D) Expression of c-fos messenger RNA; 10 μg of total RNA extracted from treated or untreated (control) HSC was analyzed by Northern blot. The c-fos complementary DNA probe was then removed by boiling, and the same blot was hybridized to a complementary DNA encoding for the ribosomal protein 36B4 (control gene).
Effect of Canrenone on Intracellular pH and Ca^{2+} Concentration

Because it has been shown that PDGF signaling involves changes in [Ca^{2+}] and [pH], in HSC, we next investigated whether canrenone could modulate these effects.30,33,34 We first evaluated the effect of this drug on the basal activity of the Na^{+}/H^{+} exchanger (NHE) that regulates [pH] in HSC. As illustrated in Figure 6, untreated cells (control) recovered readily from an acute acid load in a Na^{+}-free medium on reintroduction of Na^{+}. Treatment with canrenone, in a dose range between 10 and 25 μmol/L, did not significantly affect the antiporter activity. However, when canrenone was used at the dose of 50 μmol/L, the

![Figure 4](image-url)  
**Figure 4.** Canrenone (CAN) dose-dependently inhibits PI 3-K activation induced by PDGF in human HSC. (A) Confluent cells were maintained in SFIF medium for 48 hours and then pretreated with canrenone (10 or 25 μmol/L) 5 minutes before stimulation with PDGF (10 ng/ml) for 10 minutes. Equal amounts of proteins were immunoprecipitated with anti-phosphotyrosine antibody, and immunobeads were assayed for PI 3-K activity as described in Materials and Methods. A representative experiment of 3 is shown. (B) Cell lysates extracted from either untreated (control) or PDGF-stimulated HSC were immunoprecipitated with anti-phosphotyrosine antibodies. After washings, samples shown in lanes 3, 4, and 5 were incubated in vitro with increasing doses of canrenone for 10 minutes. The kinase assay was performed as previously described. A representative experiment of 2 is shown.

![Figure 5](image-url)  
**Figure 5.** Canrenone (CAN) reduces PDGF-induced Akt activity. Starved HSC were pretreated with canrenone (10 or 50 μmol/L) 5 minutes before stimulation with PDGF (10 ng/mL) for 10 minutes. Cell lysates were immunoprecipitated with anti-Akt antibodies, and an immune complex kinase assay was performed by using histone H2B as a substrate. C, control, not treated. A representative experiment of 3 is shown.

![Figure 6](image-url)  
**Figure 6.** Effect of canrenone on basal Na^{+}/H^{+} exchanger activity (pH recovery after nigericin-induced acid load). Human HSC were grown on coverslips until 70% confluence and incubated in SFIF for 48 hours. Cells were loaded with BCECF, and fluorescence was recorded in individual cells every 3 seconds, alternating excitation wavelengths at 490 nm and 405 nm, at emission 520 nm. HSC were acidified by adding 5 μmol/L of nigericin in nominally Na^{+}- and K^{+}-free N-methylglucamine buffer. The administration of 30 mmol/L of NaCl caused a rapid cytosolic alkalinization, indicating restored Na^{+}/H^{+} antiporter activity. Barograms express the kinetic of alkalinization (Δ variation of [pHi]) as an index of the Na^{+}/H^{+} antiporter activity and are the mean ± SD of 3 experiments, each performed on 20 individual cells. Changes in basal Na^{+}/H^{+} antiporter activity (C) were statistically significant when canrenone was used at 50 μmol/L. The Na^{+}/H^{+} antiporter inhibitor EIPA (10 μmol/L) was used as positive control. *P < 0.05 or higher degree of significance.

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activity of the NHE was blocked similarly to the effect of EIPA, an established Na\(^+\)/H\(^+\) antiporter inhibitor.

In a different set of experiments, we studied the effect of canrenone on PDGF-induced antiporter activity. As shown in Figure 7A, exposure of serum-deprived HSC to PDGF-BB (10 ng/mL) increased [pH]\(_i\) through the activation of the NHE, and canrenone was able to reduce this increase starting at the concentration of 10 \(\mu\)mol/L. Figure 7B illustrates the inhibitory effect exerted by EIPA, used as positive control. Similar inhibitory effects were produced by the more selective antiporter inhibitor HOE 642 (data not shown). To establish whether PI 3-K was involved in the antiporter activation induced by PDGF, cells were preincubated with LY294002 (Figure 7C) and wortmannin (not shown) before stimulation with PDGF. Both PI 3-K inhibitors reproduced the inhibitory action of canrenone, thus showing the involvement of PI 3-K in PDGF-induced activation of the antiporter. Incubation with PI 3-K inhibitors (LY294002 or wortmannin) in the absence of PDGF did not affect the antiporter activity after an acid load (data not shown).

We next evaluated the effect of these compounds on the changes in [Ca\(^{2+}\)]\(_i\). As previously shown,\(^{10}\) treatment with PDGF induced in HSC an increase in [Ca\(^{2+}\)]\(_i\), that was characterized by a peak phase, followed by a long-lasting plateau (Figure 7D). Canrenone did not inhibit either the peak increase or the plateau phase at any of the concentrations tested. No
inhibitory effect was observed when cells were preincubated with antiporter inhibitors (EIPA or HOE 642) or PI 3-K inhibitors (LY294002 or wortmannin) (Figure 7E and F).

**Effect of Na\(^+\)/H\(^+\) Exchanger Inhibitors on Platelet-Derived Growth Factor–Induced Phosphatidylinositol 3-Kinase Activity and Biological Effects**

Because of the observed effect of PI 3-K inhibitors on the activity of the NHE and the possible relationship between PI 3-K activity and this antiporter,\(^{35-37}\) we next evaluated the effect of EIPA and HOE 642 on PDGF-induced PI 3-K activity. As shown in Figure 8A, pretreatment with 10 μmol/L of EIPA significantly reduced PDGF-induced PI 3-K activity, thus indicating that this established antiporter inhibitor is also a PI 3-K inhibitor. Conversely, the recently introduced and more selective antiporter inhibitor HOE 642 did not show any effect on PDGF-induced PI 3-K activity, even when it was used at the maximal dose of 100 μmol/L (Figure 8B). Because of their different effects on PDGF-induced PI 3-K activity, we investigated whether the antiporter inhibitors EIPA and HOE 642 could reproduce the effects of canrenone on the main biological actions of PDGF in cultured HSC, namely, mitogenesis and chemotaxis. Both compounds inhibited, in a dose-dependent manner, DNA synthesis (Figures 9A and 10A) and cell motility (Figures 9B and 10B) induced by PDGF in activated HSC, thus indicating that Na\(^+\)/H\(^+\) antiporter activity is indispensable for these biological effects of PDGF.

**Effects of Canrenone and Na\(^+\)/H\(^+\) Antiporter Inhibitors on Platelet-Derived Growth Factor–Induced Focal Adhesion Kinase Phosphorylation**

Because the activity of the Na\(^+\)/H\(^+\) antiporter has been shown to be involved in the regulation of integrin-mediated intracellular signaling that leads to cytoskeletal reorganization after stimulation with growth factors,\(^{38,39}\) we tested whether canrenone, as well as Na\(^+\)/H\(^+\) antiporter inhibitors, could influence PDGF-induced focal adhesion kinase (FAK) phosphorylation in human HSC. FAK is a nonreceptor tyrosine kinase that has been shown to play a central role in integrin-related signaling events. As illustrated in Figure 11, incubation of cells with PDGF-BB (10 ng/mL) for 10 minutes induced an increase in FAK tyrosine phosphorylation, as previously documented.\(^{40,41}\) Canrenone was able to reduce this increase in a dose-dependent manner. This effect was comparable to that observed when cells were incubated with EIPA or HOE 642.

**Effects of Canrenone on the De Novo Synthesis of Different Extracellular Matrix Components**

In this set of experiments, additional potential antifibrogenic properties of canrenone were evaluated—particularly the effect of this drug on TGF-β1–induced de novo synthesis of different ECM compo-
components, namely, procollagen type I, procollagen type IV, and fibronectin. As illustrated in Figure 12, treatment of cell cultures with canrenone (25 μmol/L) did not affect basal synthesis of the different ECM components. However, pretreatment with the same dose of canrenone significantly reduced TGF-β1–induced de novo synthesis of procollagen type I and fibronectin, as detected both in cell supernatants and cell monolayers. TGF-β1–induced de novo synthesis of procollagen type IV was significantly reduced only in cell monolayers.

Figure 9. Effect of EIPA on PDGF-induced DNA synthesis and chemotaxis in activated human HSC. (A) DNA synthesis was evaluated as the incorporation of [3H]Tdr into DNA, induced by PDGF, as described in Materials and Methods. Confluent cells were incubated for 48 hours in SFIF medium and then pretreated for 5 minutes with EIPA (5–10 μmol/L) before an incubation was started with PDGF-BB (10 ng/mL) for 24 hours. Cells were pulsed with [3H]Tdr during the last 4 hours of incubation. Data are mean ± SD for 3 experiments performed in triplicate. Compared with the effect of PDGF alone, changes were statistically significant (*P < 0.05 or higher degree of significance) starting at 1 μmol/L of EIPA. (B) Cell motility was measured in modified Boyden chambers as described in Materials and Methods. Values (cells migrated per high-power field [HPF]) are expressed as mean ± SD and are from 8 separate fields counted from 3 different experiments. Compared with the effect of PDGF alone, changes were statistically significant (*P < 0.05 or higher degree of significance) starting at 1 μmol/L of EIPA.

Figure 10. Effect of HOE 642 on PDGF-induced DNA synthesis and chemotaxis in activated human HSC. (A) DNA synthesis was evaluated as the incorporation of [3H]Tdr into DNA, induced by PDGF, as described in Materials and Methods. Confluent cells were incubated for 48 hours in SFIF medium and then pretreated for 5 minutes with HOE 642 (1, 10, and 100 μmol/L) before an incubation was started with PDGF-BB (10 ng/mL) for 24 hours. Cells were pulsed with [3H]Tdr during the last 4 hours of incubation. Data are mean ± SD for 3 experiments performed in triplicate. Compared with the effect of PDGF alone, changes were statistically significant (*P < 0.05 or higher degree of significance) starting at 1 μmol/L of HOE 642. (B) Cell motility was measured in modified Boyden chambers as described in Materials and Methods. Values (cells migrated per high-power field [HPF]) are expressed as mean ± SD and are from 8 separate fields counted from 3 different experiments. Compared with the effect of PDGF alone, changes were statistically significant (*P < 0.05 or higher degree of significance) starting at 10 μmol/L of HOE 642.
Effect of Canrenone on Thrombin-Induced Intracellular Calcium Concentration Increase and Cell Contraction in Activated Human Hepatic Stellate Cells

Because the effects of antialdosteronic drugs on portal pressure have been shown in several clinical and experimental studies,2-5 we then explored whether canrenone is able to reduce thrombin-induced intracellular calcium increase and cell contraction in activated human HSC. As previously reported,26 stimulation of human HSC with thrombin resulted in increased \([\text{Ca}^{2+}]_i\) coupled with a transient reduction of cell area, indicating reversible cell contraction. As shown in Figure 13, preincubation with 25 \(\mu\text{mol/L}\) of canrenone resulted in a marked reduction of the \([\text{Ca}^{2+}]_i\) and of cell contraction.

Measurement of Aldosterone Levels in Activated Human Hepatic Stellate Cell Supernatants

Recent studies have indicated that the aldosterone synthase gene \(CYP11B2\) is expressed in rat HSC, and this expression is upregulated after chronic liver injury.42 We therefore measured aldosterone levels in the supernatant of different preparations of activated human HSC to evaluate whether some of the observed effects of canrenone are due to a true inhibition of aldosterone actions. In all the samples tested—nonconcentrated or 2\(\times\) and 4\(\times\) concentrated—aldosterone levels were always below the detection limit of the assay (i.e., 0.007 \(\text{nmol/L}\)), thus indicating that the observed effects of canrenone in human HSC are likely independent of its antialdosterone action.

Discussion

The results of this study indicate that canrenone, an aldosterone antagonist extensively used as a diuretic agent in the treatment of cirrhotic patients with ascites, is able to inhibit growth factor--induced profibrogenic actions of activated human HSC, including cell proliferation, cell motility, and de novo synthesis of ECM components. It is important to note that canrenone exerts these effects independently of its action as an aldosterone antagonist.

In the dose range 1–10 \(\mu\text{mol/L}\), compatible with the concentrations reached by the drug in the serum after oral administration,43-46 canrenone is able to inhibit cell growth and chemotaxis induced by PDGF without affecting basal cell proliferation and motility. To elucidate which step(s) of PDGF signaling are affected by canrenone, the effects of this drug on the downstream pathways induced by this growth factor were investigated. Preincubation with canrenone did not affect early signaling events, including PDGF-\(\beta\) receptor phosphorylation or the phosphorylation of PLC-\(\gamma\), a molecule physically associated with the PDGF receptor. Although the activation of ERK has been shown to be necessary for the mitogenic effect of PDGF,28,47 the inhibitory effect of canrenone on PDGF-induced mitogenesis and chemotaxis is not exerted through an interference with the activity of this kinase, as also confirmed by the absence of
inhibition of its downstream nuclear target c-fos. However, data presented herein indicate that canrenone dose-dependently reduces PDGF-induced activity of PI 3-K, a lipid and protein kinase activated through several different pathways, which has been shown to be necessary for both mitogenesis and chemotaxis induced by PDGF in HSC.23,28 Remarkably, canrenone not only inhibited PI 3-K activity in PDGF-stimulated HSC, but was effective when added in vitro to the immunobeads of the antiphosphotyrosine immunoprecipitates. These findings indicate that canrenone exerts a direct inhibitory effect on PI 3-K activity and that this effect is independent of upstream PDGF signaling or recruitment of the regulatory p85 subunit by the PDGF receptor.

**Figure 12.** Effect of canrenone on the de novo synthesis of different ECM components by activated human HSC. De novo synthesis of procollagen type I (A), procollagen type IV (B), and fibronectin (C) was determined in human HSC supernatants and cell layers by metabolic labeling and immunoprecipitation, as described in Materials and Methods. Activated human HSC were grown to subconfluence in 35-mm Petri dishes in complete culture medium. Cells were washed once with SFIF medium and incubated 24 hours with SFIF medium before treatment with canrenone, TGF-β1, or both. Different conditions were investigated: 1 group of HSC was treated with 25 μmol/L of canrenone, and another group was exposed to 1 ng/mL of TGF-β1, whereas a third group was treated with canrenone for 1 hour, followed by an incubation with TGF-β1 for 24 hours. De novo protein synthesis of exposed cells was compared with that of nontreated cells. The results were quantified by Phosphor Imaging with Molecular Analyst software (Bio-Rad). The ratio of [35S]methionine/[35S]cysteine incorporation into the protein of treated cells over control cells was calculated for each condition and expressed as mean ± SD. At least 3 independent observations (cells of 3 different cultures) were used to calculate the mean. Blots are relative to a representative experiment for each protein investigated. The results are presented as bar graphs, with the control values normalized at 100. To determine the statistical significance of the difference between control and treated cells, 95% confidence intervals were calculated. The effect was considered statistically significant when 100 (normalized control value) did not belong to the 95% confidence interval of the treated/control ratio.
together with other antiporters (HCO₃⁻/H⁺), plays a critical role in [pH]ᵢ and cell volume homeostasis. In contrast, NHE1, the only ubiquitously expressed isoform, is localized at the plasma membrane, where it plays a critical role in ion translocation and in the regulation of NHE1 activity has been shown to be necessary for both proliferation and migration. Indeed, as previously stated, PI 3-K activity is essential for its full biological activity. Along these lines, a role of NHE1, either obligatory or permissive, in the specific cell functions of proliferation, survival, and migration induced by growth factors has recently received the most attention. Our results indicate that, although canrenone is unable to block the activity of the exchanger in response to an acid load, unless used at high dosage (i.e., 50 µmol/L), it is able to inhibit the antiporter activity stimulated by PDGF. It is therefore conceivable that the effect of canrenone on the biological actions of PDGF is, at least partially, related to the modulation of this important homeostatic system.

Studies performed on different cell types have shown that activation of the NHE1 after stimulation with PDGF is dependent on the activation of different intracellular signaling pathways, including the Ras-mediated ERK cascade and Ras-independent signaling cascades such as the Nck-interacting kinase. Particularly concerning PI 3-K involvement, activation of NHE1 by PDGF is blocked by preincubation with PI 3-K inhibitors, such as wortmannin, or by inhibition or down-regulation of protein kinase C. More precisely, the ζ isozyme of protein kinase C has been shown to be a downstream target of phosphatidylinositol 3,4,5-phosphate and to mediate the PI 3-K activation of NHE1. Along these lines, the observation that established PI 3-K inhibitors such as wortmannin and LY294002 are able to inhibit PDGF-induced NHE1 activity confirms that PI 3-K is also involved in the regulation of NHE1 in human HSC after stimulation with PDGF. In keeping with this observation, the effect of canrenone on NHE1 activity could be ascribed to its inhibitory effect on PI 3-K activity. At this point, a major issue to be clarified relates to the relative priority of the mechanisms (i.e., inhibition of both PI 3-K and NHE1 activities) responsible for the inhibitory effect of canrenone on PDGF-induced proliferation and migration. Indeed, as previously stated, PI 3-K activity is known to be necessary for both proliferation and migration induced by PDGF in human HSC, whereas the activity of the NHE has been shown to be relevant only for PDGF-induced cell proliferation. To address this issue, the action of canrenone on PDGF-induced PI 3-K activity and its biological effects was compared with...
that of 2 established NHE1 inhibitors, i.e., EIPA and HOE 642. These compounds, which belong to 2 distinct pharmacological classes, are thought to act by competitively inhibiting Na\(^+\) binding sites at the extracellular cation-binding site of NHE1, with HOE 642 known to be approximately 10\(^2\)–10\(^3\)-fold more specific than EIPA.\(^{34}\) It is, however, evident that alternative, not yet elucidated, mechanisms could be responsible for the action of these drugs—amiloride and derivatives in particular.\(^{48}\) This specific point—the observation that EIPA, at a dosage (10 µmol/L) usually used to inhibit NHE1 activity, is able to reduce PDGF-induced PI 3-K activity—is of particular interest because it provides evidence for an alternative mechanism of action of this drug. Conversely, the more specific compound HOE 642 is not able to affect PI 3-K. Nevertheless, both EIPA and HOE 642 are able to reduce PDGF-induced mitogenesis and chemotaxis in a dose-dependent fashion.

As previously mentioned, the role of NHE1 is not limited to the regulation of cell volume and \([pH]_i\). Continuously emerging evidence indicates that NHE activity is regulated by the low-molecular-weight guanosine triphosphatase RhoA through the Rho kinase ROCK.\(^{55}\) In addition, signals from integrin receptors converge with those from heptahelical receptors coupled with Gα13 to activate NHE1 through a RhoA–ROCK cascade.\(^{38,56}\) In this context, activation of NHE1 provides an inside-out signal to regulate the membrane clustering of integrin receptors and relative downstream events, including assembly of focal adhesions and actin filaments.\(^{38,39,57}\) In agreement with these data, preincubation of HSC with canrenone, EIPA, or HOE 642 resulted in a dose-dependent inhibition of PDGF-induced FAK phosphorylation, a key event in the cytoskeletal reorganization and cell adhesion modifications necessary for PDGF-induced cell proliferation and migration in human HSC.\(^{40,41}\) It is therefore conceivable that canrenone, as well as established NHE1 inhibitors, exerts antifibrogenic effects by reducing PDGF mitogenic and chemotactic potential through inhibition of the multifaceted biological actions of NHE1.

Experiments investigating the effect of canrenone on the de novo synthesis of different ECM components induced by TGF-β were performed to further substantiate the antifibrogenic potential of this compound. TGF-β was used as a well-established inducer of ECM synthesis in rat and human HSC.\(^{24,25}\) Previous reports obtained in rat HSC have indicated that preincubation with EIPA is able to reduce collagen type I synthesis in cell supernatants induced by oxidative stress,\(^{38}\) but not that induced by TGF-β.\(^{33}\) However, in these studies, collagen type I synthesis was assessed by enzyme-linked immunosorbent assay as protein accumulation in cell supernatants. Our data indicate that TGF-β-induced de novo synthesis (evaluated by metabolic labeling and immunoprecipitation) of different ECM components—namely, collagen type I, collagen type IV, and fibronectin—is affected by cell preincubation with canrenone. The precise mechanisms of this effect are not clear and would need further evaluation. However, although there is no clear evidence on the role of \([pH]_i\) in the regulation of ECM protein synthesis, it is well established that any derangement in the organization of the actin-containing cytoskeleton has implications for the regulation of ECM synthesis.\(^{59,60}\) Finally, the observation that canrenone may reduce the contractility of activated HSC in response to a strong vasoconstrictor such as thrombin supports the hypothesis, derived from several clinical and experimental studies,\(^{2-5}\) that antialdosterone drugs may directly exert beneficial effects on portal pressure.

In conclusion, the in vitro data herein provide evidence that canrenone, the active metabolite of spironolactone, may be active as an antifibrogenic drug and able to reduce the biological effect of profibrogenic agents such as PDGF and TGF-β. Canrenone exerts its effects by directly inhibiting the enzymatic activity of PI 3-K and then reducing PDGF-induced activation of NHE1. In addition, the study confirms that any pharmacological intervention able to affect NHE1 activity, either PI 3-K dependent or PI 3-K independent, is able to negatively modulate not only PDGF-induced mitogenesis, but also chemotaxis in human HSC. However, the observation that canrenone, when compared with EIPA and HOE 642, does not affect basal NHE1 activity may represent an important advantage because of the relevant role exerted by NHE1 in biliary secretion.\(^{61,62}\)

**References**

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